

3rd Bi-Annual Meeting of the Dutch, German and Belgian ECT workgroups March 15th and 16th, 2019

Program

Venue

University Psychiatric Center KU Leuven, campus Kortenberg, Belgium

Registration

Please register via

<https://www.upckuleuven.be/nl/agenda/3rd-bi-annual-meeting-dutch-german-and-belgian-ect-workgroups>

Program

12:00 - 13:00 Registration and coffee

13:00 - 13:10 Welcome - Pascal Sienaert, MD, PhD, UPC KU Leuven, Belgium

Predicting outcome and side-effects - Chair: Bas Verwey

13:10 - 13:30 Prediction of cognitive side-effects: better to prevent than to cure - Esmee Verwijk, PhD, University Medical Centers Amsterdam & Parnassia Psychiatric Institute, The Netherlands

13:30 - 13:50 Individual prediction of ECT response using multicenter neuroimaging data: for the GEMRIC consortium. Willem Bruin, Rajat Thomas, Annemieke Dols, Guido van Wingen. Amsterdam UMC, University of Amsterdam, Netherlands

13:50 - 14:10 Psychomotor dysfunction predicts ECT outcome in depression. Simon Van Marcke, University of Antwerp, Belgium

14:10 - 14:30 A distinction between primary and secondary predictors of ECT outcome. Linda Van Diermen, University of Antwerp, Belgium

Discussion Forum

14:30 - 15:00 ECT-technique - Should we choose unilateral ultrabrief pulse ECT as a standard or care?

Harm-Pieter Spaans (TBC) - Michael Grözinger - Esmee Verwijk - Moderator (TBC)

15:00-15:30 *Coffee break*

Young Researcher Session - Chair: Michael Grözinger

15:30 - 15:50 Is outcome of psychotic vs nonpsychotic depression dependent on index episode in patients treated with ECT
Mardien L. Oudega, Marc Burgers (presenter), de Winter FL, Sienaert P, Max L. Stek, Annemieke Dols, Eric van Exel,

15:50 - 16:10 Hippocampal Volume Change and Cognitive Change Following ECT in Late-Life Depression - Maarten Laroy, UPC KU Leuven, Belgium

16:10 - 16:30 Long-term cognitive effect - Jasmien Obbels, UPC KU Leuven, Belgium

16:30 - 16:50 The accumbens region : a central hub for the motor effects of ECT? Jean-Baptiste Belge, PZ Duffel, Belgium

Stretch a leg

17:00 - 17:40 ***Live interview with Georgios Petrides (US)*** - ECT in the US: new developments including an interview with George Petrides. Christiane Först. Karl-Jaspers-Psychiatric Klinik, Bad Zwischenahn, Germany

Get Together Diner - on site - **Please register so a reservation can be made!** Payment on site, at registration desk (50 euro - Cash only).

Saturday, March 16

08:50 - 09:00 Welcome and introduction - Pascal Sienaert

Catatonia Symposium - Chair: Pascal Sienaert

09:00 - 09:20 ECT in a patient with dementia developing a malignant catatonia. Barbara Deimling. Department of Gerontopsychiatry, Rhein Mosel Psychiatric Clinic, Andernach, Germany

09:20 - 09:40 Why Hungarian psychiatrists do not use ECT in the treatment of catatonia? Gábor Gazdag, Rozália Takács

09:40 - 10:00 Amsterdam Catatonia Protocol; How to treat catatonia unambiguously in Amsterdam with medication. Eric Van Exel, Amsterdam, The Netherlands

Discussion Forum

10:00 - 10:30 Catatonia: why ECT? (And When?) - All speakers of the catatonia-symposium - Moderator TBC

10:30 - 11:00 *Coffee break*

Clinical Symposium - Chair: Max Stek

11:00 - 11:20 Does an adjunctive antidepressant enhance the efficacy of ECT in major depression? A systematic review and meta-analysis. Tom Birkenhager, MD, PhD, Erasmus MC, Rotterdam, The Netherlands

11:20 - 11:40 ECT in depression with severe borderline comorbidity - dramatic reduction of self-injury behavior and suicidal ideations. Sascha Weber, Department of Psychiatry, Psychotherapy and Psychosomatics, Faculty of Medicine, RWTH Aachen, Germany

- 11:40 - 12:00 Electroconvulsive therapy in a patient with multiple cerebral cavernous hemangioma and prior epilepsy surgery: a case-report and literature overview. Boonen I., Titeca K., Geerts P. Department Psychiatry AZ Groeninge Kortrijk, and University of Ghent, Belgium.
- 12:00 - 12:20 Angina pectoris and elevated troponin level after ECT. Gereon Schnellbacher, UK Aachen, Aachen, Germany
- 12:20 - 12:40 BDNF as a possible predictor of ECT outcome - Lisa van Zutphen, Msc, Amsterdam UMC, The Netherlands
- 13:00 Closing remarks - Michael Grözinger, Bas Verwey and Pascal Sienaert

Light Lunch Before Leaving - On site (free)

Visit to AcCENT - ECT-unit

For those who are interested, a short tour of the ECT-unit of the UPC KU Leuven will be organized, led by members of the treatment team, after lunch.

Organisation

Pascal Sienaert (B), Michael Grözinger (DE), Bas Verwey (NL)
Email - pascal.sienaert@upckuleuven.be

Location

Congress Center - Auditorium
Leuvensesteenweg 517
3070 Kortenberg (Belgium)

Registration

The workshop is free of charge, Friday evening dinner has to be paid individually upon registration at the registration desk.



Some hotel suggestions

- very close to venue (3 min drive)

Axis Hotel - en.axishotel.be

- very close to brussels airport (airport is @ 12 km from venue)

Sheraton - www.sheratonbrusselsairport.com

- We'd recommend staying in Leuven, university town, @ 13 km from venue

Kloosterhotel - www.martinshotels.com/en/hotel/klooster-hotel - best in town....

Ibis - [www.accorhotels.com/nl/hotel-1457-ibis-leuven-centrum/ index.shtml](http://www.accorhotels.com/nl/hotel-1457-ibis-leuven-centrum/index.shtml)

Park Inn - www.parkinn.com/hotel-leuven - next to the railway station Leuven (with train from Leuven to venue in Kortenberg takes 15 min train + 10 minute walk)

- Brussels, capital

central market square Brussels is @ 30 minute drive from venue, in normal traffic! Brussels has numerous hotels in all price categories.

Route to venue

<https://www.upckuleuven.be/nl/campus-kortenberg>