

The Leuven Late-Life Depression Study



UPC KU Leuven Congres Ouderenspsychiatrie

Multimodale beeldvorming en neuromodulatie in depressie bij ouderen: resultaten van de Leuven Late-Life depression study

26 oktober 2023
Provinciehuis Leuven



Depressie op late leeftijd



- > 60 jaar
- Prevalentie 9-18%
- Therapie resistant
- Suïcidaal
- Psychotisch
- Psychomotorisch
- Somatische comorbiditeiten
- Nood aan efficiënte en snelle behandeling

Depressie op late leeftijd

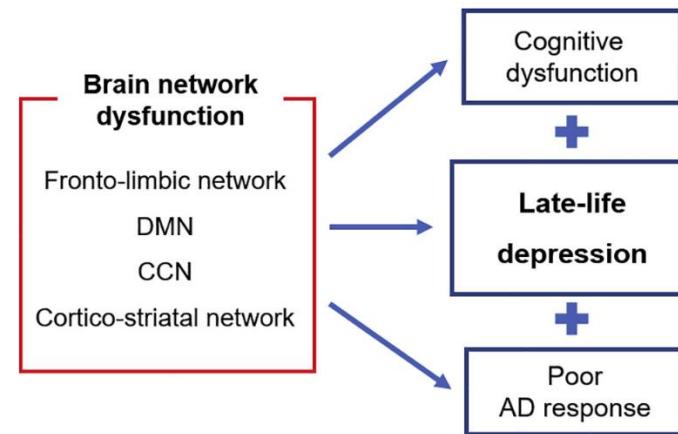


Fig 1: Kim YK, Han KM. Neural substrates for late-life depression: A selective review of structural neuroimaging studies. *Prog Neuropathol Psychiatry*. 2021. doi: 10.1016/j.pnpbp.2020.110010

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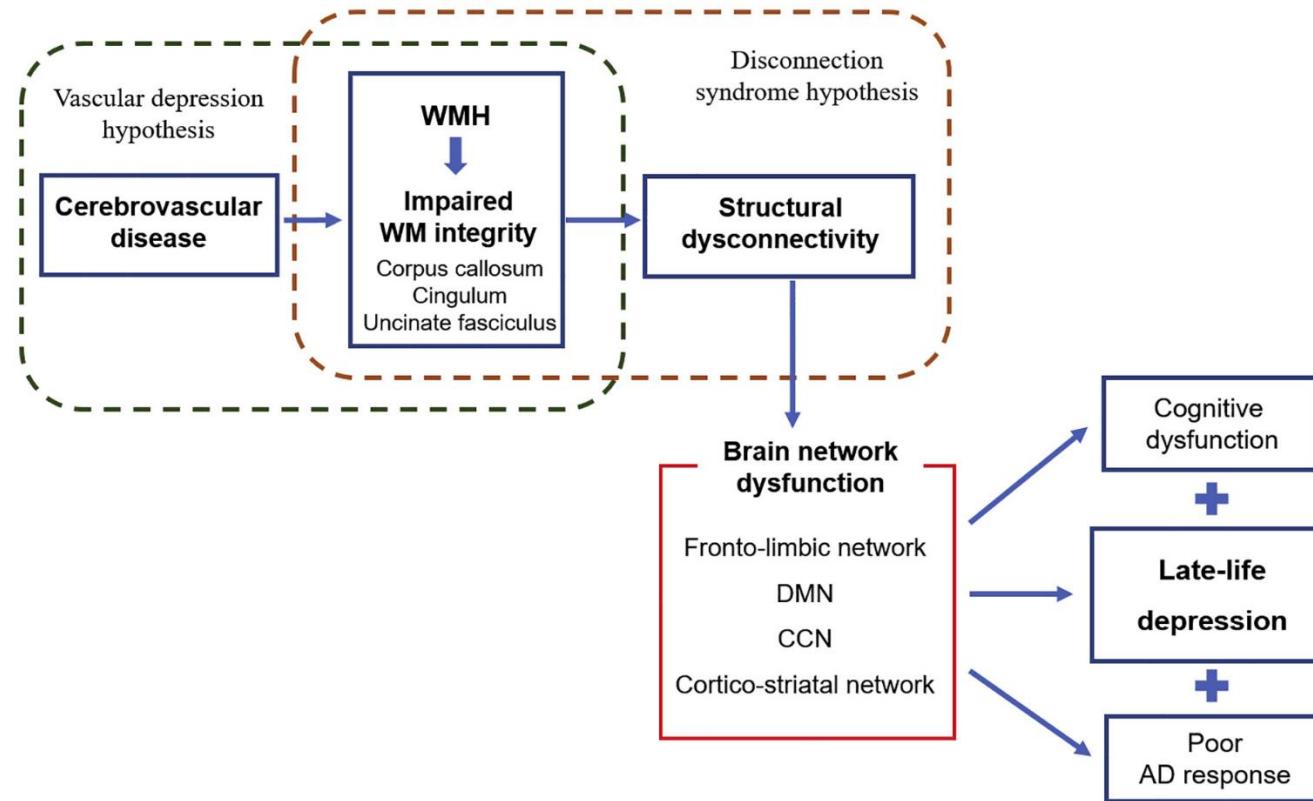


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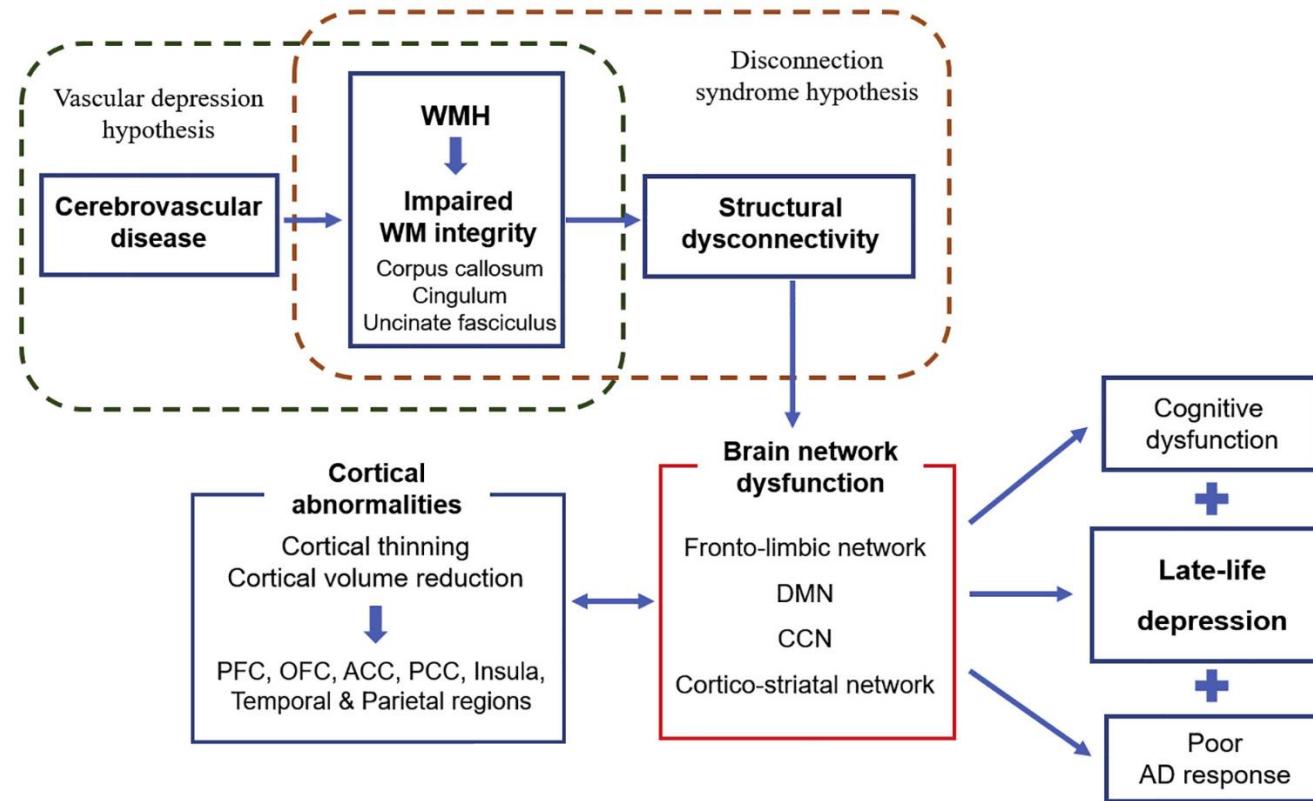


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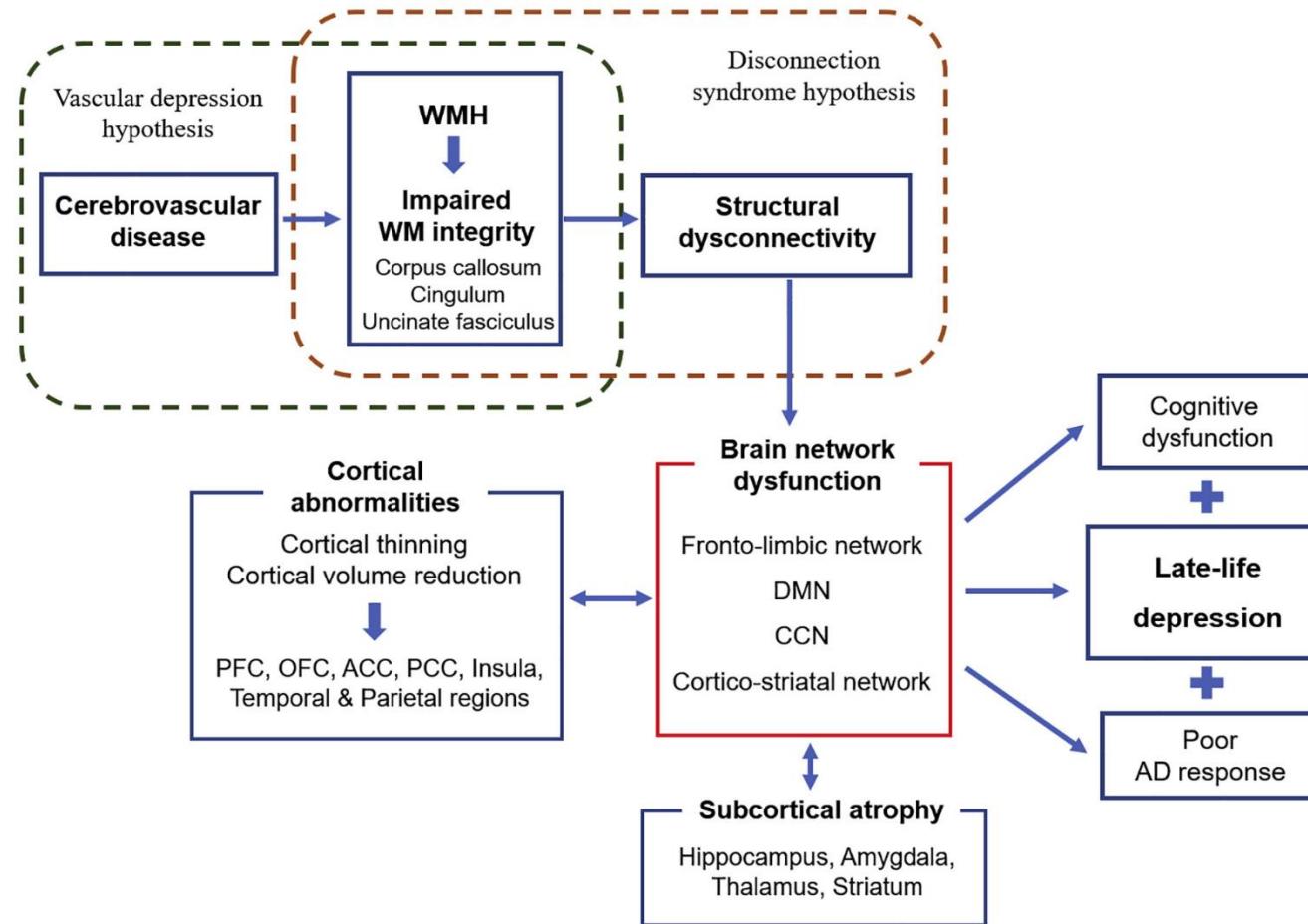
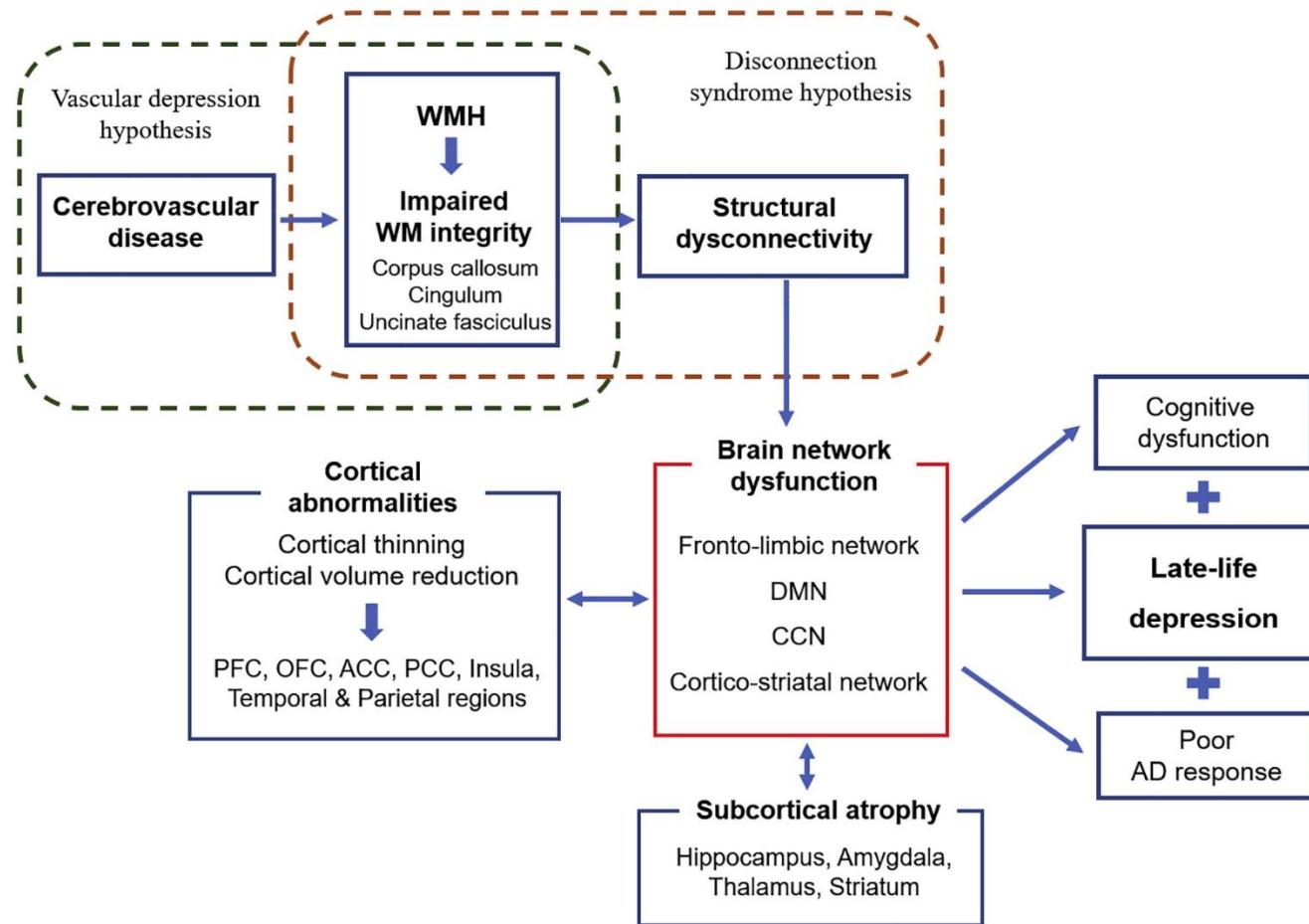


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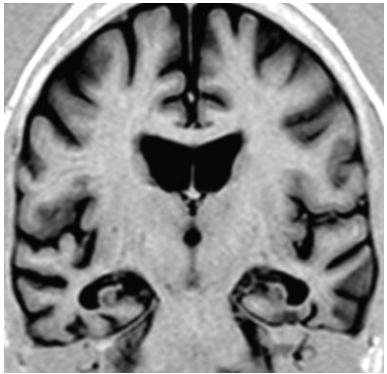
Pathologische
veroudering

Levensstijl

Stress

Pathologische veroudering

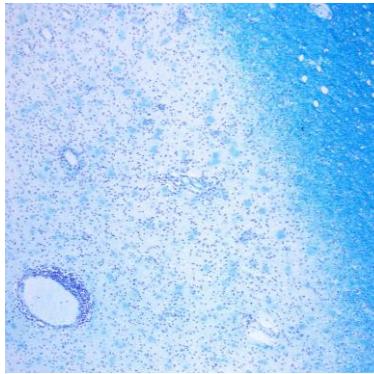
Grey matter loss



01.

Global neural loss in the cerebral cortex and hippocampal atrophy leads to emotional, behavioral and cognitive problems

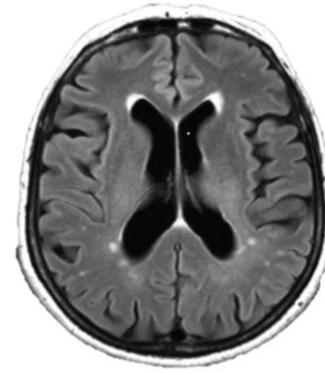
White matter damage



02.

Regional brain connectivity is disrupted leading to impaired neural communication which impacts brain function

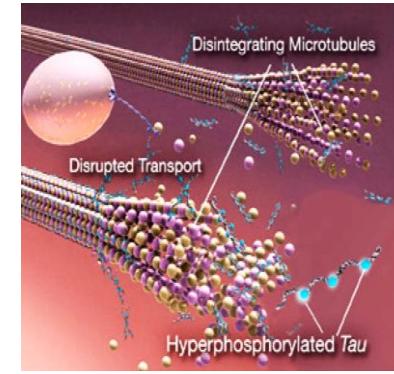
Vascular damage



03.

Vascular deterioration causes tissue damage by starving tissues of oxygen and eliciting neuroinflammatory processes

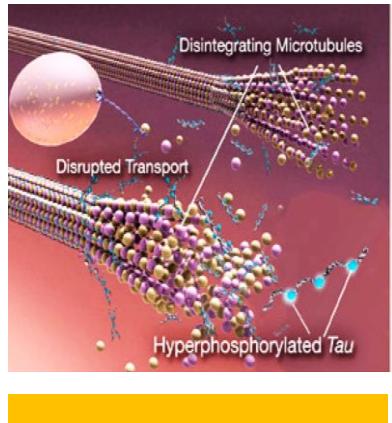
Proteinopathies



04.

The microtubule stabilizing protein tau becomes dysfunctional leading to neuronal damage

Proteinopathies

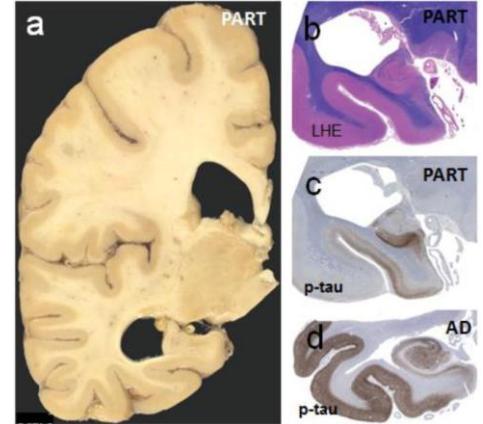


04.

The microtubule stabilizing protein tau becomes dysfunctional leading to neuronal damage

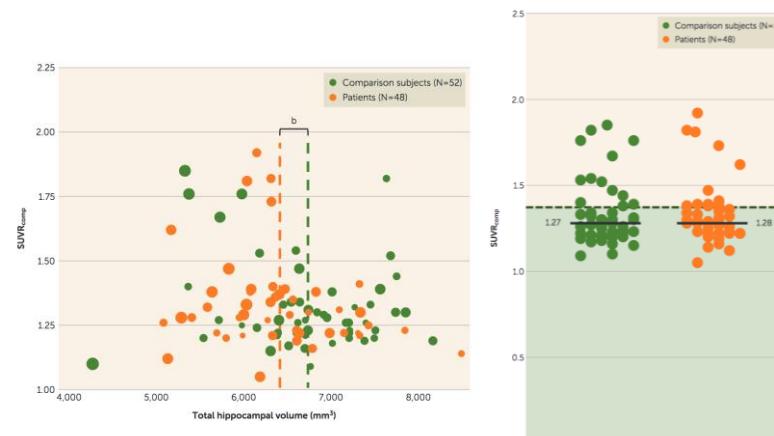
Primary age-related tauopathy (PART): a common pathology associated with human aging

Presence of NFT in absence of A β



PART: Primary Age Related Tauopathy

SNAP: Suspected Non Amyloid Disease



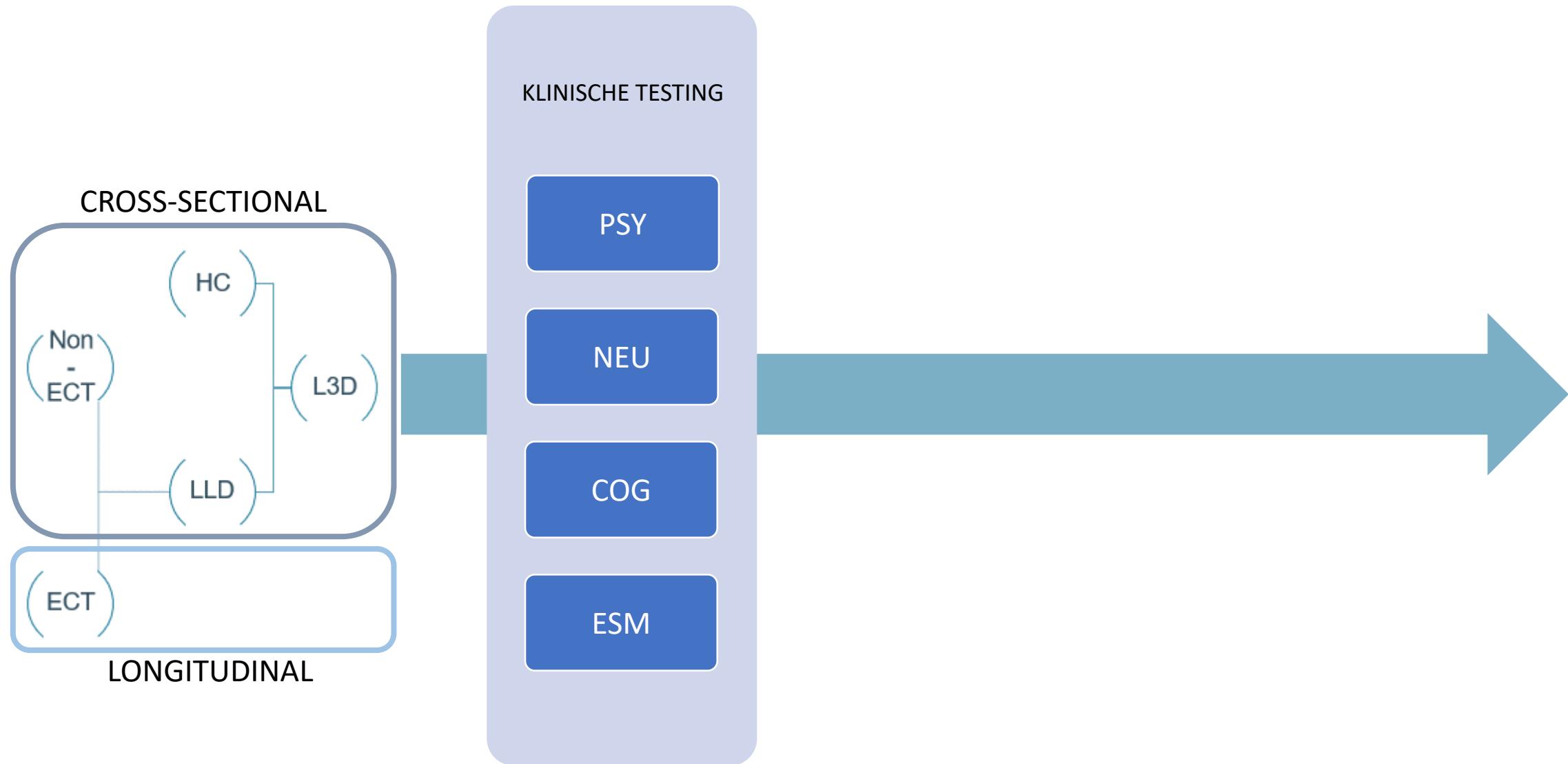
No Association of Lower Hippocampal Volume With Alzheimer's Disease Pathology in Late-Life Depression

François-Laurent De Winter, M.D., Louise Emsell, Ph.D., Filip Bouckaert, M.D., Lene Claeys, M.Sc., Saurabh Jain, M.Sc., Gill Farrar, Ph.D., Thibo Billiet, Ph.D., Stephan Evers, M.Sc., Jan Van den Stock, Ph.D., Pascal Sienaert, M.D., Ph.D., Jasmien Obbels, M.Sc., Stefan Sunaert, M.D., Ph.D., Katarzyna Adamczuk, Ph.D., Rik Vandenberghe, M.D., Ph.D., Koen Van Laere, M.D., Ph.D., Mathieu Vandenbulcke, M.D., Ph.D.

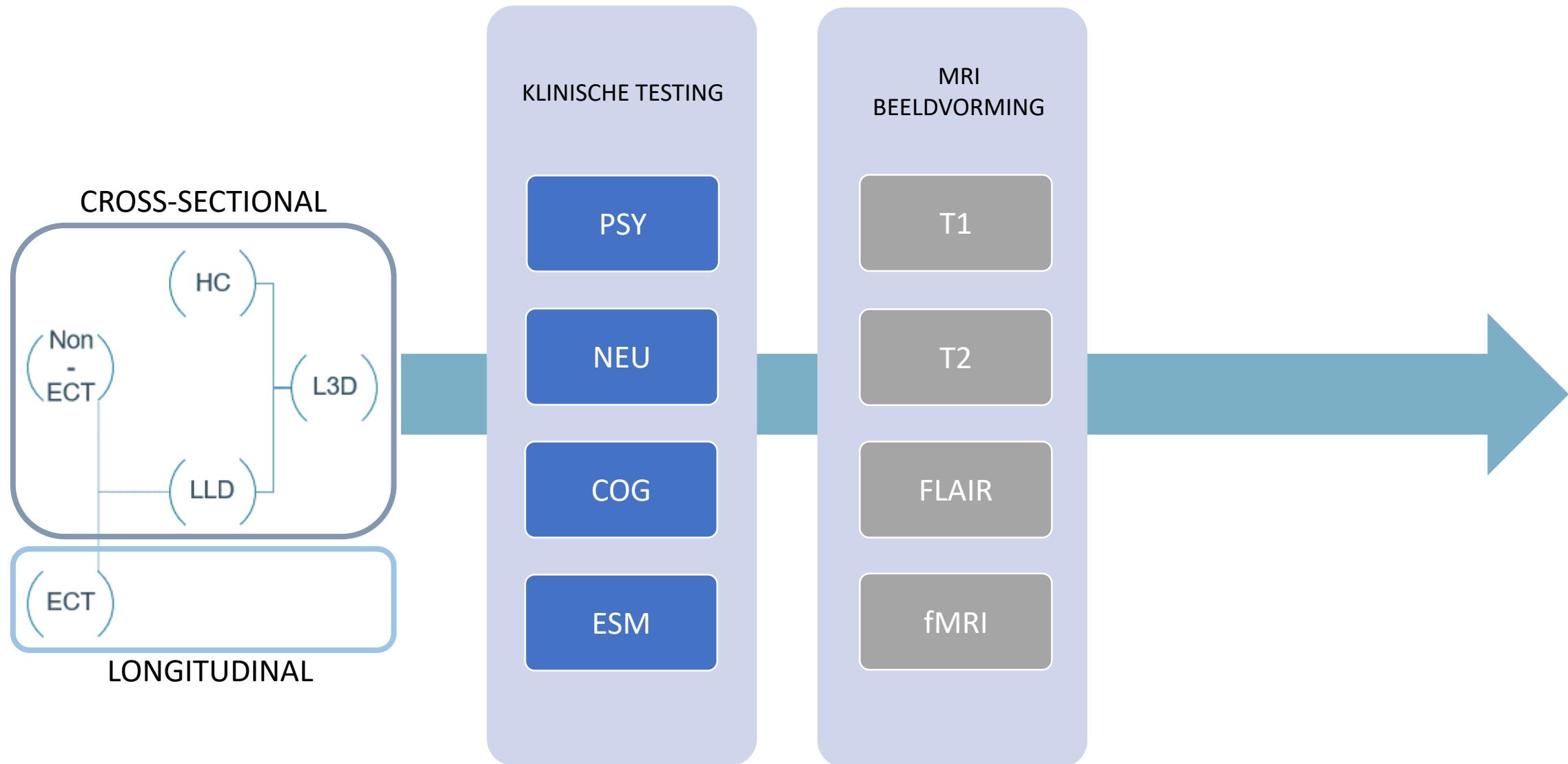
Leuven Late-Life Depression Study



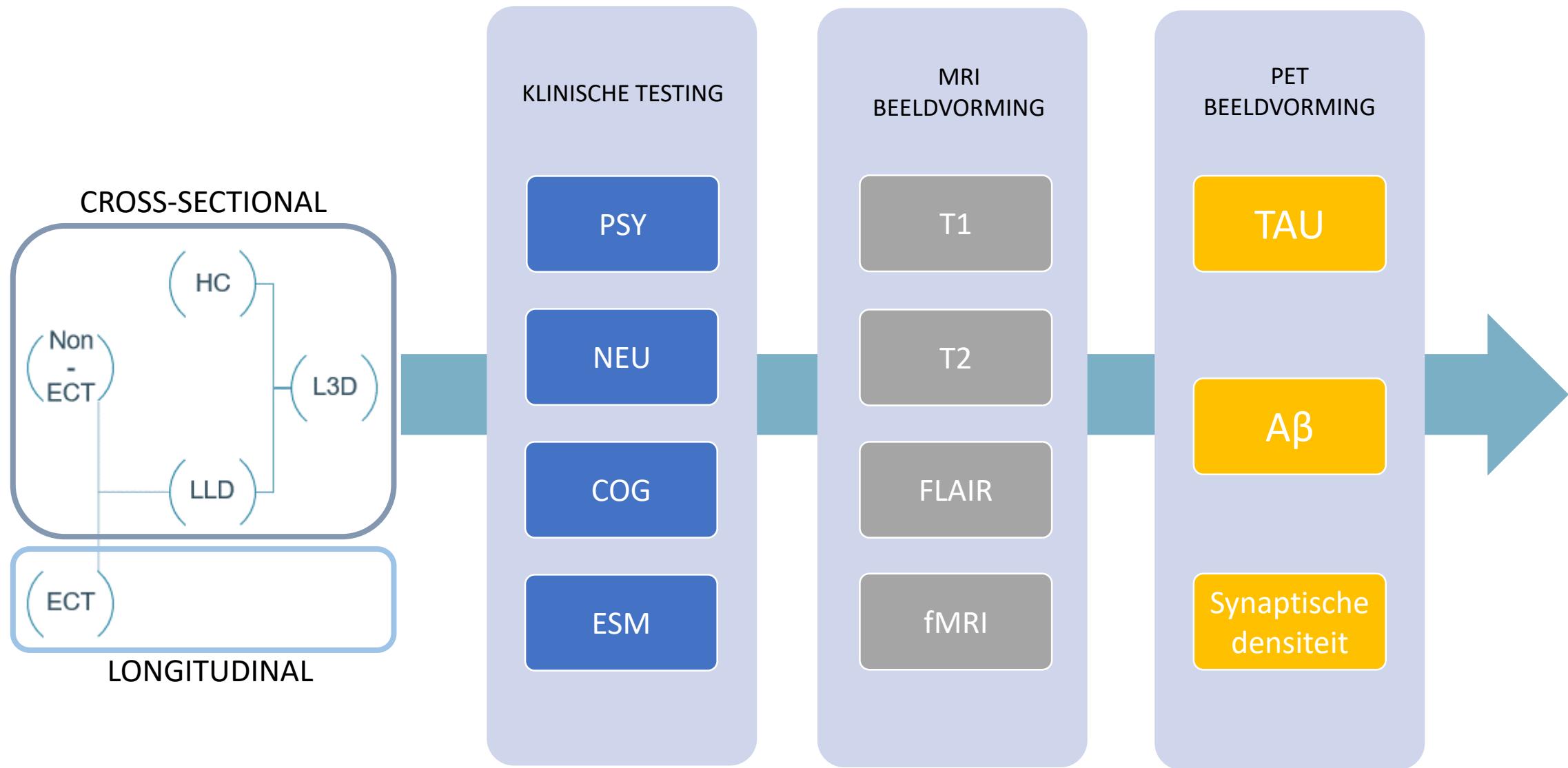
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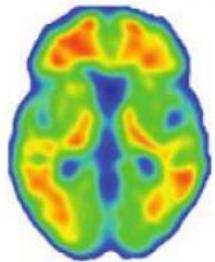
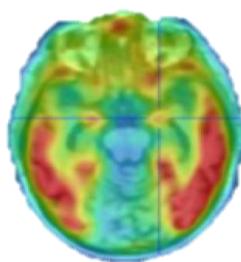
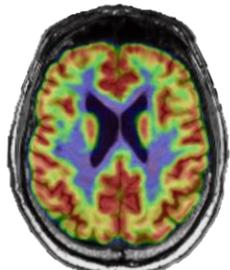


Leuven Late-Life Depression Study



Leuven Late-Life Depression Study



Amyloid**Tau****Synaptic density****Radioligand** ^{18}F -Flutemetamol ^{18}F -MK-6240 ^{11}C -UCB-J**Target**

B-amyloid

NFT

SV2A

**PET
Findings
in LLD to
date**

Mixed: No difference,
lower in LLD, positive
corr with mild
depressive symptoms
in healthy older adults

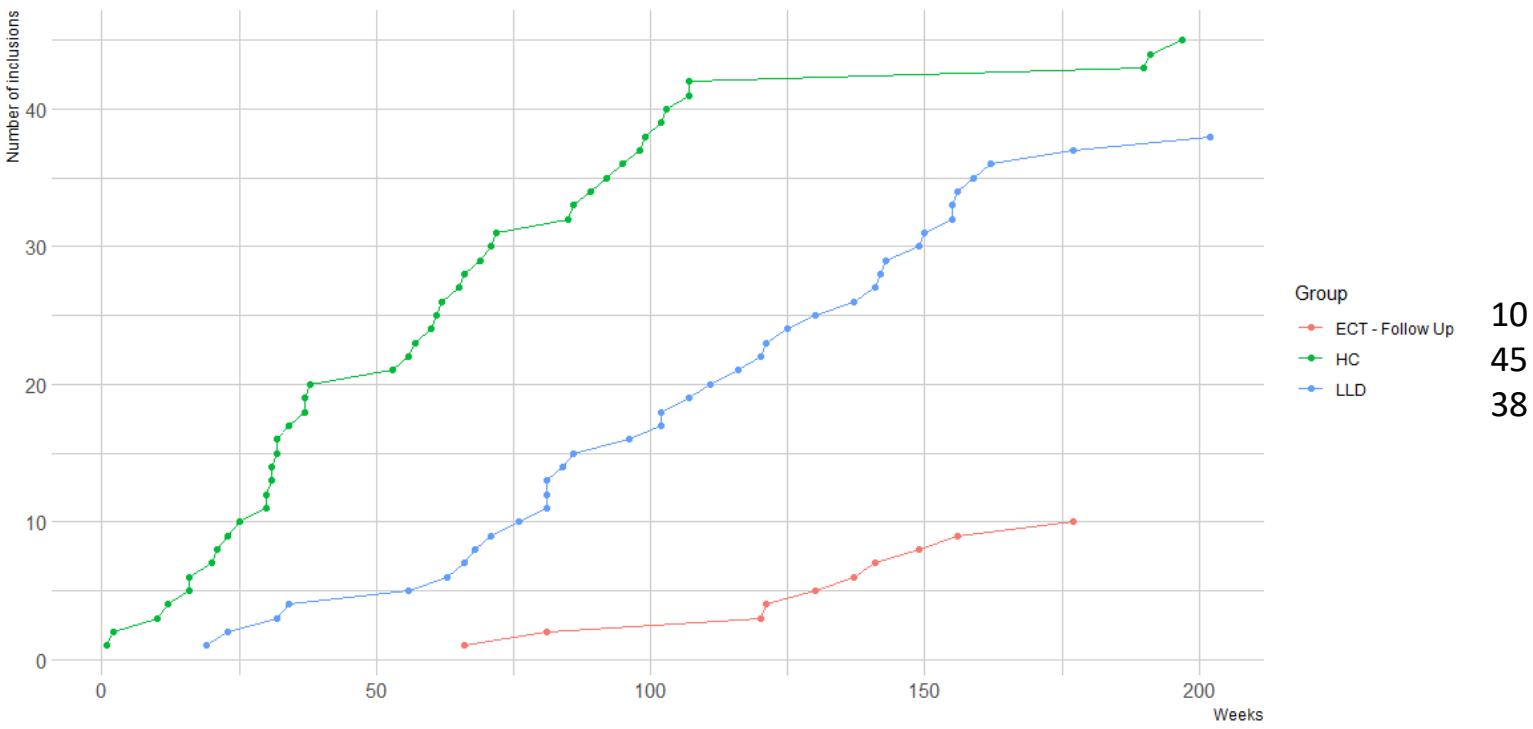
Limited
inconclusive

No studies in LLD,
recent report of lower
SD in mild
depression/PTSD

GE Signa 3T PET-MR system

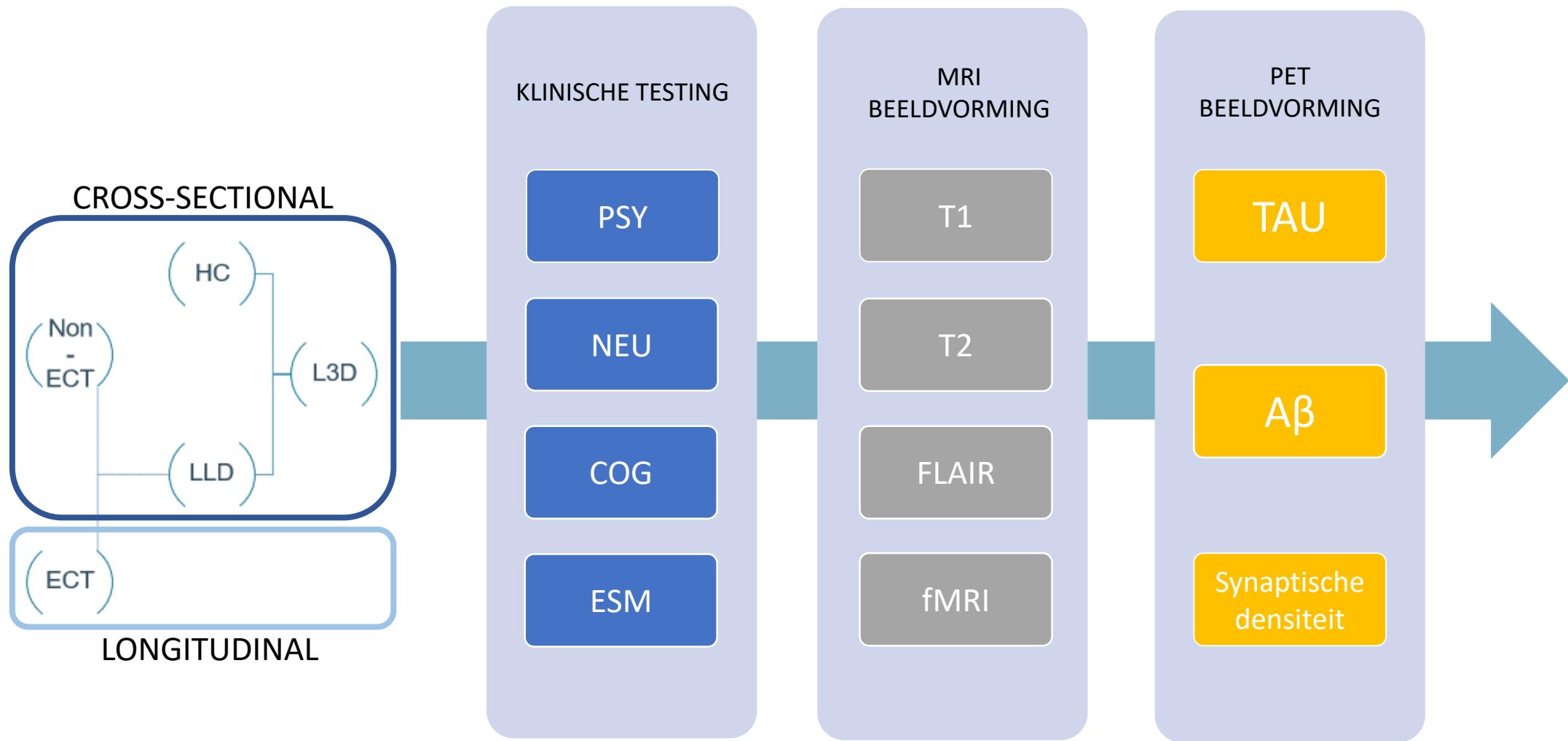


L3D Inclusion over time

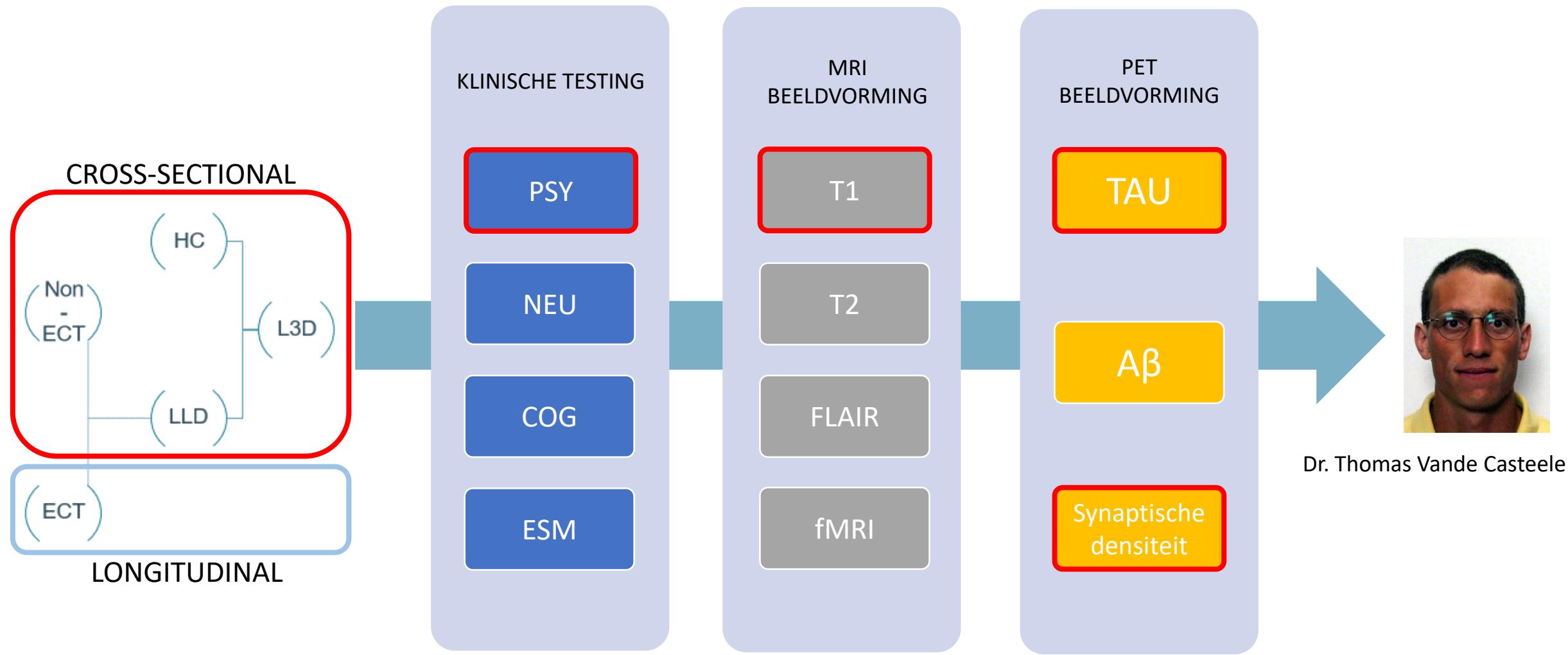


	n	Age (years)	Gender (M/F)	Education (primary/high school/college/u niversity)	Depressive symptoms (GDS)	Apathy (AES)	General cognition (MMSE)	Memory + Learning (RAVLT_A)	Psychomotor function (CORE)
LLD	38	72.9 (6.04)	11/26	6/17/11/2	21.08 (6.47)	45.92 (11.7)	26.0 (2.88)	25.6 (9.8)	18.34 (9.54)
Controls	45	70.88 (6.20)	17/25	4/19/14/5	2.71 (2.88)	22.2 (5.15)	28.9 (1.34)	39.6 (9.29)	1.21 (1.77)
Statistical comparison P-value	-	0.194	0.319	0.636	<0.001*	<0.001*	<0.001*	<0.001*	<0.001*
Interpretation	-	No difference	No difference	No difference	LLD more depressed	LLD more apathy	LLD worse general cognition	LLD worse recall	LLD less interaction, more retardation, agitation

L3D Study



Multimodal neuroimaging investigation of brain ageing biomarkers in LLD

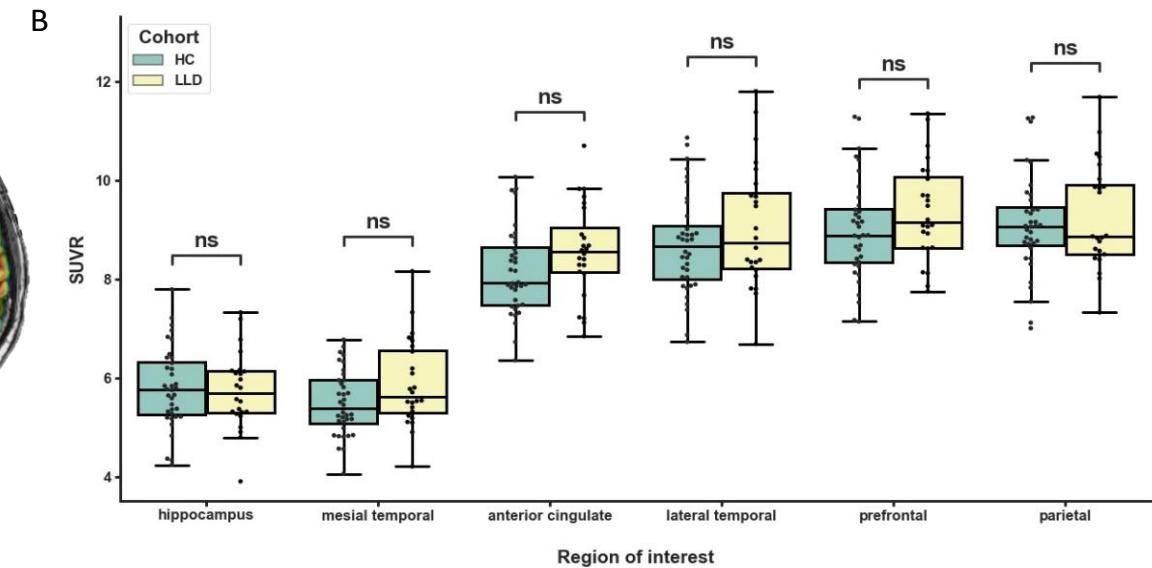
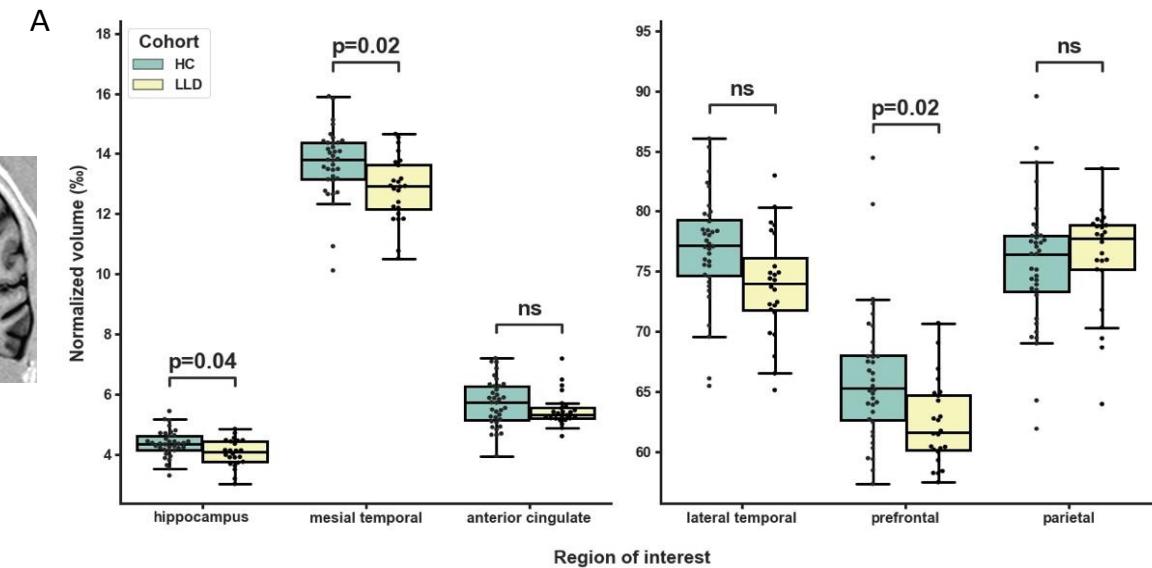
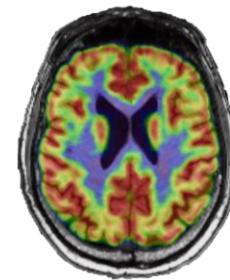
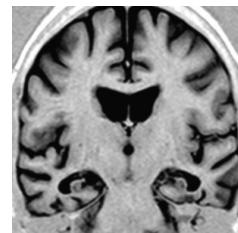




Synaptic Density in LLD

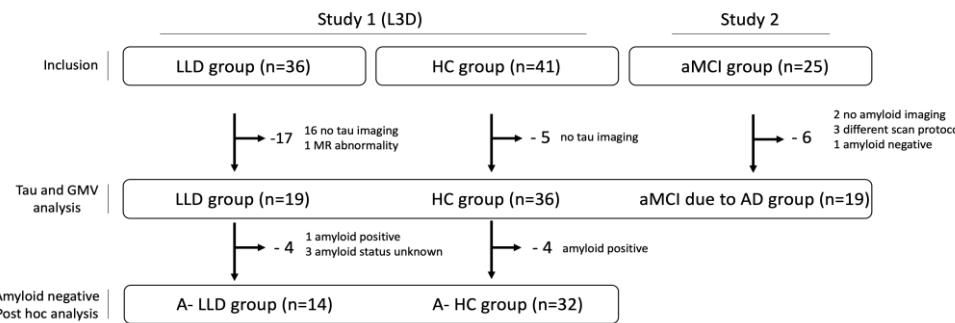
Synaptic density is preserved in LLD:

- No evidence for altered synaptic density as measured by ^{11}C -UCB-J
- lower grey matter volumes (hippocampus, mesial temporal cortex, prefrontal cortex)

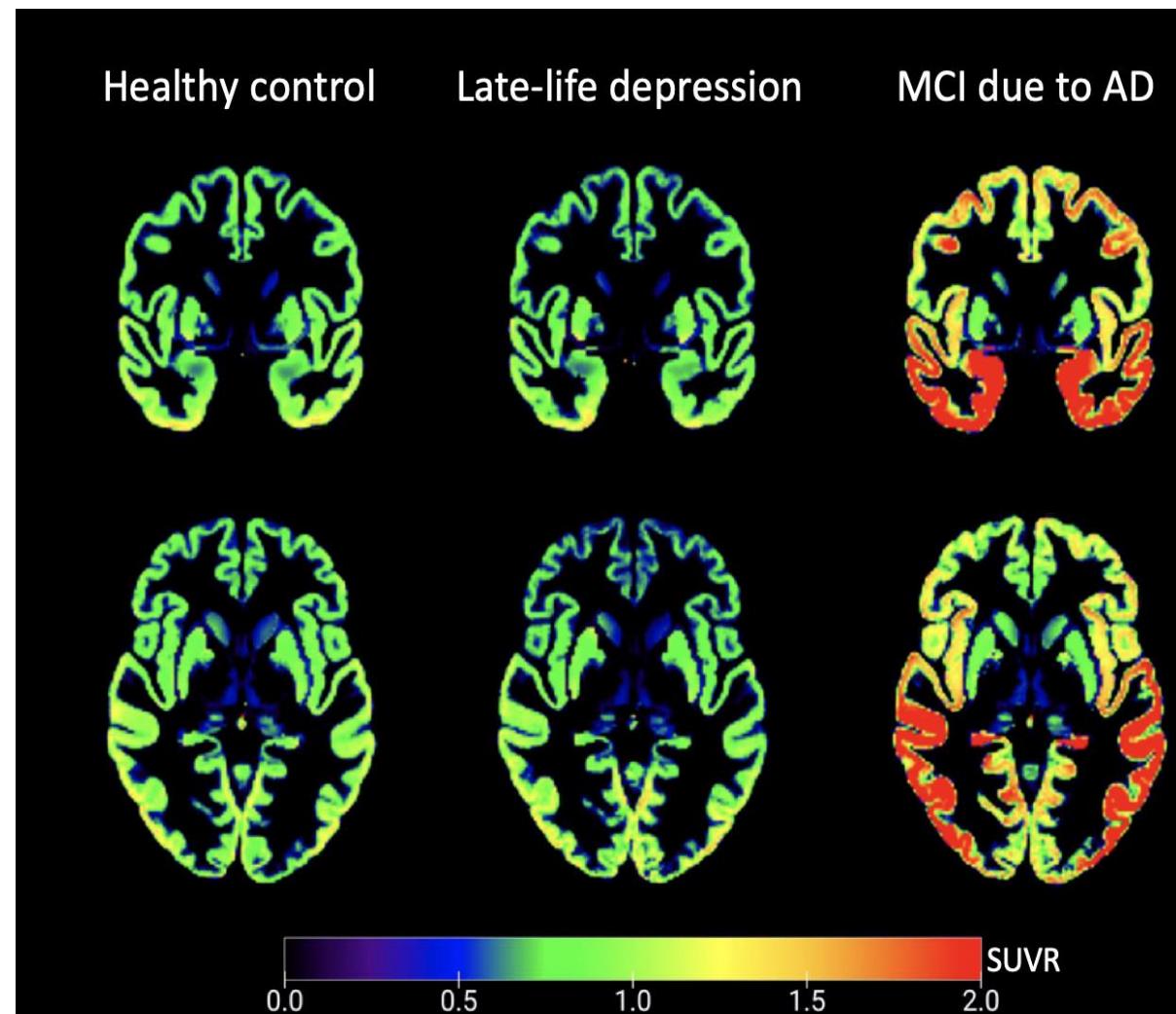




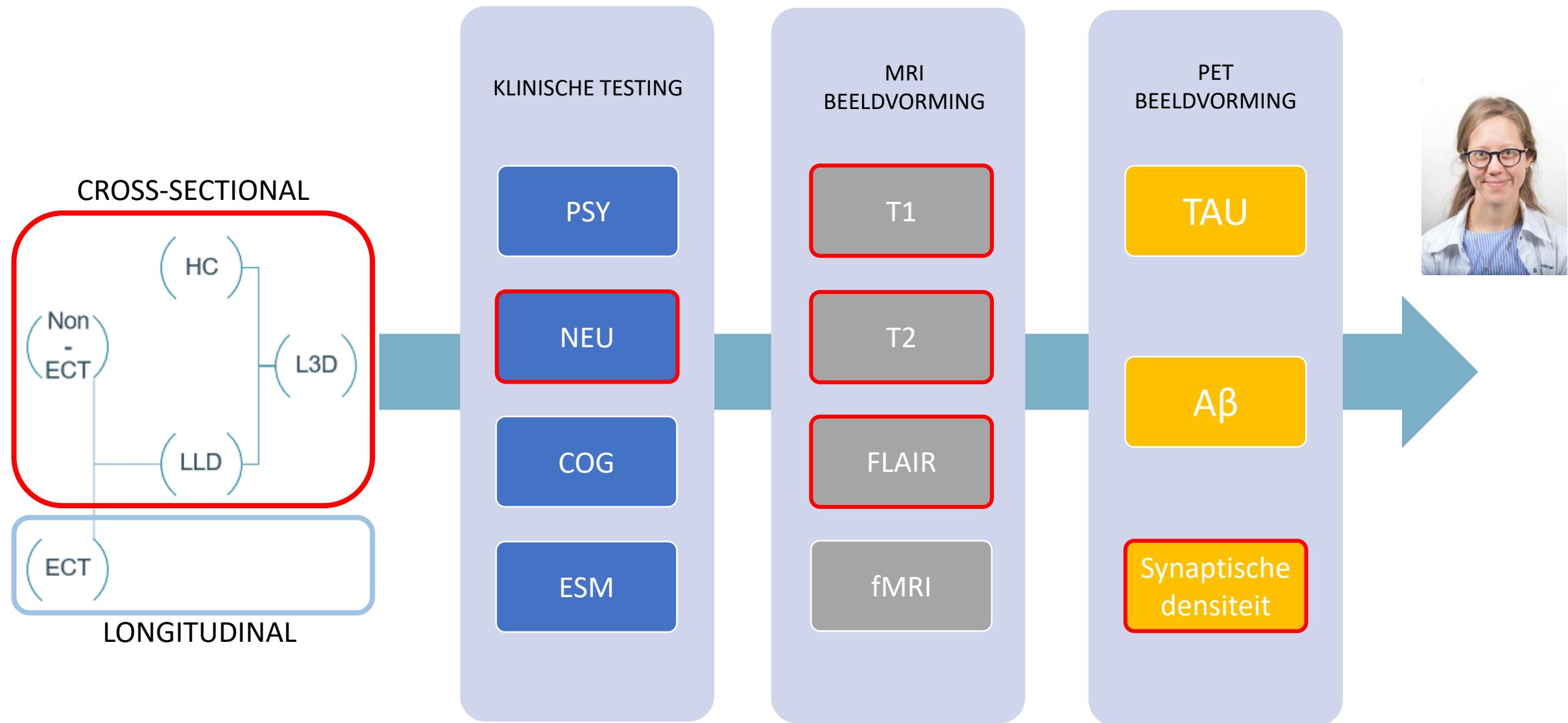
TAU accumulation in LLD



No difference in tau in depression



Neurobiologie van psychomotore symptomen in late life depressie



NEUROBIOLOGIE van PMS in LLD

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PMS = psychomotore retardatie + agitatie

20-50% van MDD

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20-50% van MDD < LLD → ADL impact, vallen, chroniciteit

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<1990 Response op antidepressiva/ECT

NEUROBIOLOGIE van PMS in LLD

PMS = psychomotore retardatie + agitatie

20-50% van MDD³ < LLD⁴ → ADL impact, vallen, chroniciteit

<1990 Response op antidepressiva, ECT⁵

>1990 ↓ Frontostriataal dopamine vs verspreid ↓ CBF, GMV & ↑WML

³ Calligiuri et al. 2000; ⁵Reijnders et al. Mov dis 2008, ⁴Rogers et al. 2002

NEUROBIOLOGIE van PMS in LLD

PMS = psychomotore retardatie + agitatie

20-50% van MDD³ < LLD prodr/MMS⁴ → ADL impact, vallen

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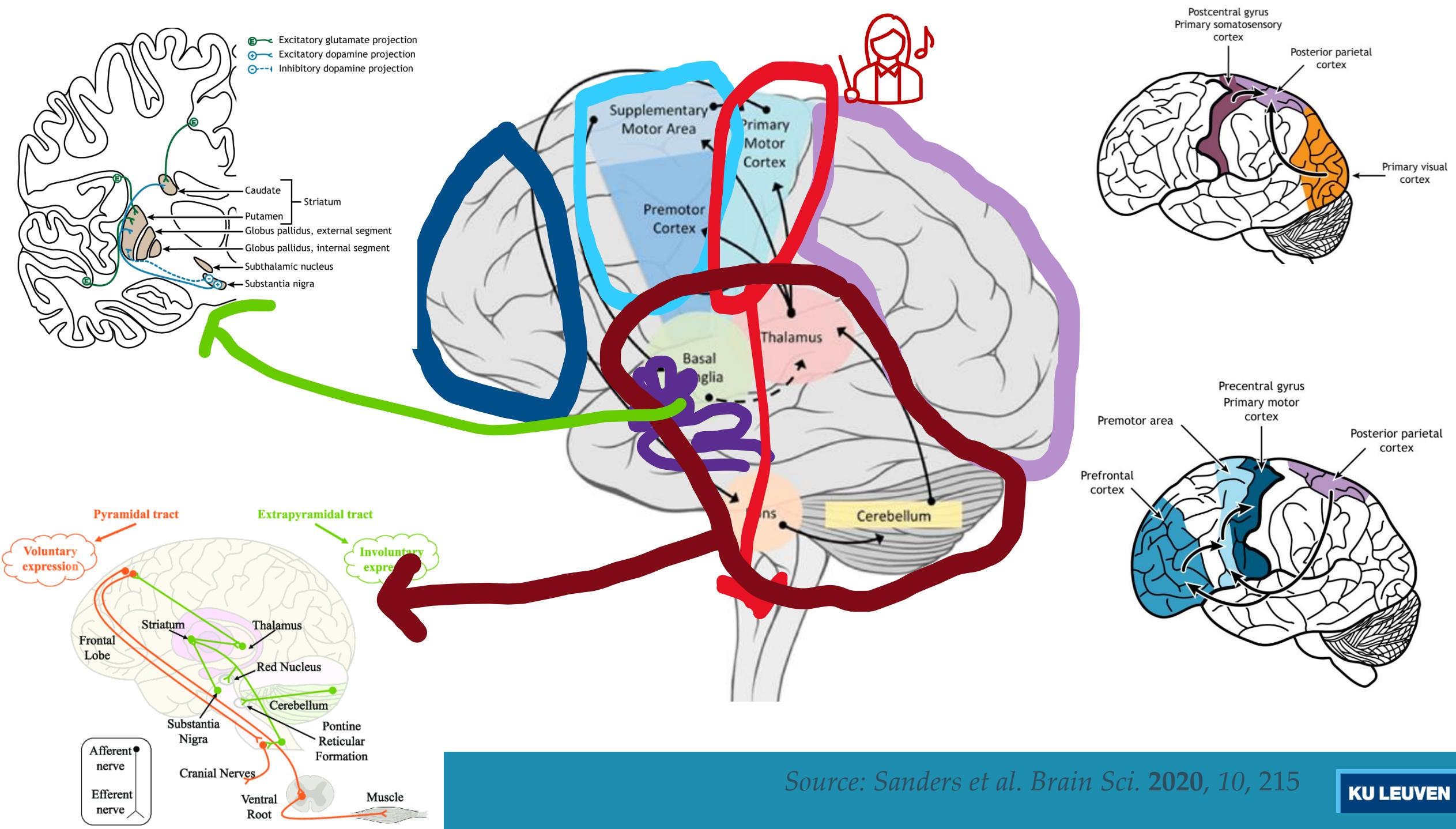
? MDD – ‘normale’ hersenveroudering – prodromale hersenziekte

³ Calligiuri et al. 2000; ⁵Reijnders et al. Mov dis 2008, ⁴Rogers et al. 2002

For review see: *Liberg et al. 2015, Bennabi et al. 2013, Buyukdura et al. 2011*

Onderzoeksvragen

1. PMS fenotypering → hersenregio's? (*waar?*)
2. PMS // stemming, motivatie- of cognitie? (*hoe?*)
3. PMS // MMS in kader van “natuurlijke hersenveroudering”? (*wat?*)



1 Non-interactivity

For what proportion of the interview does or fail to interact with or "stay with" the interviewer has "not been registered"? A show an impairment of concentration.

0 — Consistently interactive

- 1 — Not interactive some of the time
- 2 — Not interactive much of the time
- 3 — Not interactive almost all of the time

2 Facial immobility

The rater should assess the lack of motion. The depth of expression is important; mere social reactions should not be given in your assessment.

0 — Mobility within normal limits

- 1 — Somewhat restricted facial mobility
- 2 — Moderately restricted facial mobility
- 3 — Fixed and immobile face

3 Postural slumping

Judge the presence and severity of postures (e.g., rolled forward) relevant to the patient's sitting, standing and walking.

0 — No slumping

- 1 — Slightly slumped posture
- 2 — Moderately slumped posture
- 3 — Markedly slumped posture

4 Non-reactivity

Assess any failure by the patient to show pleasure, or to your attempts at eliciting reactivity, test for it formally (e.g., able event, compliment the patient about humour). Spontaneous or unforced smile rating for non-reactivity. Superficial or flat

0 — Appropriately reactive mood

- 1 — Slightly non-reactive mood
- 2 — Moderately non-reactive mood
- 3 — Severely non-reactive mood (neither

5 Facial apprehension

Rate the extent to which the patient's face shows sustained morbid apprehension, perplexity, bewilderment, fearfulness or tortured concern. The apprehension is unable to be relieved substantially by the interviewer's attempts to provide realistic comfort or reassurance. The item should not be rated unless the apprehension is clearly pathological and persistent.

0 — No facial apprehension

- 1 — Slight facial apprehension
- 2 — Moderate facial apprehension
- 3 — Marked facial apprehension

6 Delay in responding verbally

Judge the extent to which the patient responds. Allow for the patient's education.

0 — No obvious delay in response

- 1 — Slight delay in responding
- 2 — Moderate delay in responding
- 3 — Severe delay in responding

7 Length of verbal responses

Rate the extent to which the patient length in reply to more open-end culture, age and language.

0 — Responses of appropriate length

- 1 — Responses distinctly short
- 2 — Responses generally of a few words
- 3 — Mute

8 Inattentiveness

Inattentiveness is, in effect, an inserver. Rate the extent to which the interviewer. The patient may have from non-interactivity (Item 1) to be unable to sustain attention to the interviewer.

0 — Consistently attentive

- 1 — Inattentive for some of the time
- 2 — Inattentive for much of the time
- 3 — Inattentive almost all of the time

9 Facial agitation

Judge the extent to which the patient's facial movements and fluctuation indicate pathological fearfulness, bewilderment, anguish, torment. Agitation can be commonly expressed in sudden outbursts of despair. At other times the patient's face may lack mobility. Do not rate dyskinetic movements or physical disorders which may produce apparent anguish from movements associated with anxiety, refer to Poirier guidelines. A 3 rating requires persistent and significant agitation epochs of severe agitation superimposed on a facial expression of perplexity and/or retardation.

0 — No facial agitation

- 1 — Slight facial agitation
- 2 — Moderate facial agitation
- 3 — Persistent and/or several epochs of marked facial agitation

10 Body immobility (amount, not speed)

Judge the extent to which the patient moves limbs, hands and body in relation to patient's age and physical status.

0 — Mobility within normal limits

- 1 — Slightly restricted mobility
- 2 — Moderately restricted mobility
- 3 — Virtually no movement (immobile)

11 Motor agitation

Rate persistent, excessive or inappropriate motor activity as manifested inability by the patient to sit or stay still, indicating thwarting energy. Typical movements include slow rubbing, pacing, writhing, tics. The movements may have an autistic quality. Do not rate ticks or mannerisms. Note Point 3 in the general guidelines. A 2 rating persisting agitation of moderate severity or epochs of quite severe a rating reflects persistent and severe agitation.

0 — No abnormality, or movements more typical of anxiety

- 1 — Slight motor agitation
- 2 — Persistent agitation of moderate severity or epochs of moderate severity
- 3 — Severe motor agitation, unable to sit still at all

After entering the item ratings in the boxes sum the columns to obtain the scores on the three scales; then sum the three scale scores to obtain the total score.

1. Non-interactivity	<input type="checkbox"/>	NI
2. Facial immobility	<input type="checkbox"/>	
3. Postural slumping	<input type="checkbox"/>	
4. Non-reactivity	<input type="checkbox"/>	RT
5. Facial apprehension	<input type="checkbox"/>	
6. Delay in responding verbally	<input type="checkbox"/>	
7. Length of verbal responses	<input type="checkbox"/>	AG
8. Inattentiveness	<input type="checkbox"/>	
9. Facial agitation	<input type="checkbox"/>	
10. Body immobility (amount, not speed)	<input type="checkbox"/>	NI
11. Motor agitation	<input type="checkbox"/>	
12. Poverty of associations	<input type="checkbox"/>	
13. Slowed movement (speed, not amount)	<input type="checkbox"/>	RT
14. Verbal stereotypy	<input type="checkbox"/>	
15. Delay in motor activity	<input type="checkbox"/>	
16. Impaired spontaneity of talk	<input type="checkbox"/>	AG
17. Slowing of speech rate	<input type="checkbox"/>	
18. Stereotyped movements	<input type="checkbox"/>	

NI = Non-interactivity
RT = Retardation
AG = Agitation

Total CORE score = NI + RT + AG =

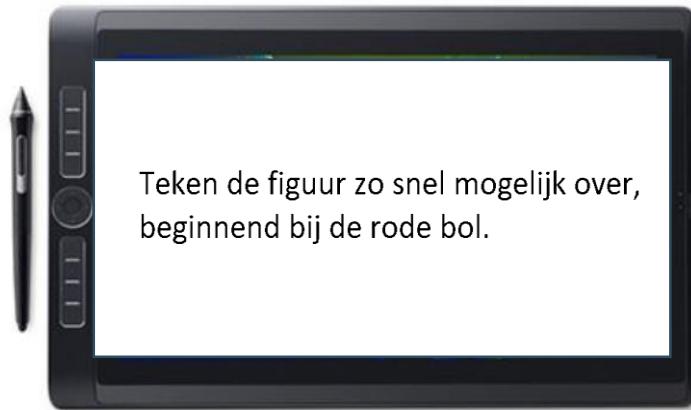
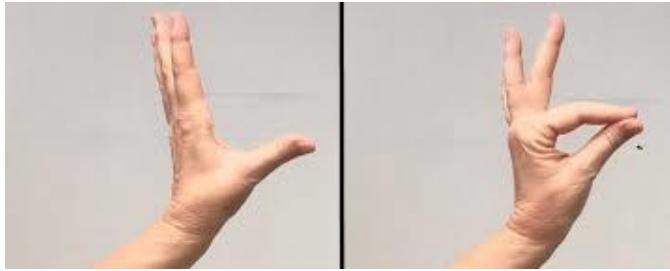
MDS UPDRS Score Sheet

1.A	Source of information	<input type="checkbox"/> Patient <input type="checkbox"/> Caregiver <input type="checkbox"/> Patient + Caregiver	3.3b Rigidty- RUE	
			3.3c Rigidty- LUE	
			3.3d Rigidty- RLE	
Part I				
1.1	Cognitive impairment		3.3e Rigidty- LLE	
1.2	Hallucinations and psychosis		3.4a Finger tapping- Right hand	
1.3	Depressed mood		3.4b Finger tapping- Left hand	
1.4	Anxious mood		3.5a Hand movements- Right hand	
1.5	Apathy		3.5b Hand movements- Left hand	
1.6	Features of DDS		3.6a Pronation- supination movements- Right hand	
1.6a	Who is filling out questionnaire	<input type="checkbox"/> Patient <input type="checkbox"/> Caregiver <input type="checkbox"/> Patient + Caregiver	3.6b Pronation- supination movements- Left hand	
1.7	Sleep problems		3.7a Toe tapping-Right foot	
1.8	Daytime sleepiness		3.7b Toe tapping- Left foot	
1.9	Pain and other sensations		3.8a Leg agility- Right leg	
1.10	Urinary problems		3.8b Leg agility- Left leg	
1.11	Constipation problems		3.9 Arising from chair	
1.12	Light headedness on standing		3.10 Gait	
1.13	Fatigue		3.11 Freezing of gait	
Part II			3.12 Postural stability	
2.1	Speech		3.13 Posture	
2.2	Saliva and drooling		3.14 Global spontaneity of movement	
2.3	Chewing and swallowing		3.15a Postural tremor- Right hand	
2.4	Eating tasks		3.15b Postural tremor- Left hand	
2.5	Dressing		3.16a Kinetic tremor- Right hand	
2.6	Hygiene		3.16b Kinetic tremor- Left hand	
2.7	Handwriting		3.17a Rest tremor amplitude- RUE	
2.8	Doing hobbies and other activities		3.17b Rest tremor amplitude- LUE	
2.9	Turning in bed		3.17c Rest tremor amplitude- RLE	
2.10	Tremor		3.17d Rest tremor amplitude- LLE	
2.11	Getting out of bed		3.17e Rest tremor amplitude- Lip/jaw	
2.12	Walking and balance		3.18 Constancy of rest	
2.13	Freezing		Were dyskinesias presen	<input type="checkbox"/> No <input type="checkbox"/> Yes
3a	Is the patient on medication?	<input type="checkbox"/> No <input type="checkbox"/> Yes	Did these movements interfere with ratings?	<input type="checkbox"/> No <input type="checkbox"/> Yes
3b	Patient's clinical state	<input type="checkbox"/> Off <input type="checkbox"/> On	Hoehn and Yahr Stage	
3c	Is the patient on Levodopa?	<input type="checkbox"/> No <input type="checkbox"/> Yes	4.1 Time spent with dyskinesias	
3.C1	If yes, minutes since last dose:		4.2 Functional impact of dyskinesias	
Part III			4.3 Time spent in the OFF state	
3.1	Speech		4.4 Functional impact of fluctuations	
3.2	Facial expression		4.5 Complexity of motor fluctuations	
3.3a	Rigidity- Neck		4.6 Painful OFF-state dystonia	

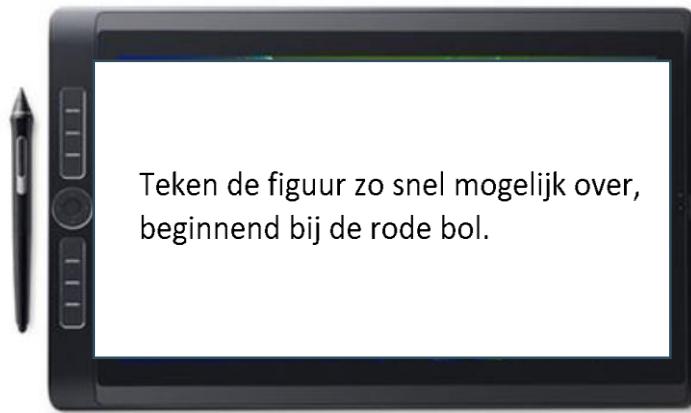
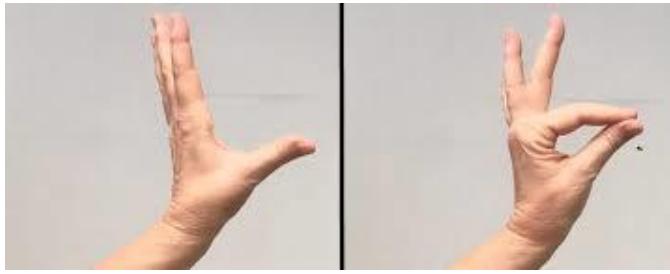
Scale for the assessment and rating of ataxia (SARA)

1) Gait		2) Stance	
Proband is asked (1) to walk at a safe distance parallel to a wall including a half-turn (turn around to face the opposite direction of gait) and (2) to walk in tandem (heels to toes) without support.		Proband is asked to stand (1) in natural position, (2) with feet together in parallel (big toes touching each other) and (3) in tandem (both feet on one line, no space between heel and toe). Proband does not wear shoes, eyes are open. For each condition, three trials are allowed. Best trial is rated.	
0 Normal, no difficulties in walking, turning and walking tandem (up to one misstep allowed)		0 Normal, able to stand in tandem for > 10 s	
1 Slight difficulties, only visible when walking 10 consecutive steps in tandem		1 Able to stand with feet together without sway, but not in tandem for > 10s	
2 Clearly abnormal, tandem walking >10 steps not possible		2 Able to stand with feet together with sway	
3 Considerable staggering, difficulties in half-turn, but without support		3 Able to stand for > 10 s without position, but not with feet together	
4 Marked staggering, intermittent support of the wall required		4 Able to stand for > 10 s in natural intermittent support	
5 Severe staggering, permanent support of one stick or light support by one arm required		5 Able to stand >10 s in natural p constant support of one arm	
6 Walking > 10 m only with strong support (two special sticks or stroller or accompanying person)		6 Unable to stand for >10 s even v of one arm	
7 Walking < 10 m only with strong support (two special sticks or stroller or accompanying person)		7	
8 Unable to walk, even supported			
Score		Score	
mean of both sides (R+L)/2		mean of both sides (R+L)/2	
3) Sitting		4) Speech disturbance	
Proband is asked to sit on an examination bed without support of feet, eyes open and arms outstretched to the front.		Speech is assessed during normal co	
0 Normal, no difficulties sitting >10 sec		0 Normal	
1 Slight difficulties, intermittent sway		1 Suggestion of speech disturbance	
2 Constant sway, but able to sit > 10 s without support		2 Impaired speech, but easy to un	
3 Able to sit for > 10 s only with intermittent support		3 Occasional words difficult to un	
4 Unable to sit for >10 s without continuous support		4 Many words difficult to underst	
		5 Only single words understandal	
		6 Speech unintelligible / anarthria	
Score		Score	
mean of both sides (R+L)/2		mean of both sides (R+L) / 2	
7) Fast alternating hand movements		8) Heel-shin slide	
Rated separately for each side		Rated separately for each side	
Proband sits comfortably. If necessary, support of feet and trunk is allowed. Proband is asked to perform 10 cycles of repetitive alternation of pro- and supinations of the hand on his/her thigh as fast and as precise as possible. Movement is demonstrated by examiner at a speed of approx. 10 cycles within 7 s. Exact times for movement execution have to be taken.		Proband lies on examination bed, without sight of his legs. Proband is asked to lift one leg, point with the heel to the opposite knee, slide down along the shin to the ankle, and lay the leg back on the examination bed. The task is performed 3 times. Slide-down movements should be performed within 1 s. If proband slides down without contact to shin in all three trials, rate 4.	
0 Normal, no irregularities (performs <10s)		0 Normal	
1 Slightly irregular (performs <10s)		1 Slightly abnormal, contact to shin maintained	
2 Clearly irregular, single movements difficult to distinguish or relevant interruptions, but performs <10s		2 Clearly abnormal, goes off shin up to 3 times during 3 cycles	
3 Very irregular, single movements difficult to distinguish or relevant interruptions, performs >10s		3 Severely abnormal, goes off shin 4 or more times during 3 cycles	
4 Unable to perform the task		4 Unable to perform 10 cycles	
Score		Score	
mean of both sides (R+L)/2		mean of both sides (R+L) / 2	

Experimenteel: fijne motoriek @ L3D



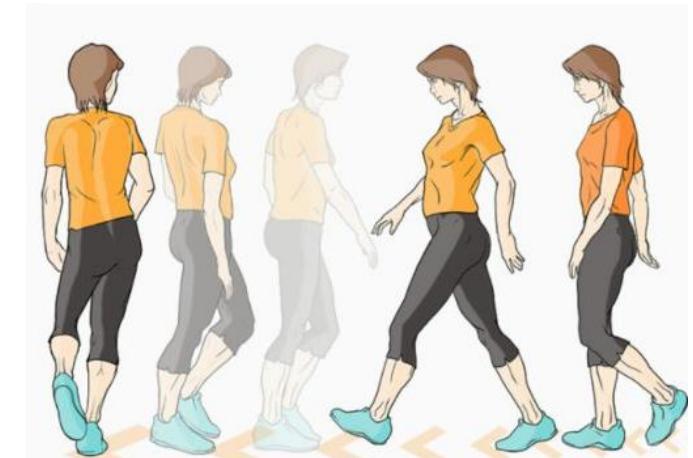
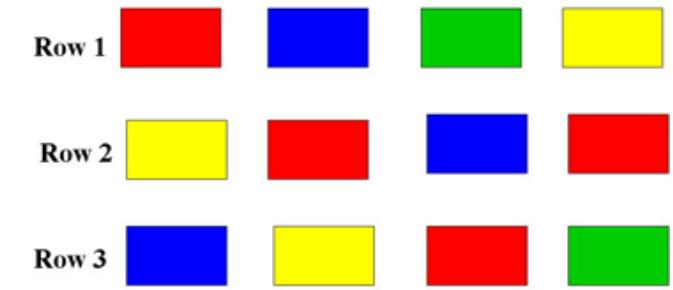
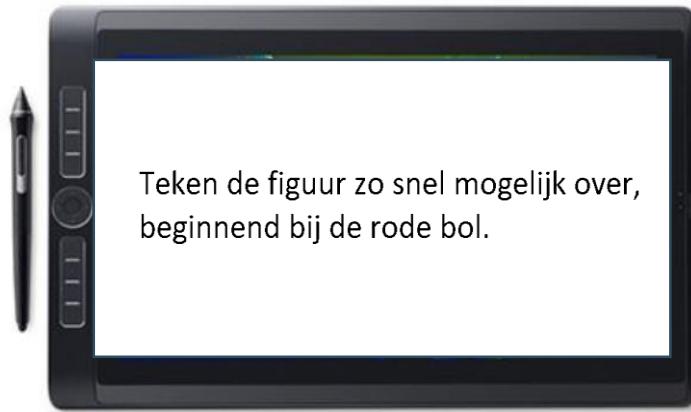
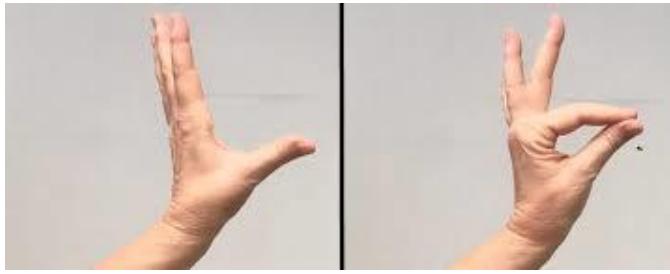
Experimenteel: grove motoriek @ L3D

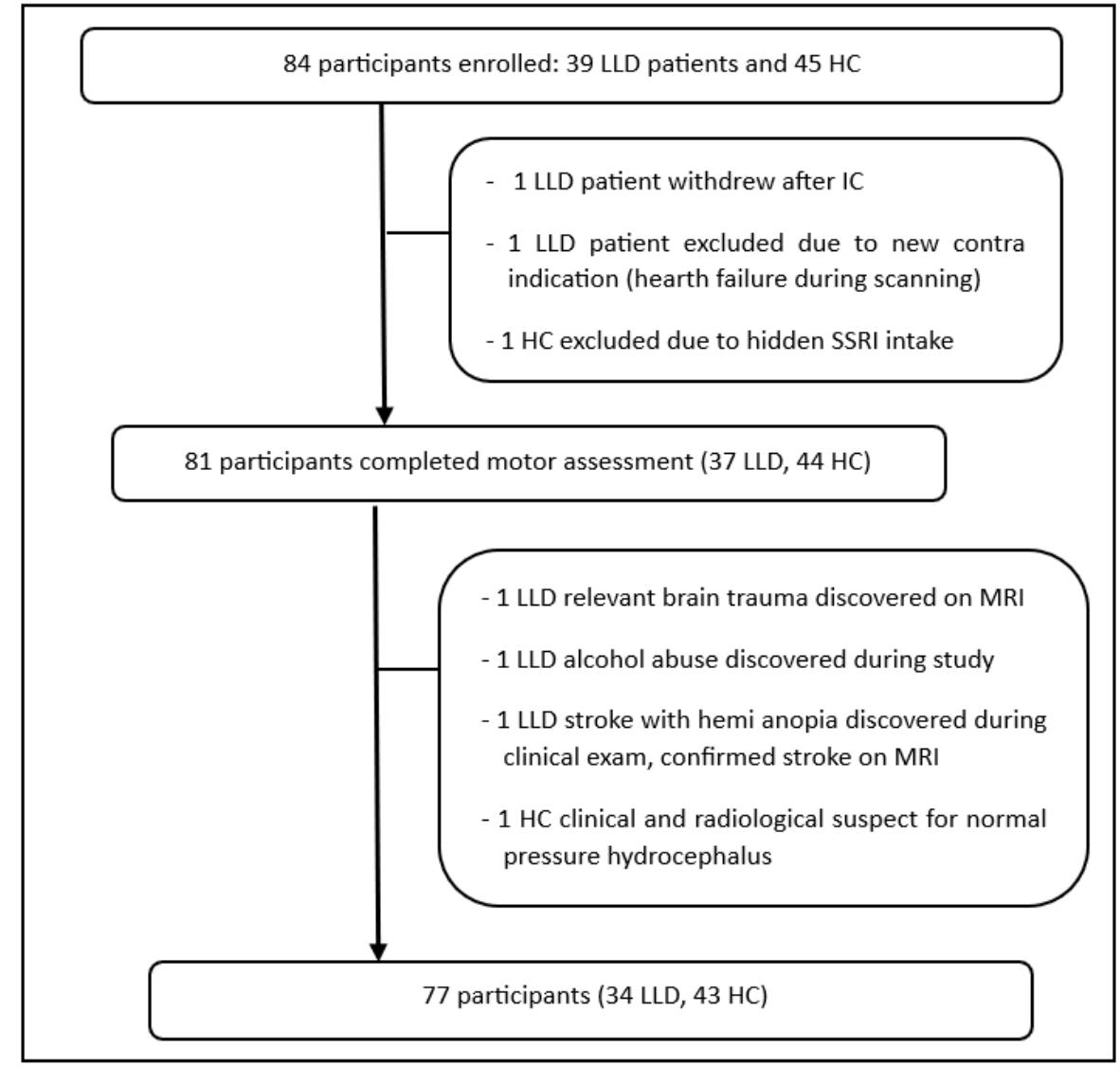


Teken de figuur zo snel mogelijk over,
beginnend bij de rode bol.

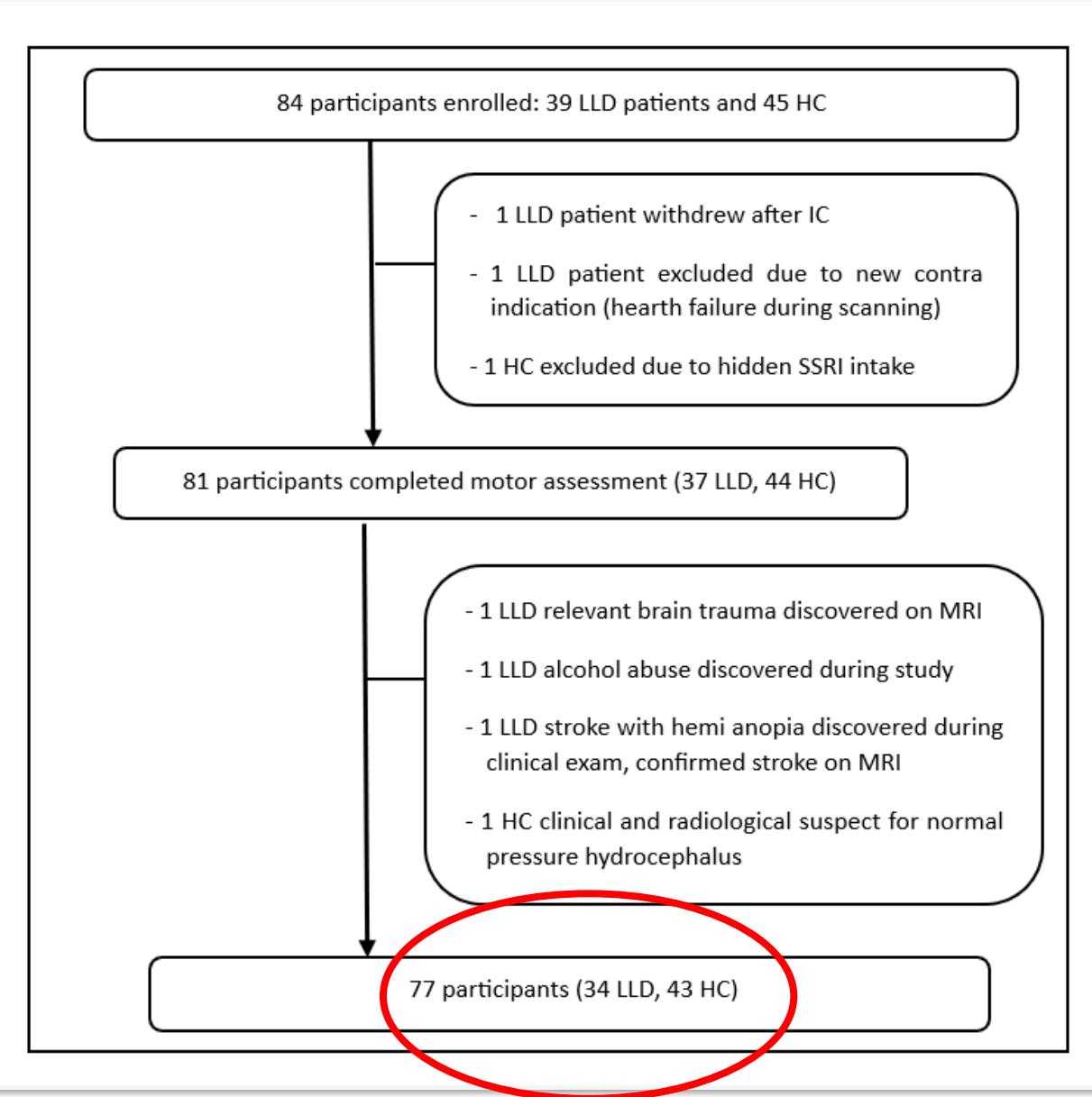


Experimenteel: gang en spraak @ L3D

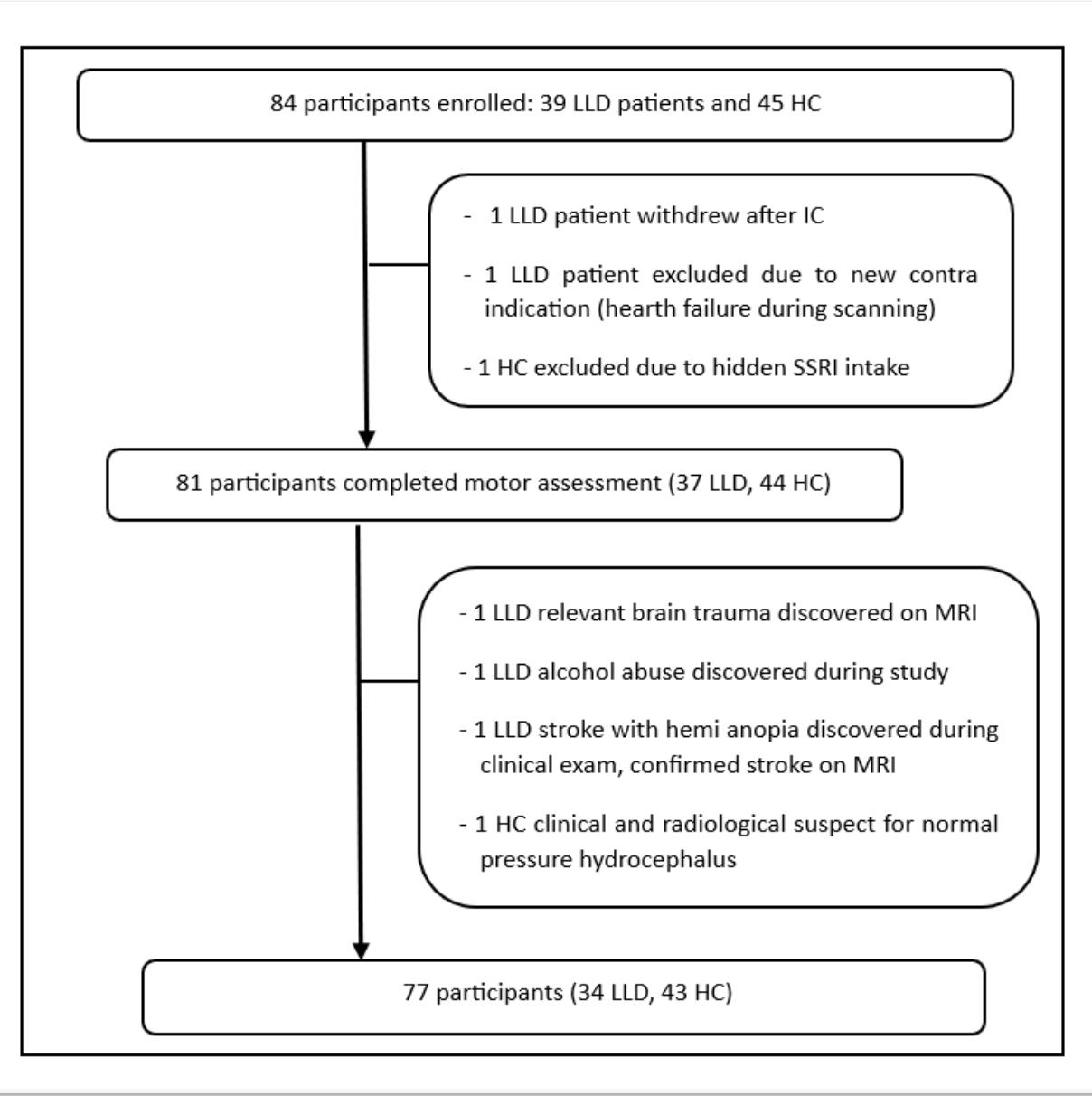




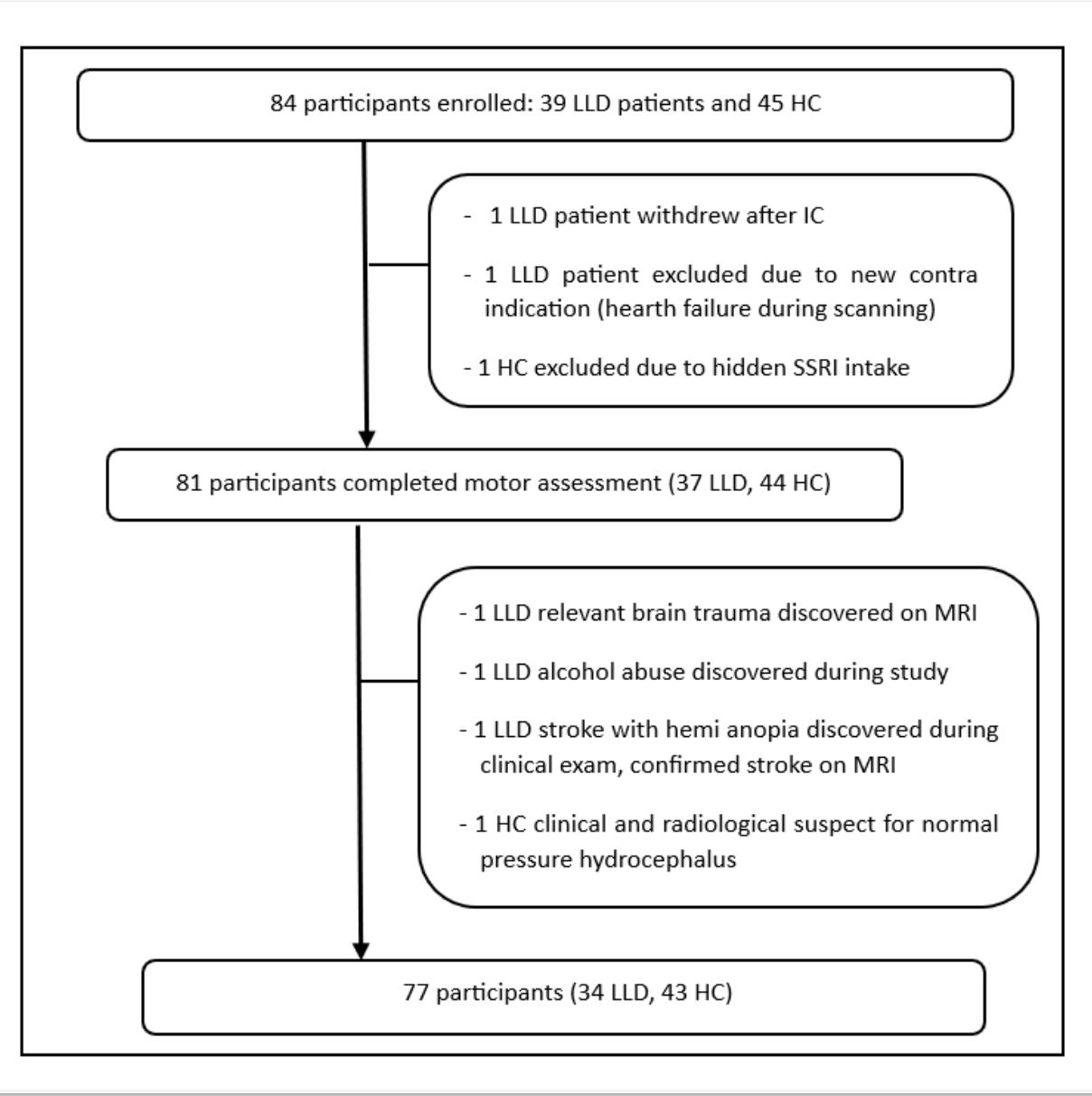
	n (%) / mean ±SD / median [IQR]	P	
	HC	LLD	
Age (years)	70.6 ±5.8	73.3 ±6.0	.046*
Female : male	27:16	23:11	.839
Education (years)	14.3 ±2.7	11.6 ±3.2	<.001*
Exercise last 6 months (times >30min /week)	3 [3]	1 [2]	.002*
Psychotropic drug use			
Antidepressant use	0	32 (94%)	<.001*
Antipsychotics use	0	20 (59%)	
Benzodiazepine use	2 (5%)	18 (53%)	
MADRS	0.9 ±1.7	27.9 ±11.1	<.001*
GDS	2.6 ±2.8	21.2 ± 6.7	<.001*
AES	22.0 ±5.1	45.8 ±11.9	<.001*
MMSE	29.0 ±1.3	25.8 ±2.9	<.001*
MDS-UPDRS part III	3.4 ±2.9	25.6 ±14.7	<.001
Bradykinesia	1.0 ±1.4	12.4 ±7.9	
Tremor	0.6 ±1.1	3.6 ±3.6	
Rigidity	1.1 ±1.2	4.8 ±1.4	
Gait & balance	0.6 ±0.9	3.9 ±2.8	
SARA	1.3 ±1.6	6.1 ±4.1	
Gait & balance	0.7 ±1.1	3.1 ±2.3	
Speech	0.1 ±0.4	1.2 ±1.1	<.001*
Upper limb ataxia	0.4 ±0.6	1.6 ±1.3	
Lower limb ataxia	0.0 ±0.0	0.3 ±0.5	
CORE	1.0 ±1.6	18.8 ±9.4	
CORE agitation	0.5 ±0.9	4.3 ±2.8	
CORE retardation	0.2 ±0.6	8.6 ±5.6	<.001*
CORE non-interaction	0.4 ±0.9	6.0 ±3.6	



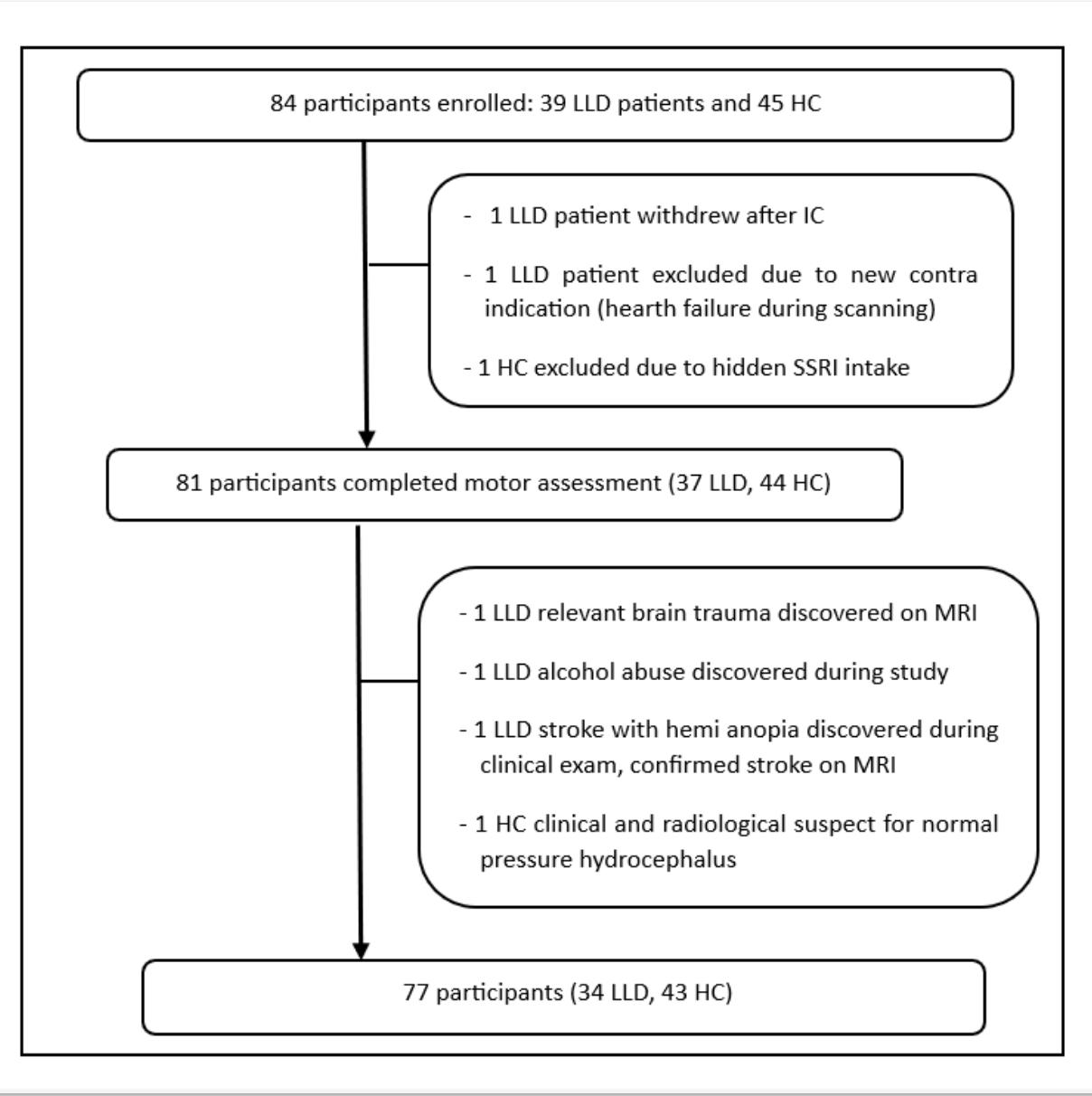
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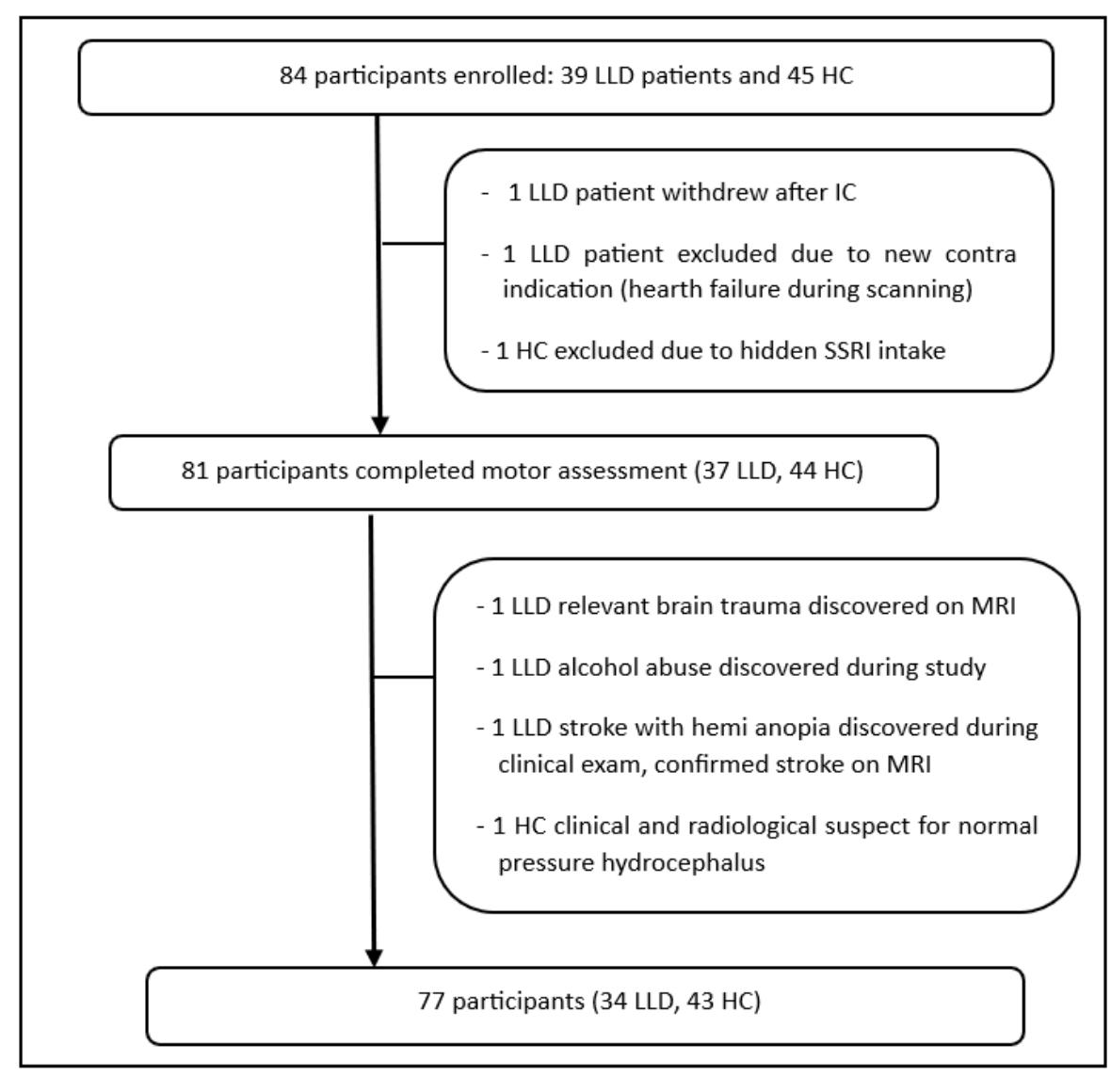
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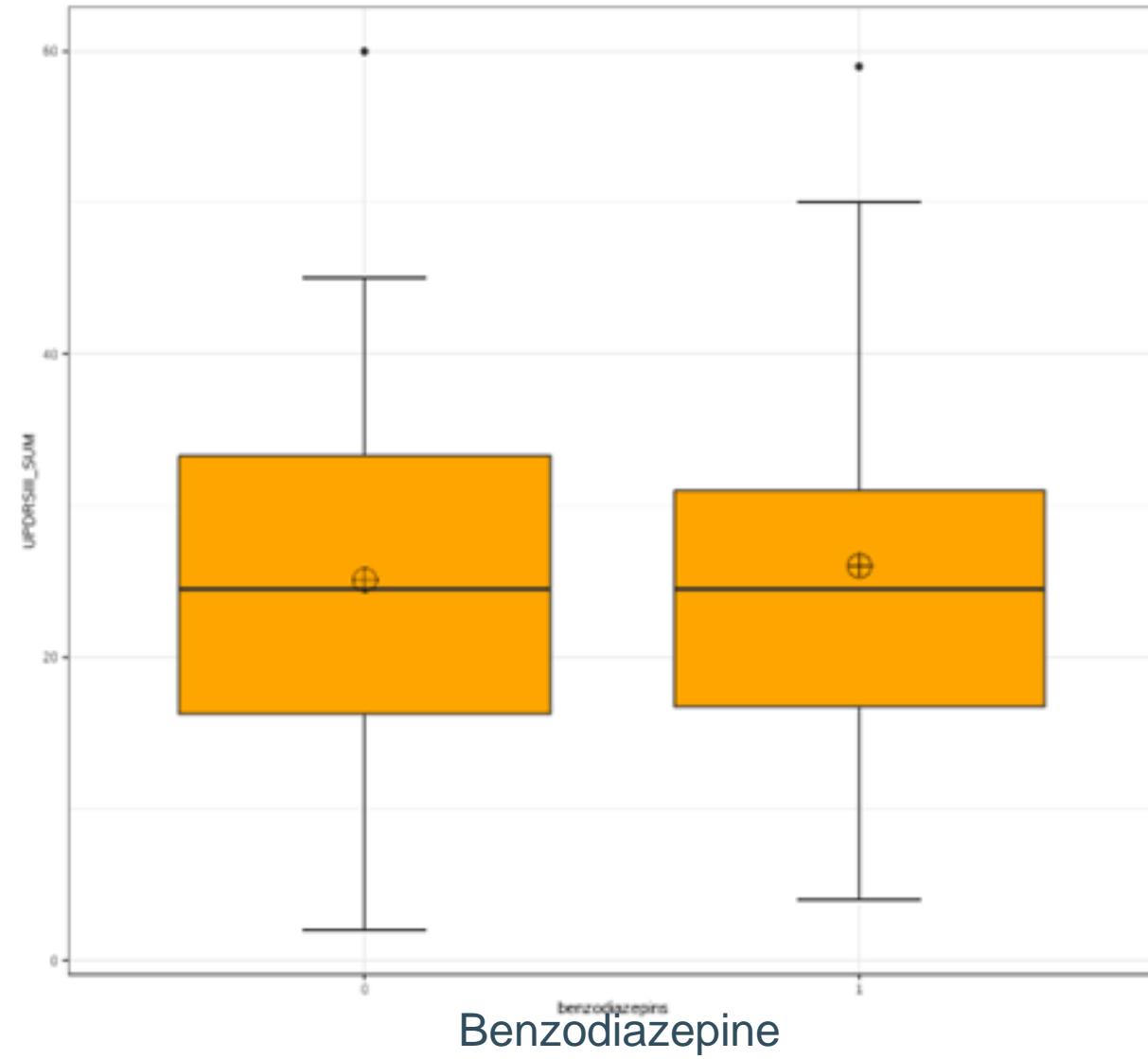
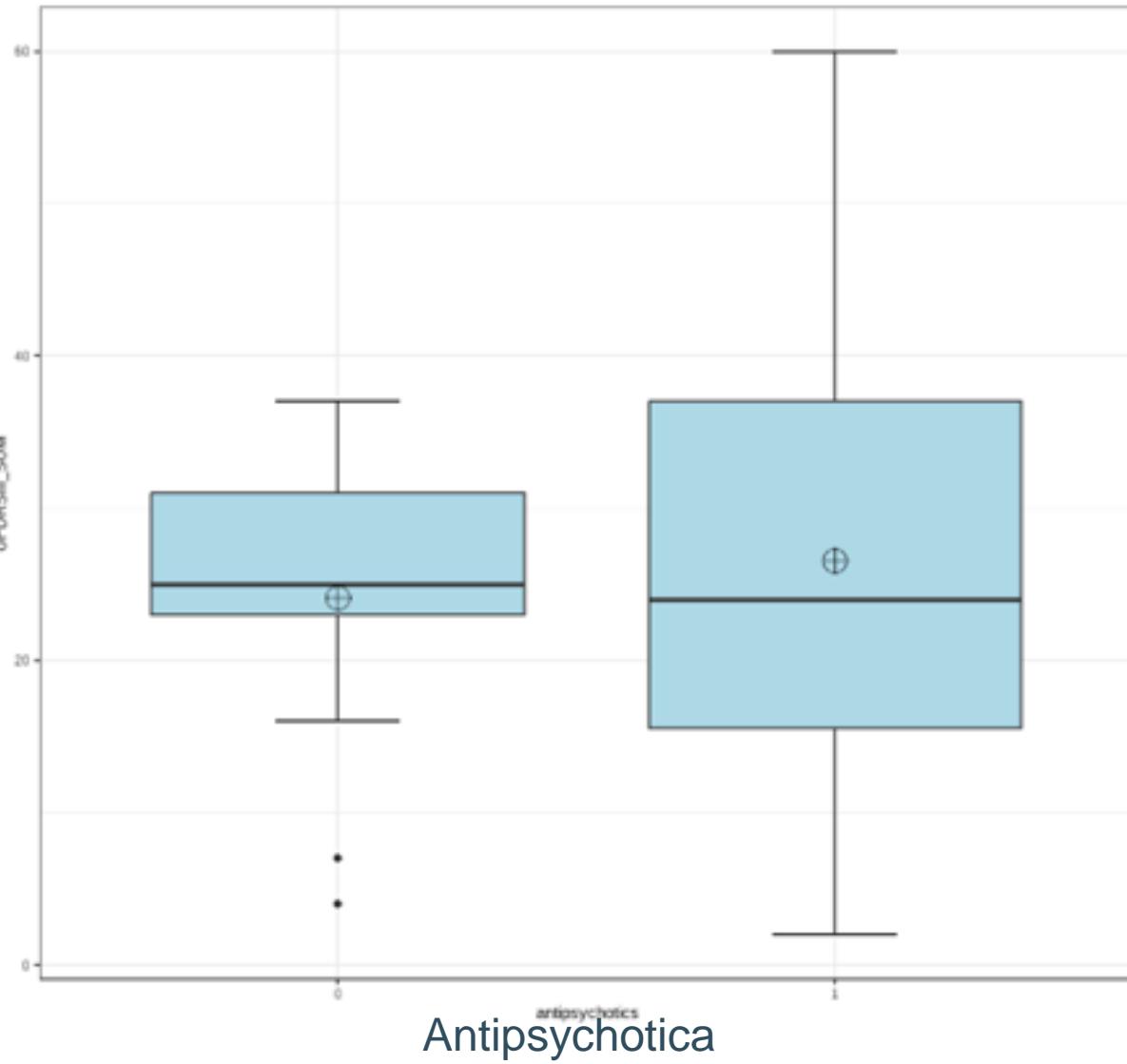


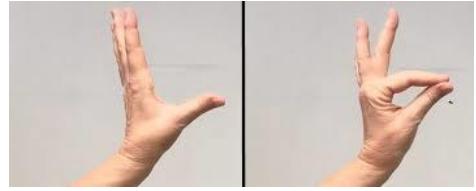
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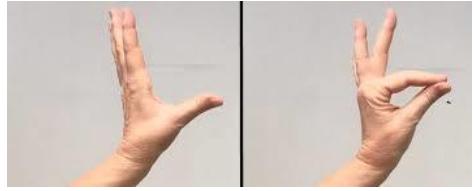
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Gait & balance	0.6 ± 0.9	3.9 ± 2.8	
SARA	1.3 ± 1.6	6.1 ± 4.1	
Gait & balance	0.7 ± 1.1	3.1 ± 2.3	
Speech	0.1 ± 0.4	1.2 ± 1.1	<.001*
Upper limb ataxia	0.4 ± 0.6	1.6 ± 1.3	
Lower limb ataxia	0.0 ± 0.0	0.3 ± 0.5	
CORE	1.0 ± 1.6	18.8 ± 9.4	
CORE agitation	0.5 ± 0.9	4.3 ± 2.8	
CORE retardation	0.2 ± 0.6	8.6 ± 5.6	
CORE non-interaction	0.4 ± 0.9	6.0 ± 3.6	<.001*

MDS-UPDRSIII

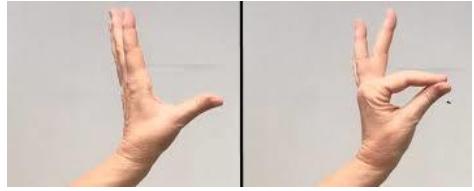




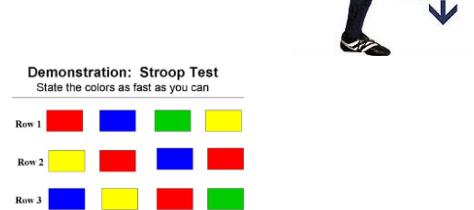
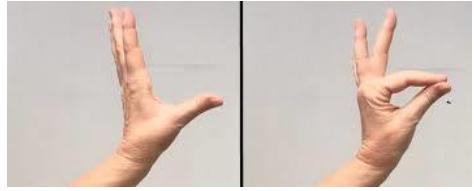
Exp motor task	HC	LLD	P
Fingertapping (taps/s) L	2.95 ±0.77	1.80 ±0.76	<.0001
	R 3.03 +0.87	1.96 ±0.74	<.0001



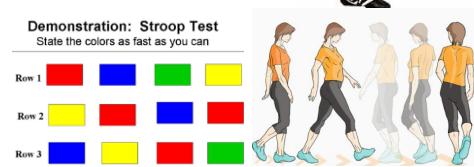
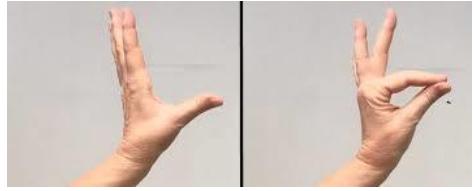
Exp motor task	HC	LLD	P
Fingertapping (taps/s) L R	2.95 ±0.77	1.80 ±0.76	<.0001
	3.03 +0.87	1.96 ±0.74	<.0001
Line (free) MT, mean (s)	3.24 ±1.16	6.47 ±4.22	.001
Diamond (free) MT, mean (s)	7.74 ±2.97	13.34 ±5.94	<.001
Circle (cued) MT, mean (s)	8.32 ±3.35	16.52 ±7.61	<.001
Star (cued) MT, mean (s)	10.51	23.63	<.001
Flags (cued) MT, mean (s)	12.00 ± 4.27	21.13 ±8.74	<.001



Exp motor task	HC	LLD	P
Fingertapping (taps/s) L	2.95 ± 0.77	1.80 ± 0.76	<.0001
	3.03 ± 0.87	1.96 ± 0.74	<.0001
Line (free) MT, mean (s)	3.24 ± 1.16	6.47 ± 4.22	.001
Diamond (free) MT, mean (s)	7.74 ± 2.97	13.34 ± 5.94	<.001
Circle (cued) MT, mean (s)	8.32 ± 3.35	16.52 ± 7.61	<.001
Star (cued) MT, mean (s)	10.51	23.63	<.001
Flags (cued) MT, mean (s)	12.00 ± 4.27	21.13 ± 8.74	<.001
Turns (turns/s) L	1.72 ± 0.35	1.21 ± 0.31	<.001
	1.78 ± 0.34	1.27 ± 0.31	<.001
Stamps (stamps/s) L	2.80 ± 0.62	2.25 ± 0.59	<.001
	2.76 ± 0.67	2.17 ± 0.54	<.001



Exp motor task	HC	LLD	P
Fingertapping (taps/s) L	2.95 ± 0.77	1.80 ± 0.76	<.0001
	3.03 ± 0.87	1.96 ± 0.74	<.0001
Line (free) MT, mean (s)	3.24 ± 1.16	6.47 ± 4.22	.001
Diamond (free) MT, mean (s)	7.74 ± 2.97	13.34 ± 5.94	<.001
Circle (cued) MT, mean (s)	8.32 ± 3.35	16.52 ± 7.61	<.001
Star (cued) MT, mean (s)	10.51	23.63	<.001
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	1.78 ± 0.34	1.27 ± 0.31	<.001
Stamps (stamps/s) L	2.80 ± 0.62	2.25 ± 0.59	<.001
	2.76 ± 0.67	2.17 ± 0.54	<.001
Speech (time 12 bars)	18.3 ± 3.4	23.9 ± 7.6	.0035

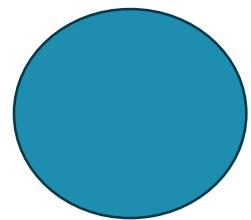


Exp motor task	HC (n=43)	LLD (=34)	P*
Fingertapping (taps/s) L	2.95 ±0.77	1.80 ±0.76	<.0001
	3.03 +0.87	1.96 ±0.74	<.0001
Line (free) MT, mean (s)	3.24 ±1.16	6.47 ±4.22	.001
Diamond (free) MT, mean (s)	7.74 ±2.97	13.34 ±5.94	<.001
Circle (cued) MT, mean (s)	8.32 ±3.35	16.52 ±7.61	<.001
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Flags (cued) MT, mean (s)	12.00 ± 4.27	21.13 ±8.74	<.001
Turns (turns/s) L	1.72 ±0.35	1.21 ±0.31	<.001
	1.78 ±0.34	1.27 ±0.31	<.001
Stamps (stamps/s) L	2.80 ±0.62	2.25 ±0.59	<.001
	2.76 ±0.67	2.17 ±0.54	<.001
Speech (time 12 bars)	18.3 ±3.4	23.9 ±7.6	.0035
Mean gait velocity (m/s)	1.14 ±0.18	0.81 ±0.30	<.001
Mean stride length (m)	0.54 ±0.08	0.41 ±0.12	<.001

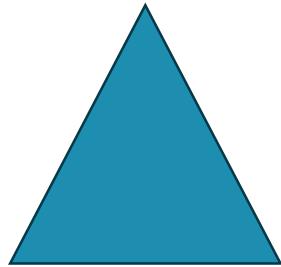
*Student's t test / MWU

Onderzoeksvragen

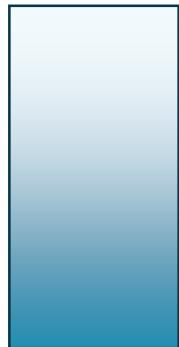
1. PMS fenotypering → **WAAR? ALL OVER THE PLACE**
2. PMS // stemmings-, motivationele- of cognitieve symptomen?
3. PMS // MMS in kader van “natuurlijke hersenveroudering”? (*wat?*)



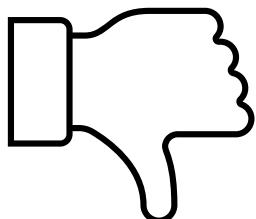
Gezonde controle = HC



Late life depressive patient = LLD

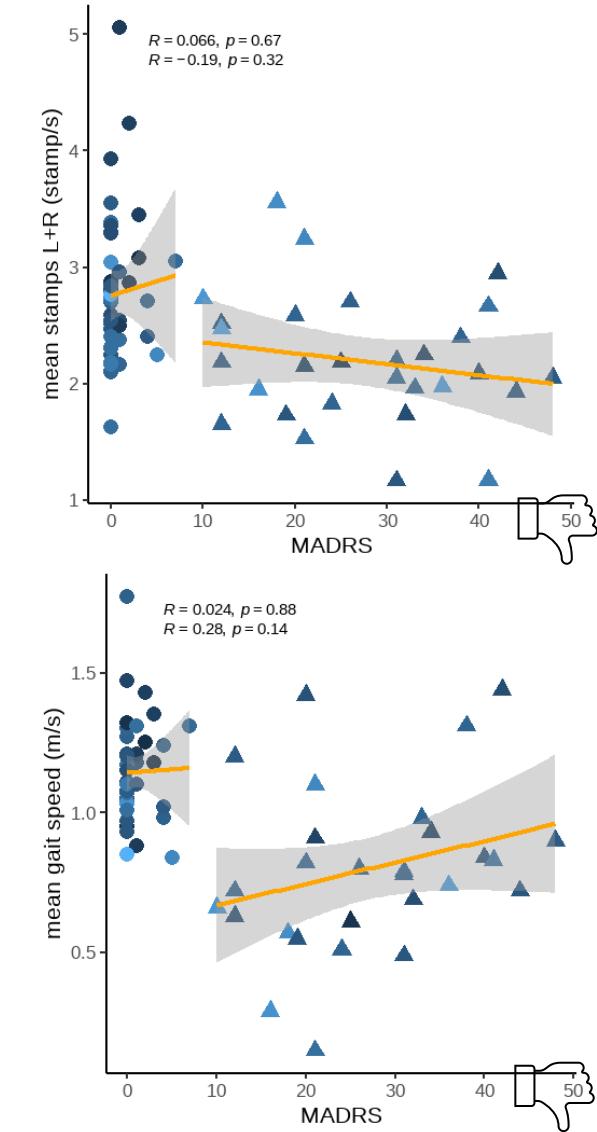
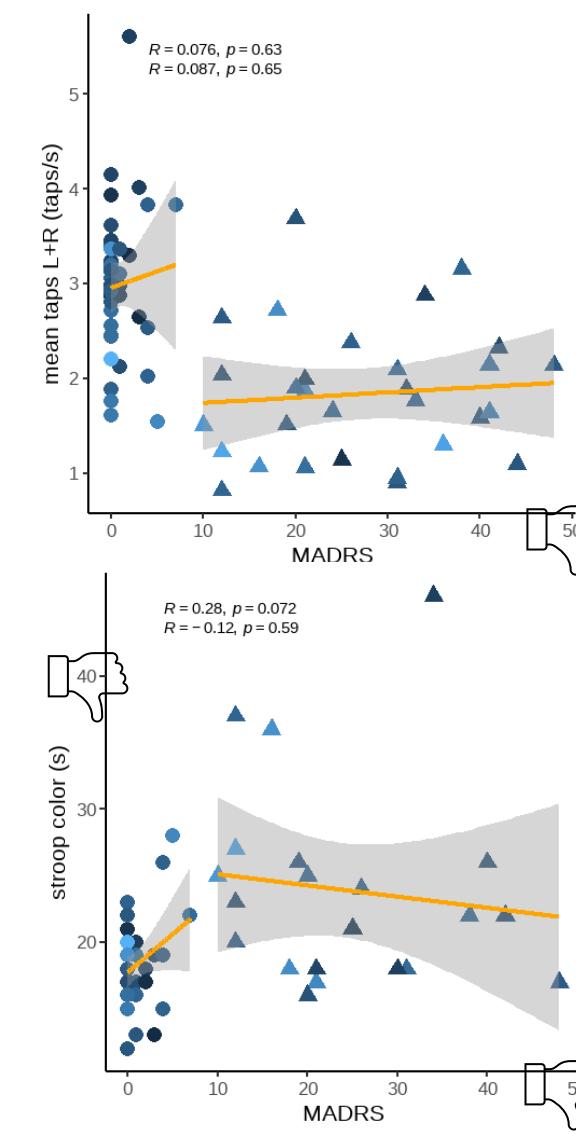
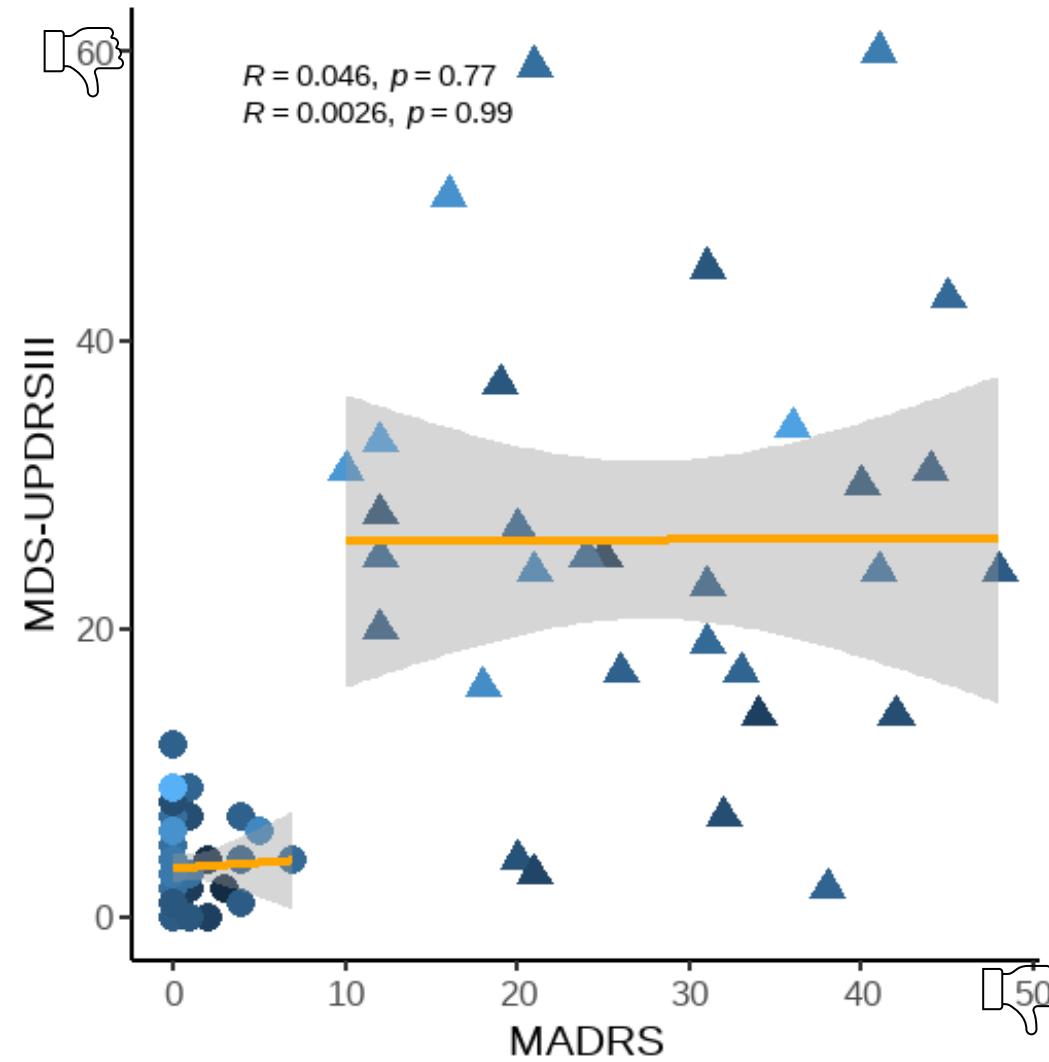


Hogere leeftijd = bleker



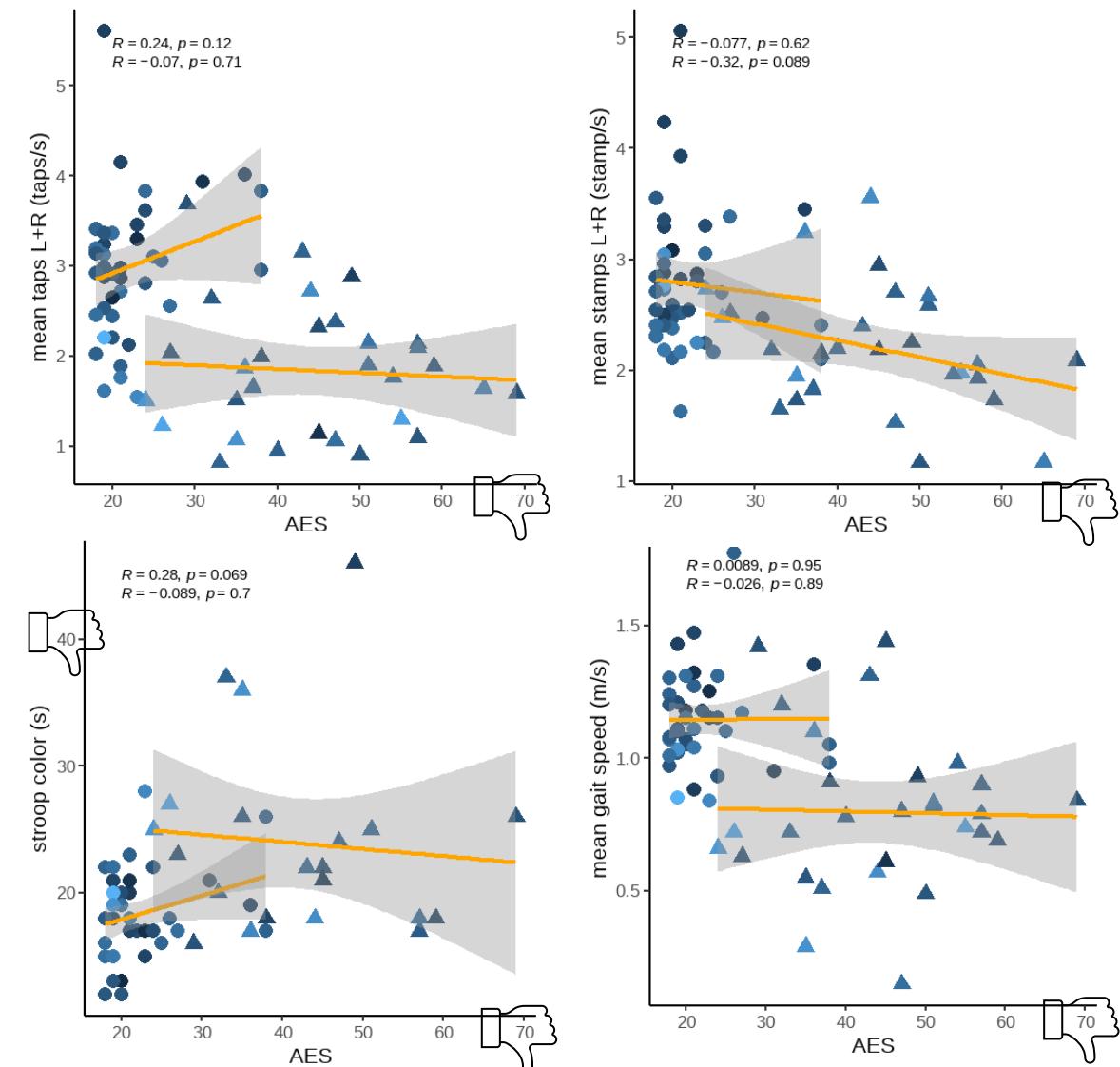
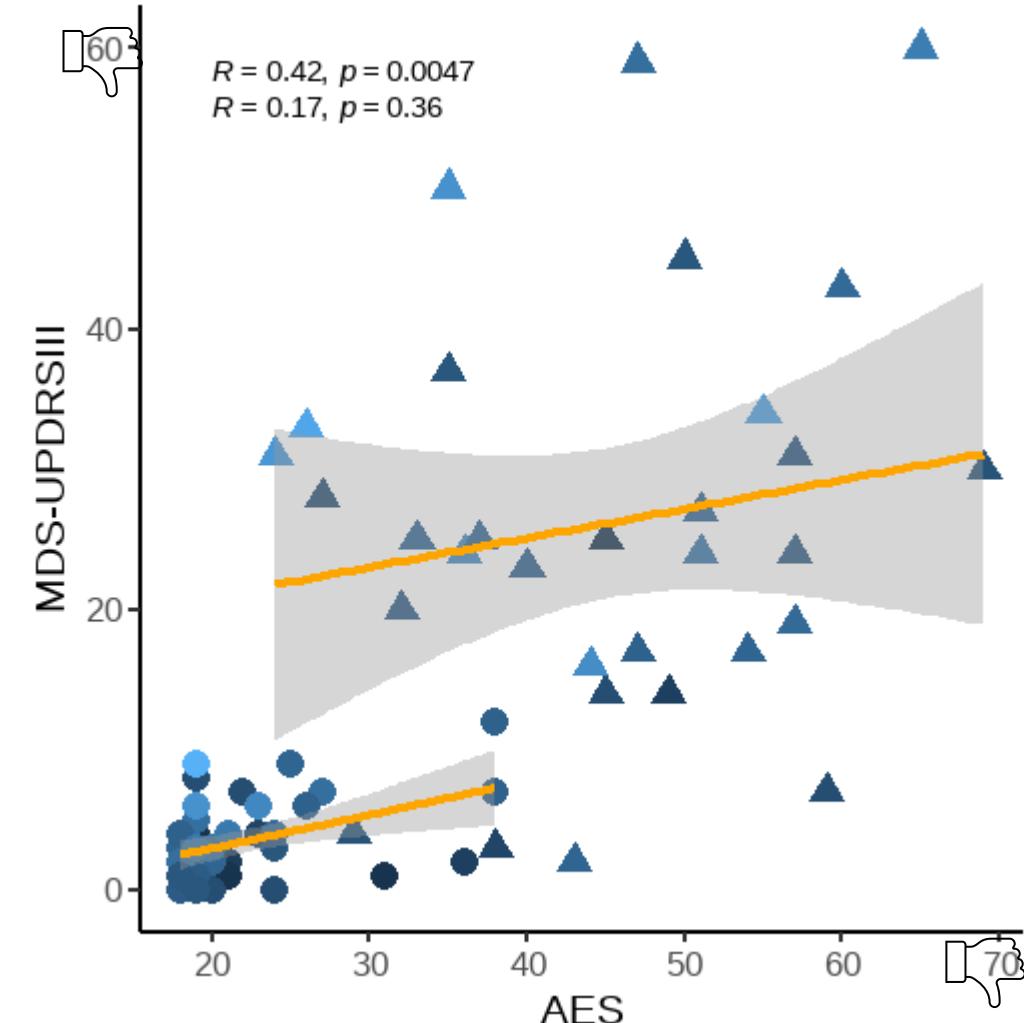
Schaal: hoger = slechtere score

1. PMS // stemming, motivatie en cognitie?



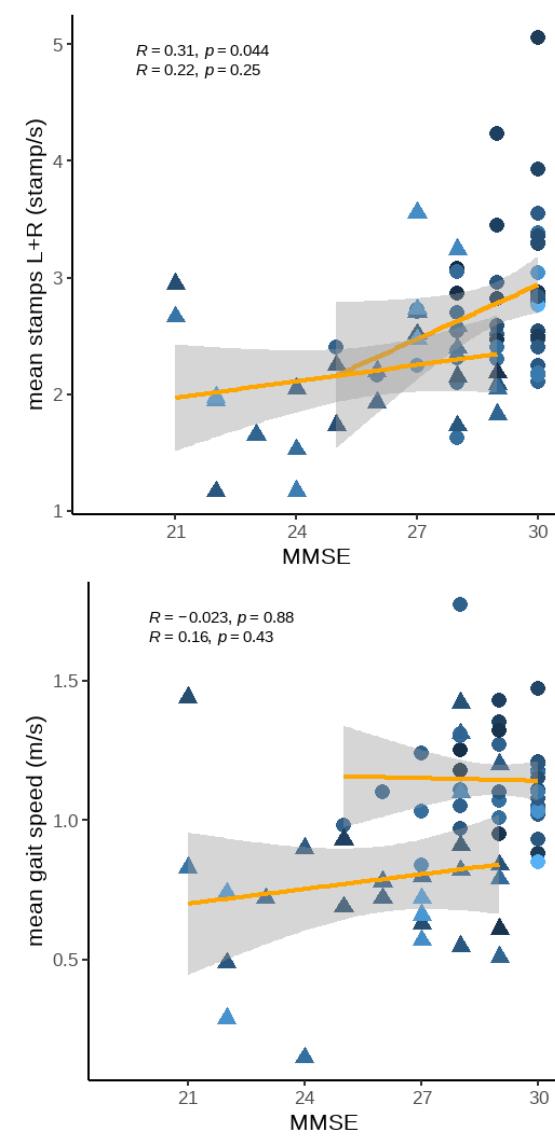
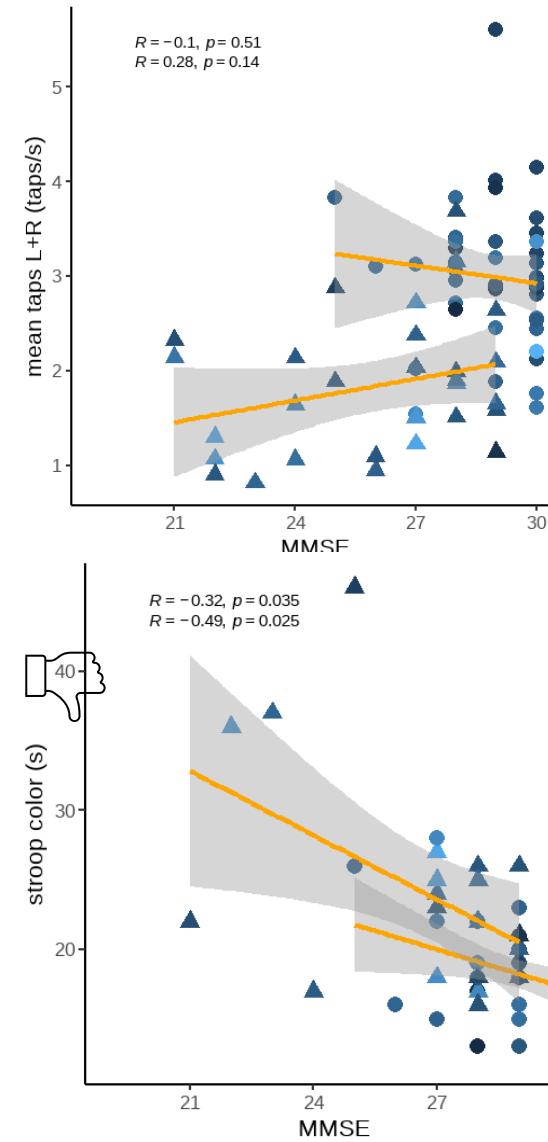
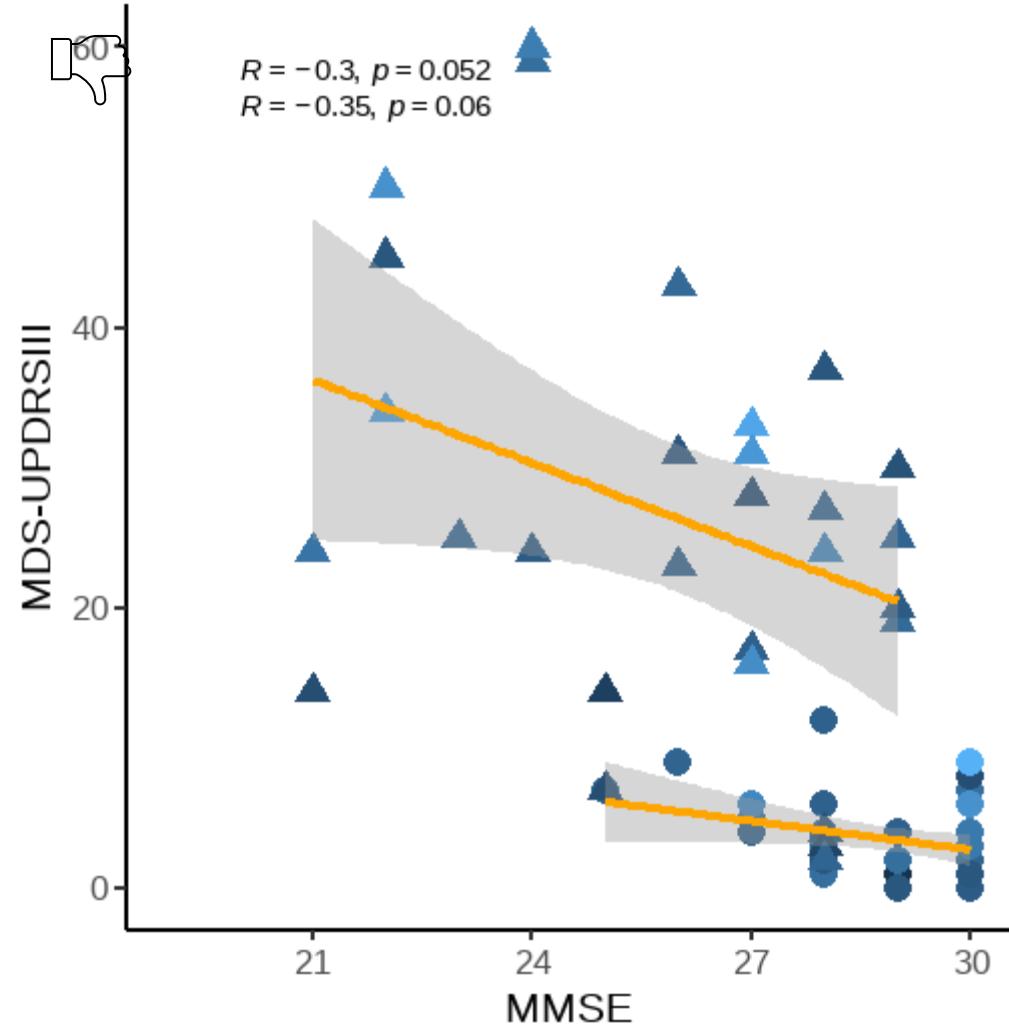
UPDRSIII = Case*** + Exercise* + Age* + Education + **MADRS NS**: ($F(5,63)=27$, $R^2_{adj} 0.653$, $p < .0001$)

2. PMS // stemming, motivatie en cognitie?



UPDRSIII = Case*** + Exercise* + Age** + Education + AES ^{NS}: ($F(5,63)=28$, $R^2_{adj} 0.665$, $p < .0001$)

3. PMS // stemming, cognitie en motivatie?



UPDRSIII = Case*** + Exercise** + Age + Education + MMSE*: ($F(5,62)=30$, $R^2\text{adj} 0.686$, $p < .0001$)

Case: $\beta = 17.5$ ($p = 4.62e-09$)*** MMSE: $\beta = -1.3$ ($p = .027$)* Age: $\beta = 0.4$ ($p = .019$)* Exercise $\beta = -1.7$ ($p = 0.006$)

3. PMS// cognitie vervolg...

Cognitieve subdomeinen: executief (TMTB-A), aandacht (DSF/DSB), taal (BNT), geheugen (RAVLT)

Initiatietijd, invloed complexiteit en cueing

Onderzoeksvragen

1. PMS fenotypering → all over the place
2. PMS <-> stemming/motivationele/(cognitieve) symptomen
3. PMS // MMS in kader van “natuurlijke hersenveroudering”? (wat?)

3. PMS // MMS bij “natuurlijke hersenveroudering”?

RESEARCH ARTICLE

Mild Motor Signs in Healthy Aging Are Associated with Lower Synaptic Density in the Brain

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⁴Geriatric Psychiatry, University Psychiatric Center KU Leuven, Leuven, Belgium

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⁶Department of Radiology, University Hospitals Leuven, Leuven, Belgium

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⁸Department of Imaging and Pathology, Nuclear Medicine and Molecular Imaging, KU Leuven, Leuven, Belgium

ABSTRACT: **Objective:** To investigate whether mild motor signs (MMS) in old age correlate with synaptic density in the brain.

Background: Normal aging is associated with a decline in movement quality and quantity, commonly termed “mild parkinsonian signs” or more recently MMS. Whether MMS stem from global brain aging or pathology within motor circuits remains unresolved. The synaptic vesicle glycoprotein 2A positron emission tomography (PET) ligand ¹¹C-UCB-J allows the investigation of brain-motor associations at the synaptic level *in vivo*.

Method: Fifty-eight healthy older adults (≥ 50 years) were included from two monocentric control cohorts. Brain magnetic resonance imaging and ¹¹C-UCB-J PET data were available in 54 participants. ¹¹C-UCB-J PET binding was quantified by standardized uptake value ratio (SUVR) values in grey matter (GM) volumes of interest (VOIs): caudate, putamen, globus pallidus, substantia nigra, thalamus, cerebellum, and the frontal, parietal, temporal, and occipital cortex. Multiple linear regression analyses were performed with Movement

Disorder Society-Unified Parkinson's Disease Rating Scale (MDS-UPDRS) part III score measuring MMS as the dependent variable and mean SUVR values in each VOI as the independent variable with age, Fazekas score (white matter lesion [WML] load), VOI and cohort as covariates.

Results: Participants (68 ± 7.5 years; 52% female) had an average MDS-UPDRS part III score of 3.3 ± 2.8 . The MDS-UPDRS part III score was inversely associated with synaptic density, independently of WML load or GM volume, in the caudate, substantia nigra, thalamus, cerebellum, and parietal, occipital, temporal cortex. Cohen's f^2 showed moderate effect sizes for subcortical (range, 0.30–0.35), cortical (0.28–0.35) and cerebellar VOIs (0.31).

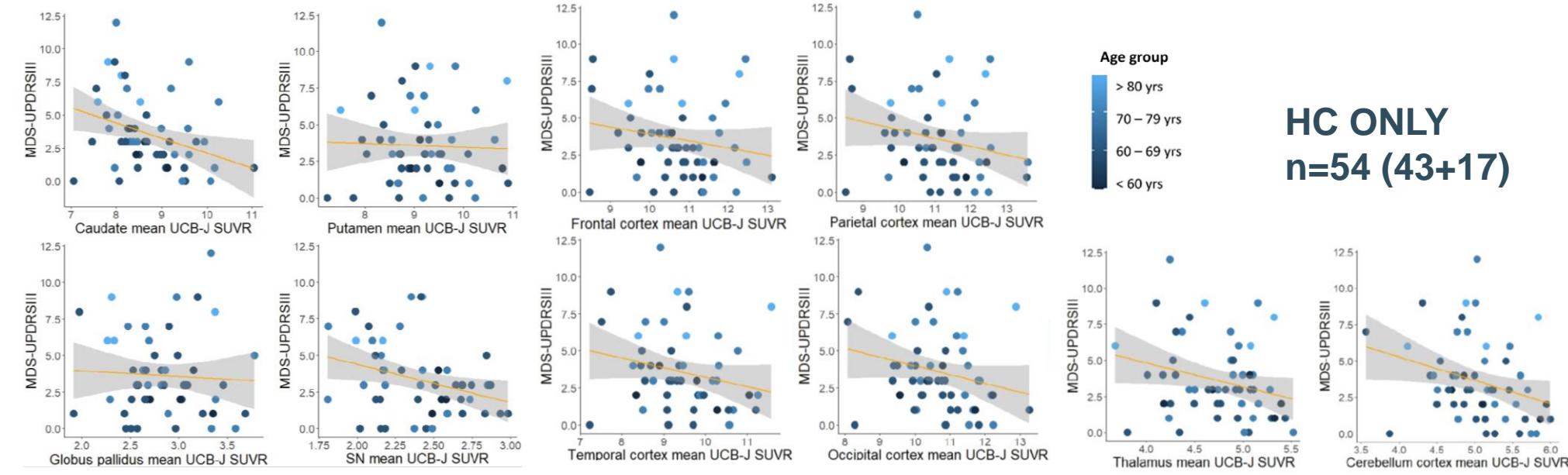
Conclusion: MMS in healthy aging are associated with lower synaptic density throughout the brain. © 2023 International Parkinson and Movement Disorder Society.

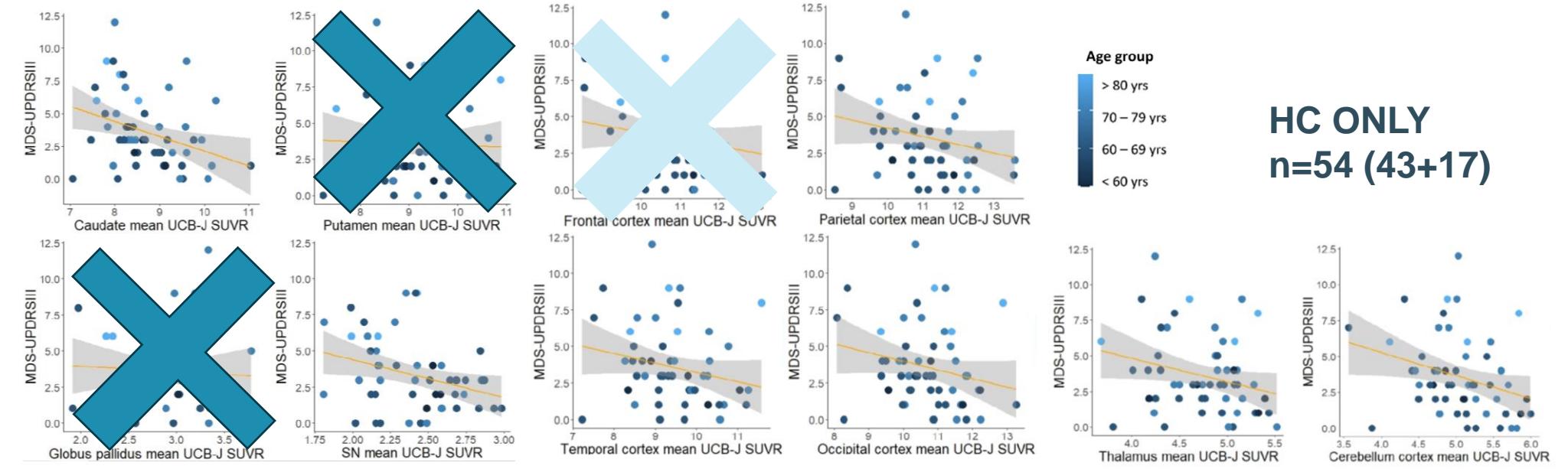
Key Words: mild parkinsonian signs; MRI; PET; synaptic density; aging

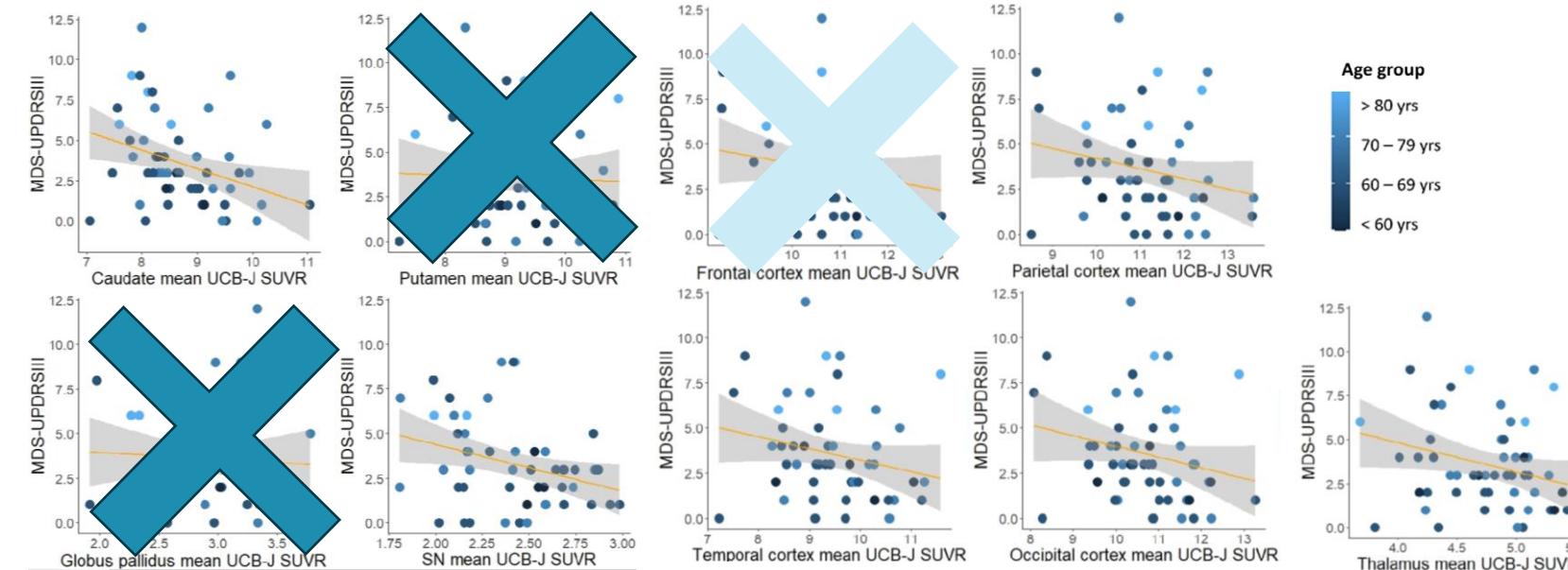
Conclusie:

MMS in gezonde ouderen (>50 jaar, n=54) zijn geassocieerd met veralgemeende corticale en subcorticale verminderde synaptische densiteit

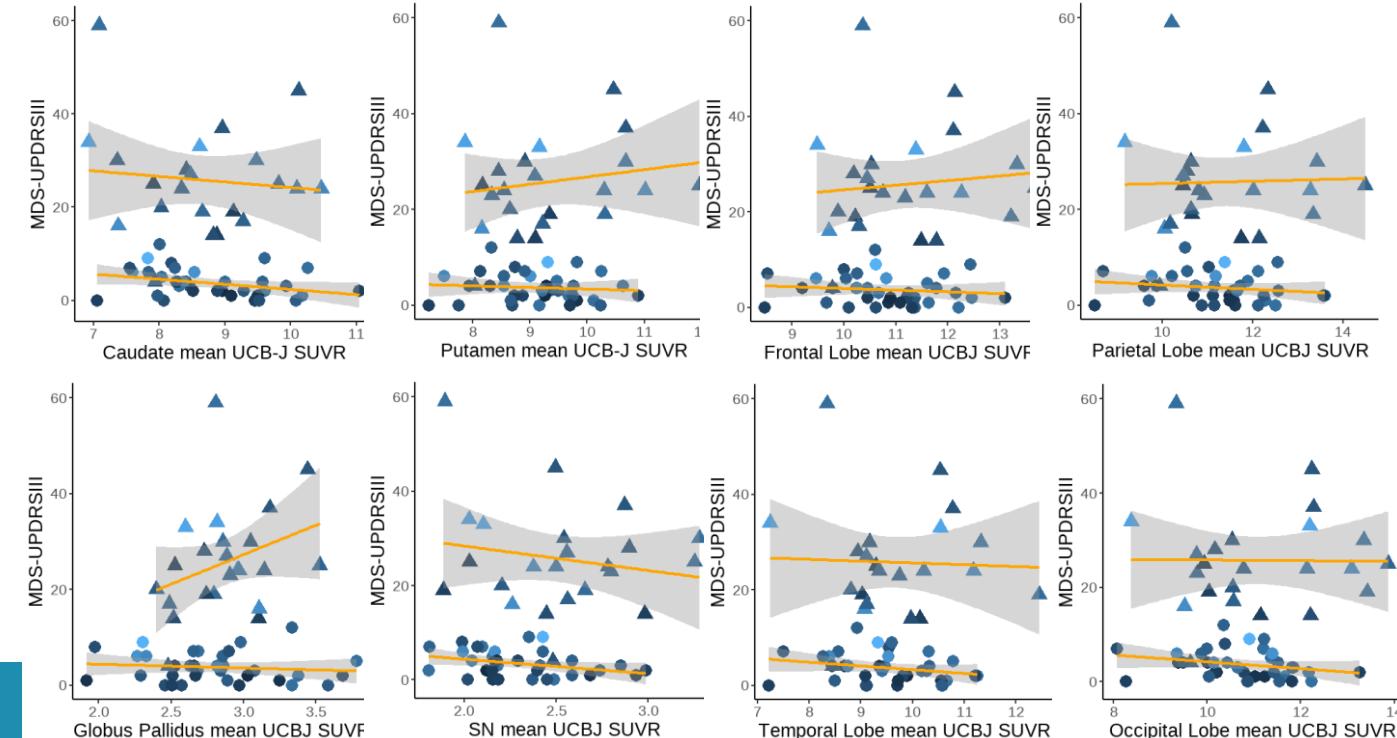
onafhankelijk van GMV
onafhankelijk van WML



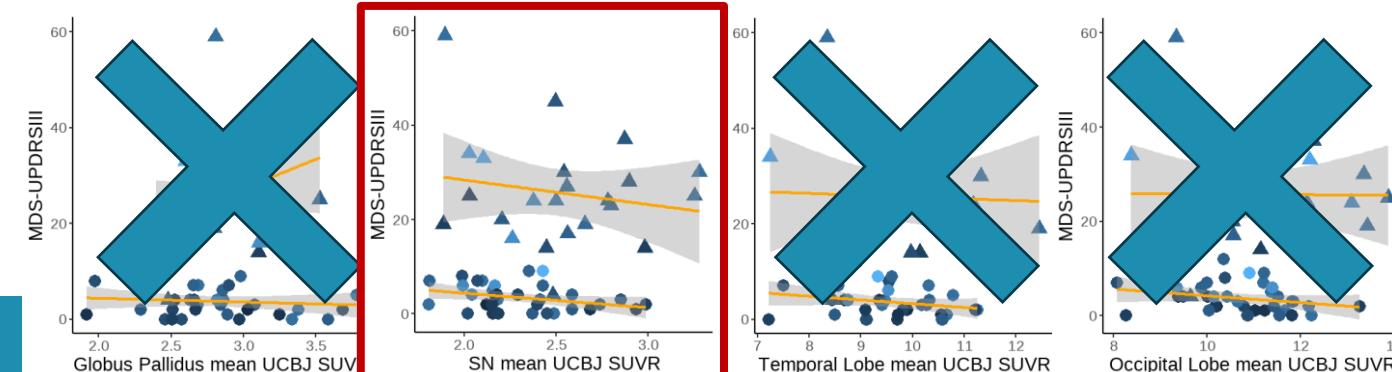
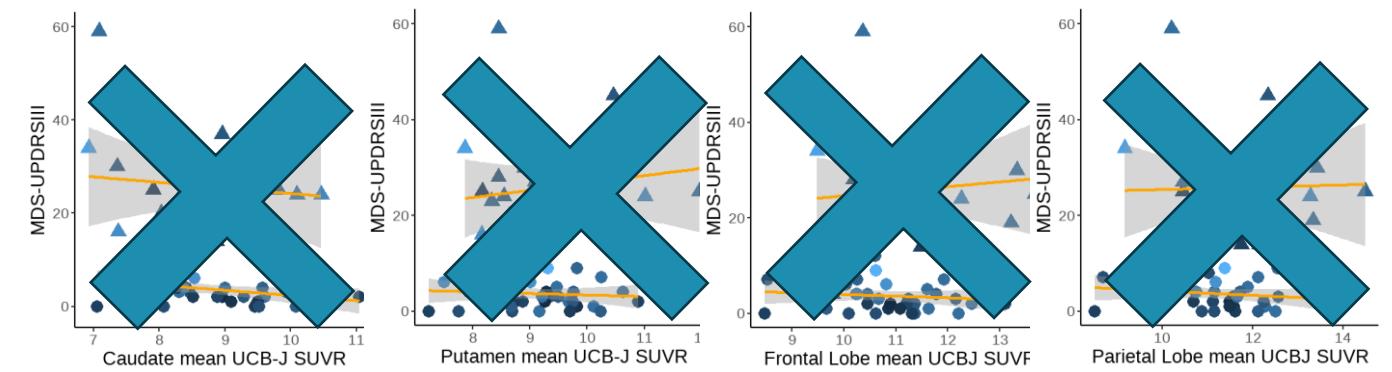
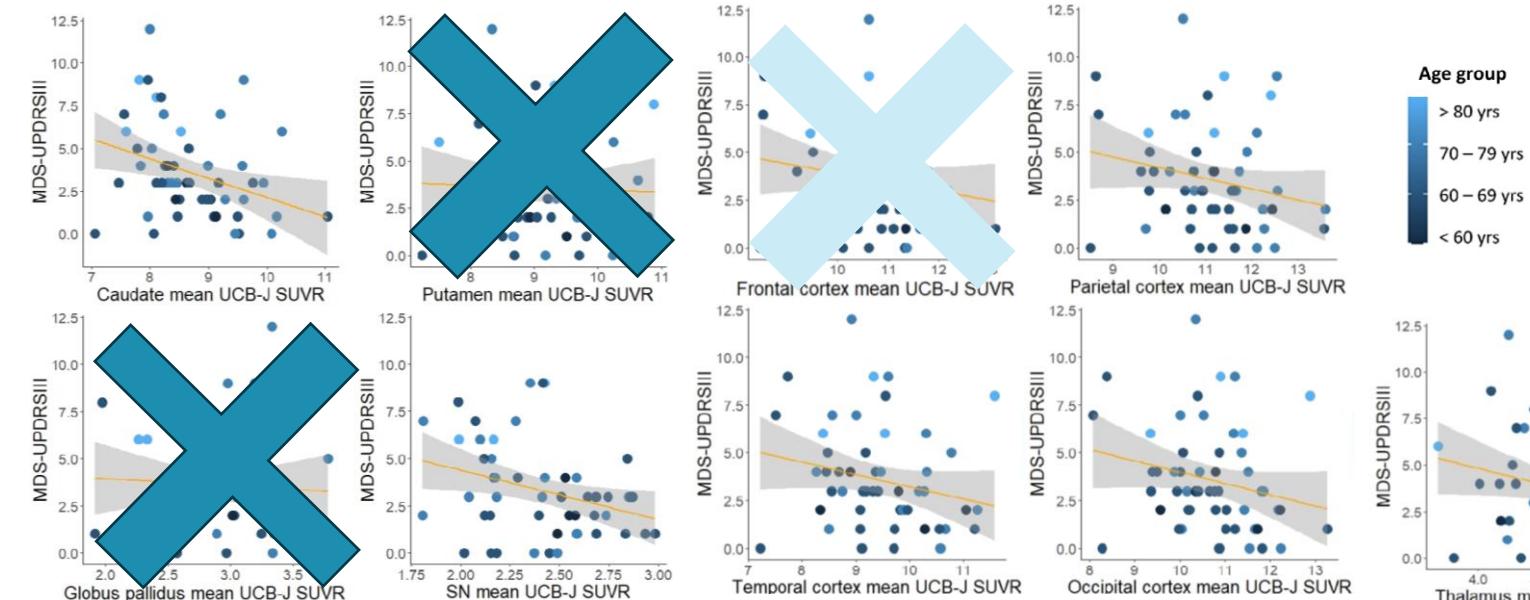




HC ONLY
n=54 (43+17)



HC + LLD
n= 76 (43+33)



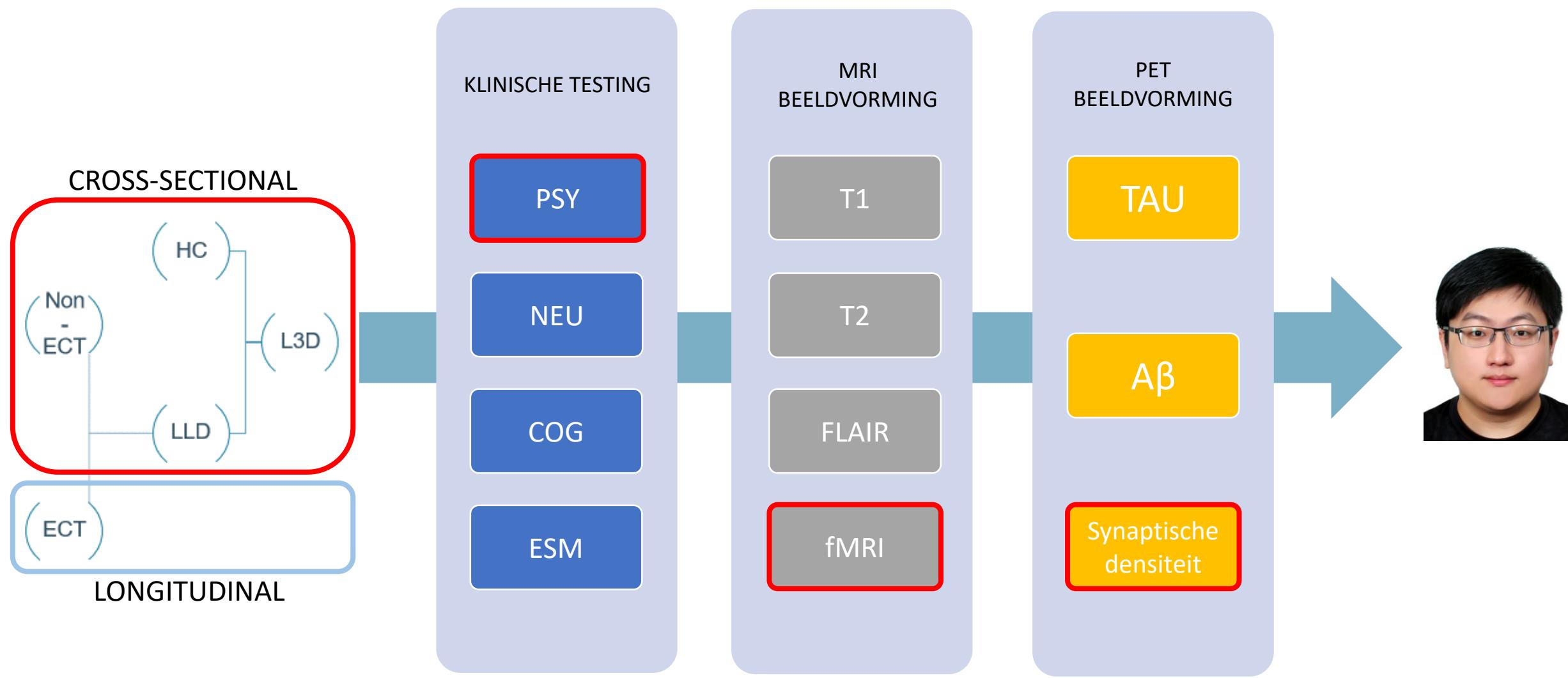
HC ONLY
n=54 (43+17)

HC + LLD
n= 76 (43+33)

Conclusie

1. PMS ~ alle motore domeinen en cortico-subcorticale modaliteiten
2. PMS ↙ antipsychotica of stemming/motivatie/cognitieve symptomen
3. PMS <-> MMS ~ wijdverspreide verminderde syn. densiteit in HC
4. PMS ~ verminderde synaptische densiteit in substantia nigra
5. Limitaties: sample size, WML quantificatie
6. Toekomst: neuropathologische veranderingen?

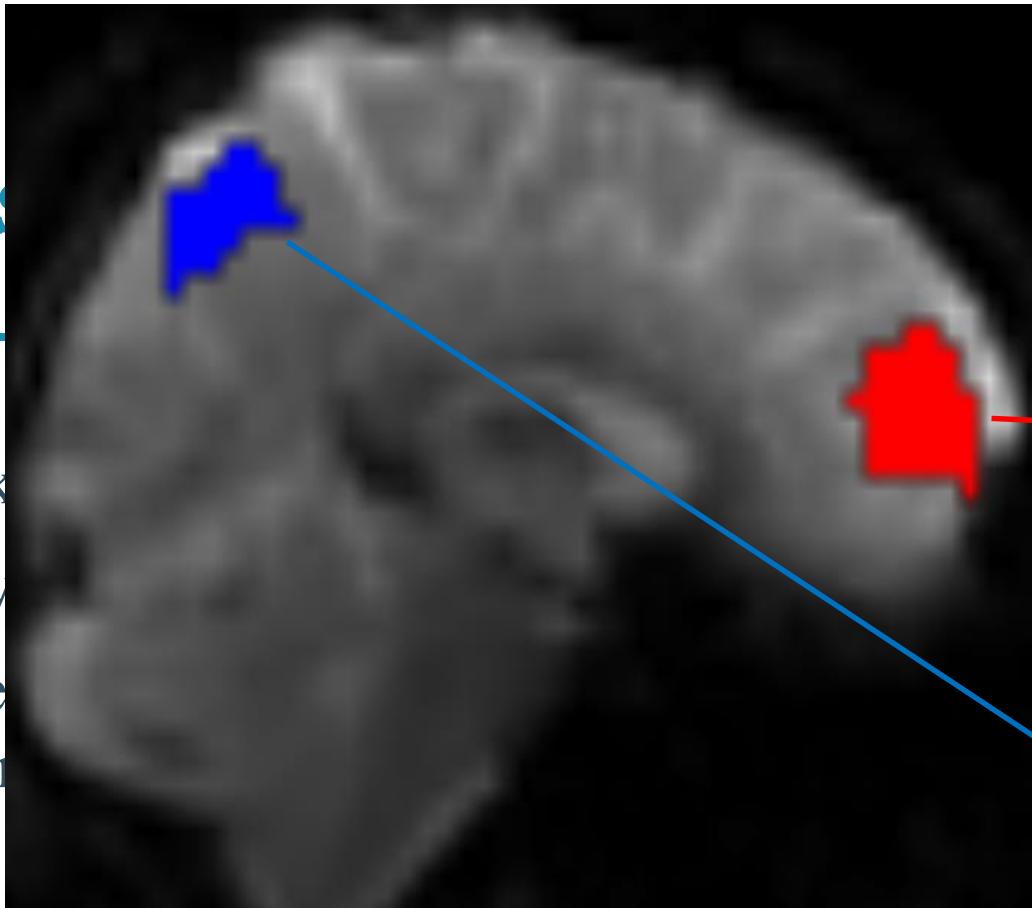
Resting state functional brain changes in late life depression



Resting State fMRI (rs-fMRI)

Task

- Eyes closed
- Feeding
- Functional



Functional Connectivity (FC)

- Synchronization of time courses between two brain regions



resting-state fMRI (rs-fMRI): a popular approach for Psychiatric Research

Well-investigated rs-fMRI findings in specific regions:

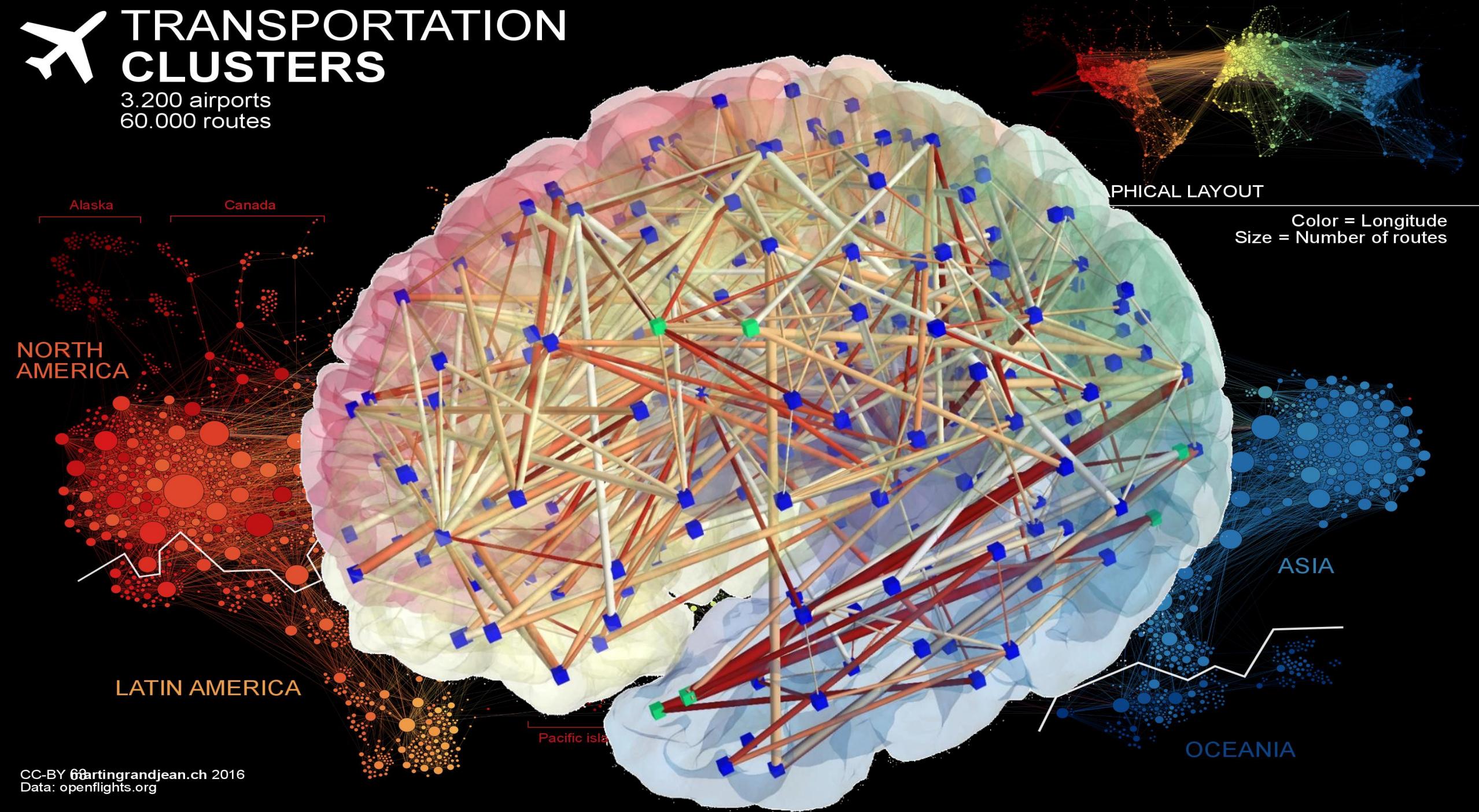
- FC, ReHo, ALFF, ... etc
- Across various psychiatric disorders

Shifted Attention to Network-Level Analysis – Graph Theory

- The Global and Nodal levels
- Functional Segregation, Functional Integration, Hub Identification

TRANSPORTATION CLUSTERS

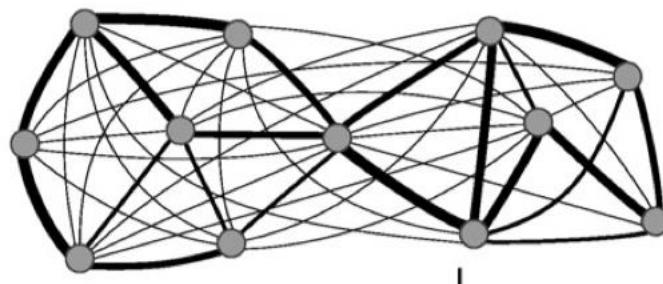
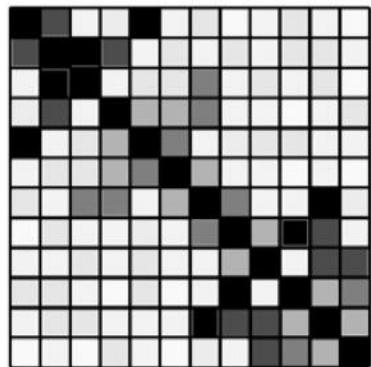
3.200 airports
60.000 routes



Network Construction

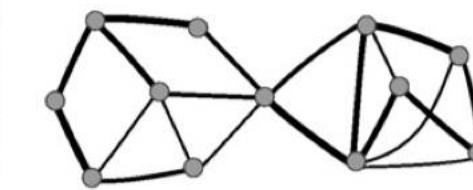
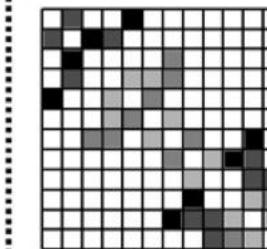
weighted undirected networks

structural datasets: diffusion MRI, structural MRI
functional datasets: functional MRI, MEG, EEG



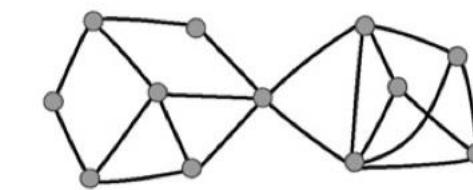
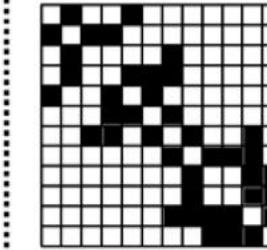
Threshold/Sparsity

weighted undirected networks



Binarize

binary undirected networks



(Rubinov and Sporns, 2010)

Global Topological Properties

Functional Segregation:

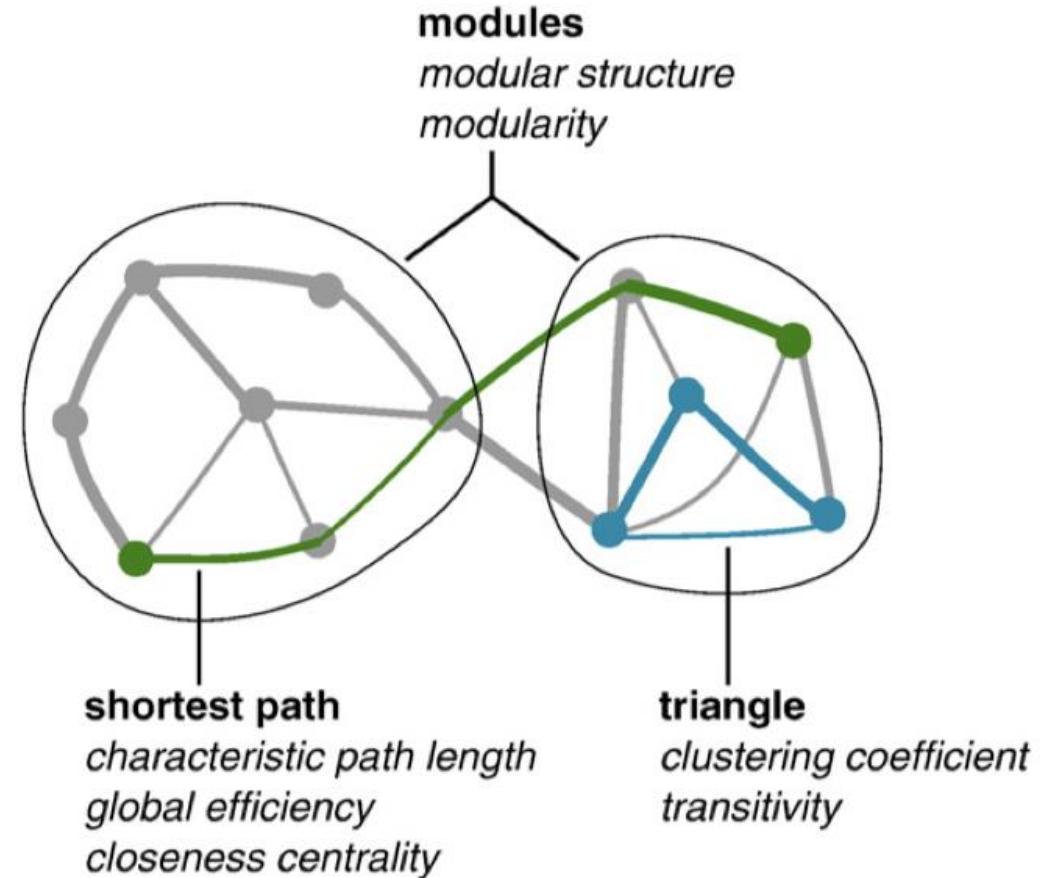
- Clustering Coefficient (CC)

Functional Integration:

- Characteristic Path Length (L_p)

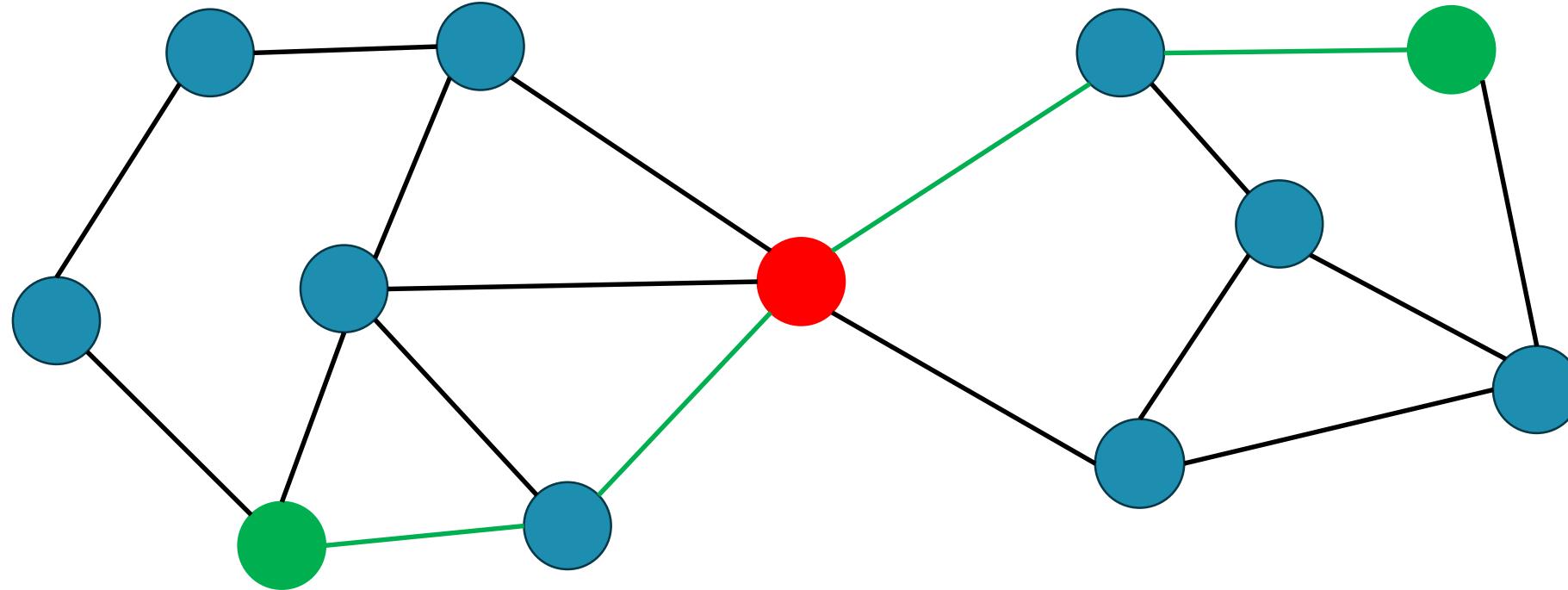
Small-Worldness (σ)

- The balance of CC and L_p



Hub Identification – Betweenness Centrality (BC)

- The extent of **shortest paths** between all node pairs in the network that pass through a given index node



Gaps in previous studies applying Graph Theory-based approach to LLD patients:

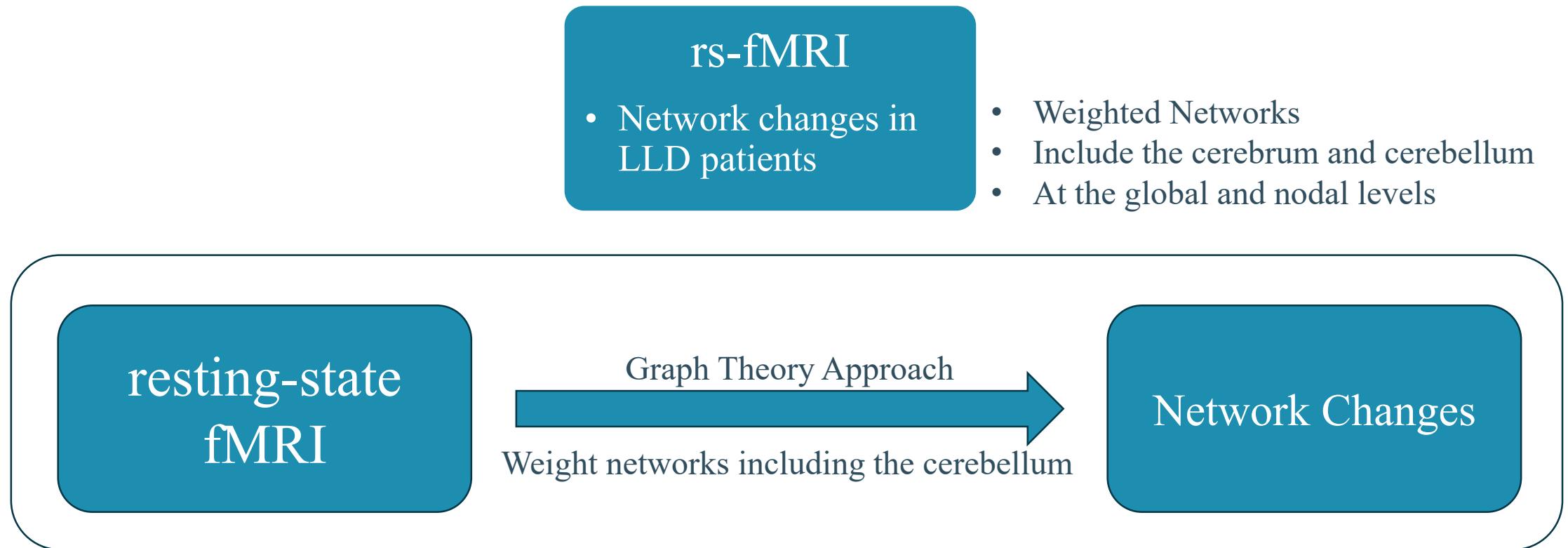
Rare Utilization of Weighted Networks

Exclusion of the Cerebellum from Network Construction

Corresponding changes in Synaptic Density (SD)?

- The association between regional SD and rs-fMRI activities in healthy young adults and depressive patients (Holmes et al., 2019; Fang et al., 2023)
- Unclear relationship between SD and rs-fMRI topological properties in LLD patients

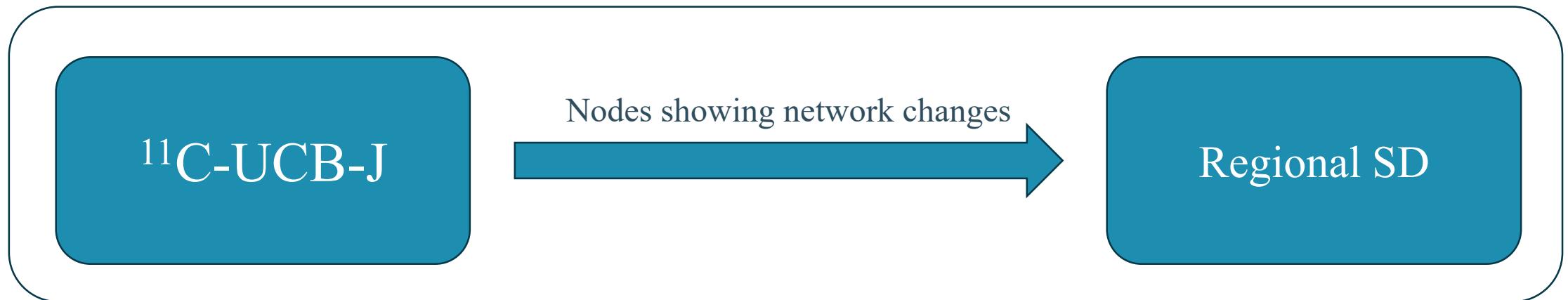
Hypothesis 1: rs-fMRI network changes in LLD patient



Hypothesis 2: Corresponding changes in regional SD

rs-fMRI

- Network changes in LLD patients
- Weighted Networks
- Include the cerebrum and cerebellum
- At the global and nodal levels



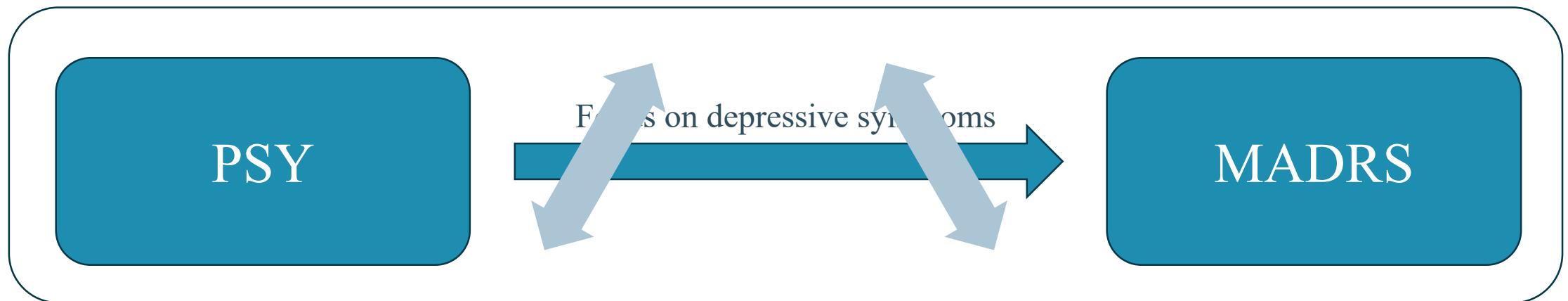
^{11}C -UCB-J

- Regional Synaptic Density (SD) changes

Hypothesis 3: Relationships among SD, BC, and Depression

rs-fMRI

- Network changes in LLD patients
- Weighted Networks
- Include the cerebrum and cerebellum
- At the global and nodal levels



¹¹C-UCB-J

- Regional Synaptic Density (SD) changes

PSY

- Depressive symptoms (MADRS)

	HC (n = 33)	LLD (n = 18)	Group Comparison
Age (Year)	70.48 ± 6.37	71.39 ± 5.77	$t = -0.515, p = 0.61$
Sex (female/male)	20/13	13/5	$\chi^2 = 0.274, p = 0.601$
MMSE	29.09 ± 0.98	26.44 ± 2.99	$t = 3.645, p = 0.002^{**}$
MADRS	0.88 ± 1.71	26 ± 11.34	$t = -9.337, p < 0.001^{***}$

Weighted Networks including the cerebrum and cerebellum

272 nodes/ROIs:

- 246 cerebral ROIs from the Brainnetome Atlas
- 26 cerebellar ROIs from the AAL3 Atlas

7 sparsity/threshold levels: 10%-40% with steps of 5%

Non-Parametric Permutation Tests with 5000 iterations

The associations among rs-fMRI network changes, Regional SD, and depressive symptoms

Spearman Correlation

- Covariates: age, gender



11C-UCB-J

- Regional Synaptic Density (SD)

PSY

- Depressive symptoms (MADRS)

Criteria for robust results

1. The selected threshold: $p < 0.01^{**}$
 - Network change (BC)
 - Spearman correlations among SD, BC, and MADRS
2. Significant at least 2 continuous sparsity levels

rs-fMRI

- Network changes in LLD patients?

- Weighted Networks
- Include the cerebrum and cerebellum
- At the global and nodal levels



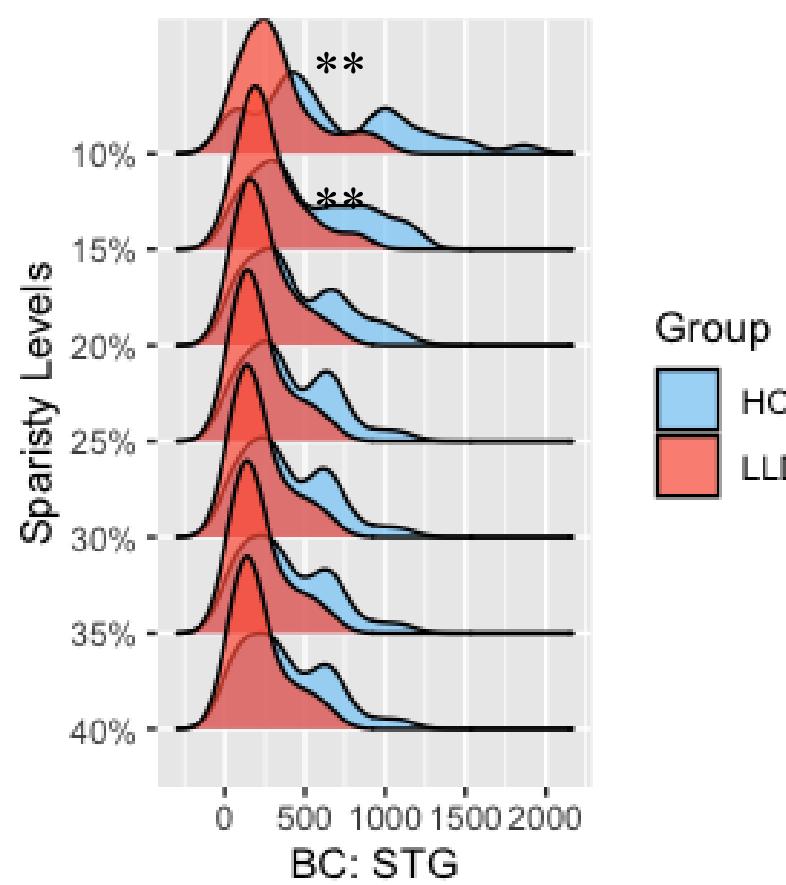
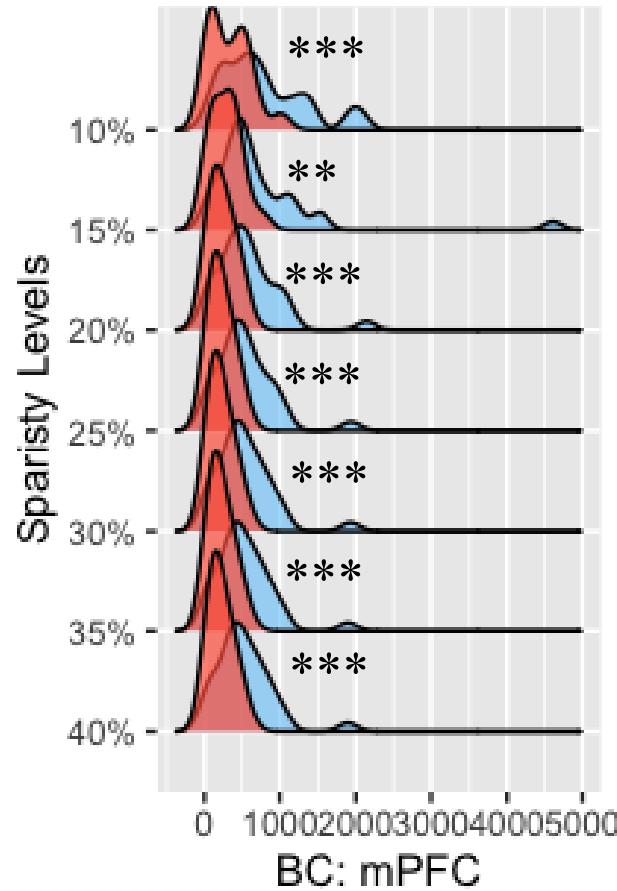
¹¹C-UCB-J

- Regional Synaptic Density (SD)

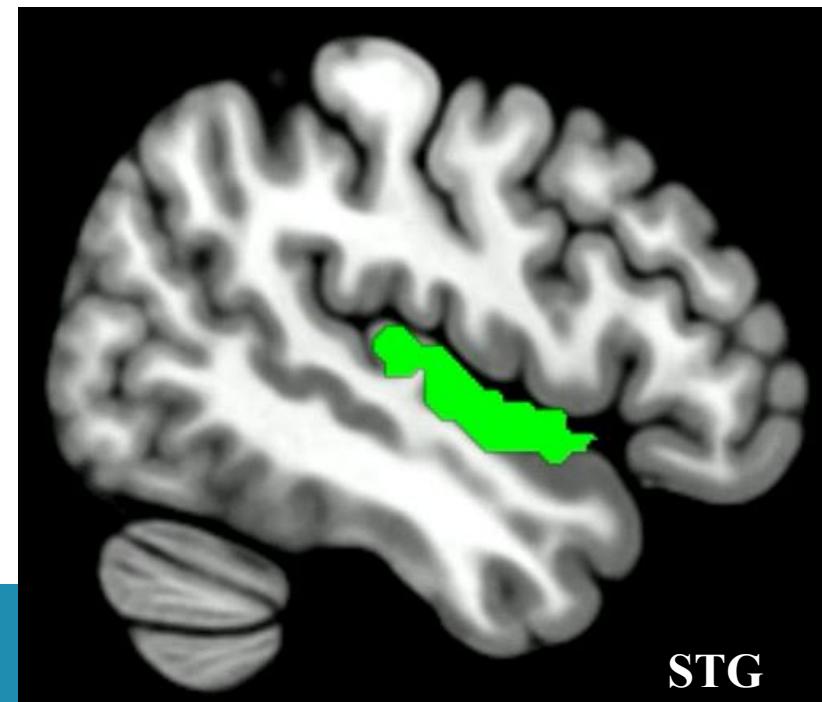
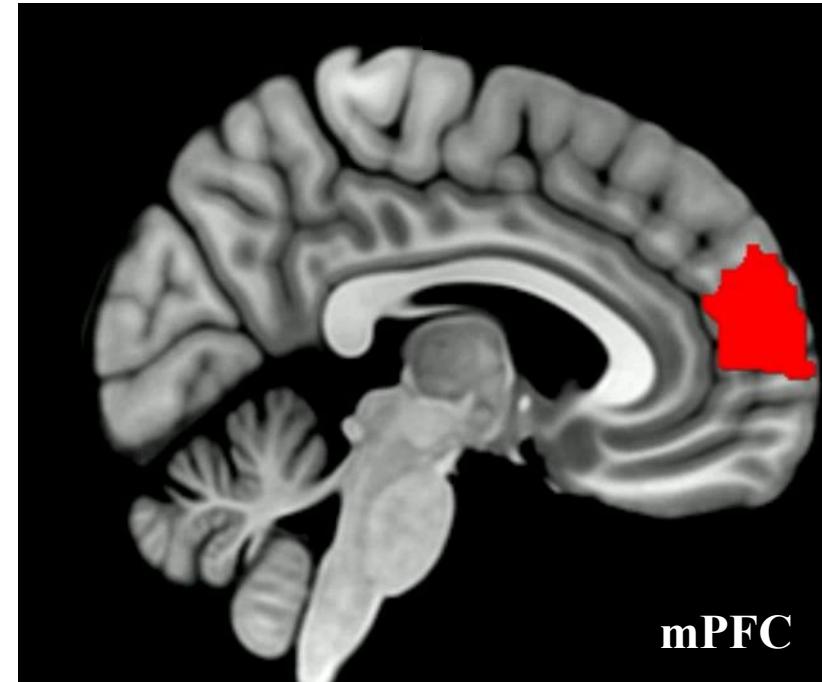
PSY

- Depressive symptoms (MADRS)

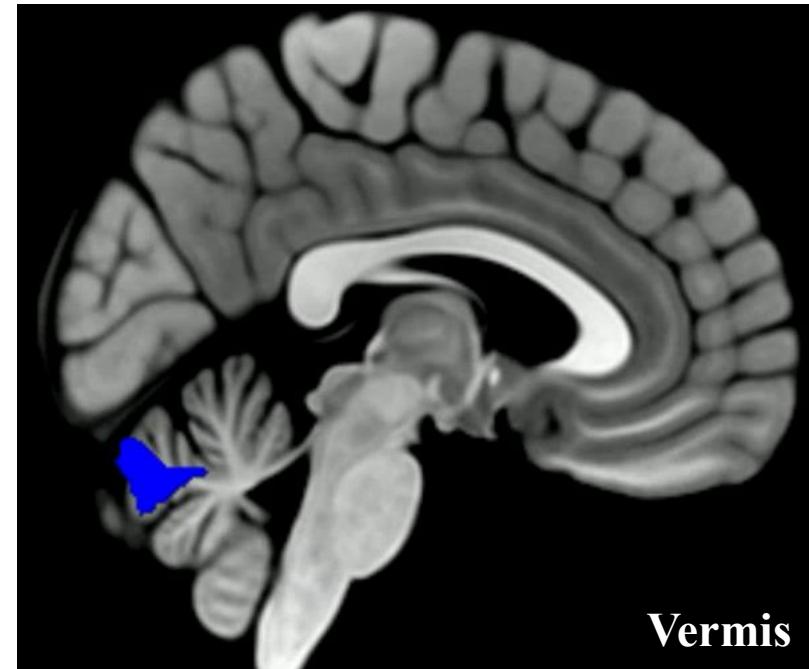
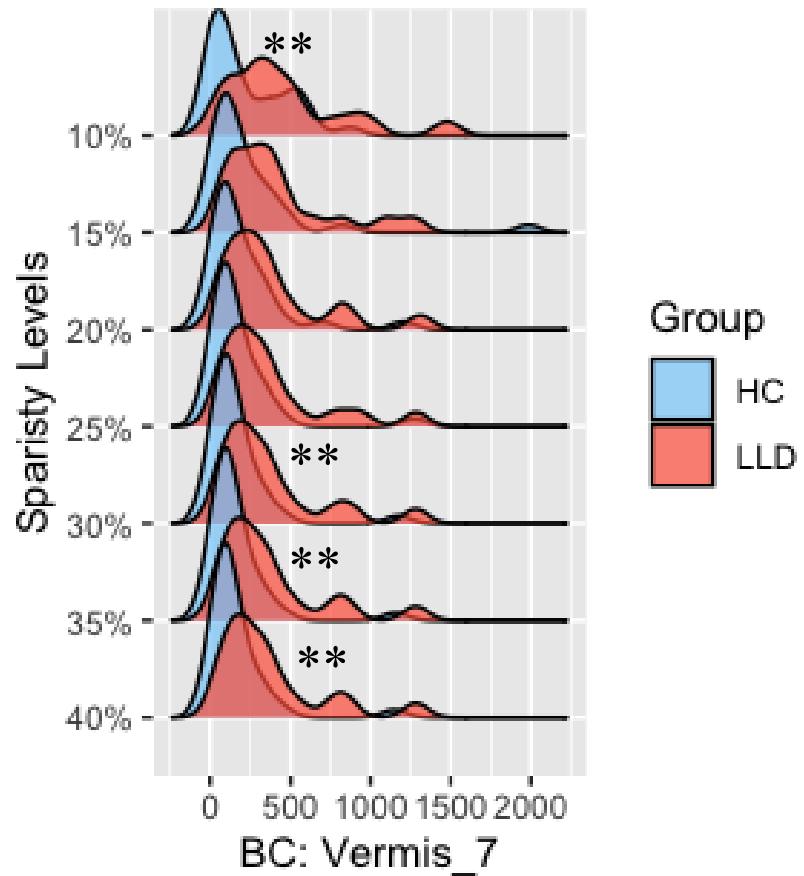
Decreased BC were found in the mPFC and left STG



Group
HC
LLD



Increased BC was found in the Vermis



rs-fMRI

- Network changes in LLD patients?

- Weighted Networks
- Include the cerebrum and cerebellum
- At the global and nodal levels

No Group Difference

¹¹C-UCB-J

- Regional Synaptic Density (SD) changes?

PSY

- Depressive symptoms (MADRS)

No group difference in regional SD, but correlations between regional SD and BC

No group difference in nodes showing network changes:

- Decreased BC: the mPFC, left STG
- Increased BC: the Vermis

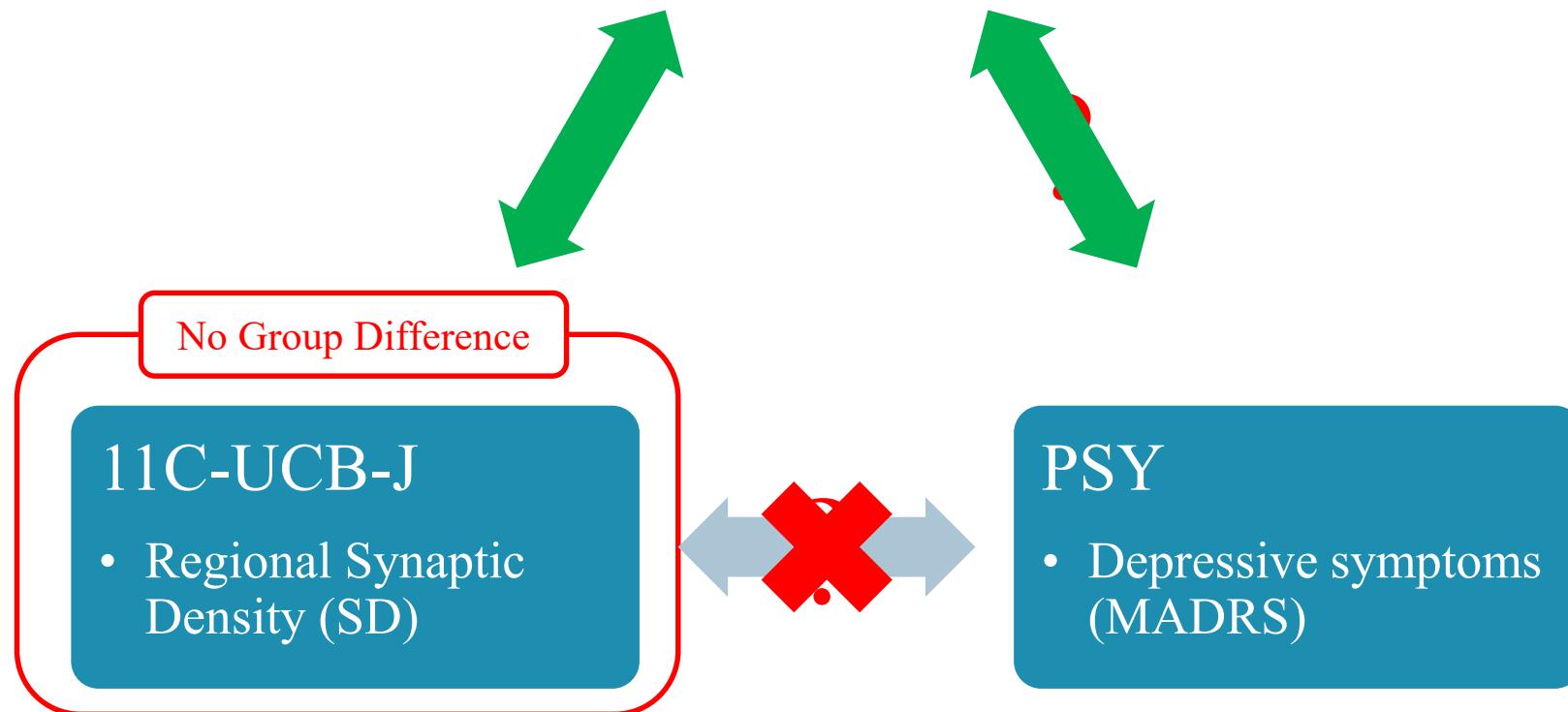
Positive Correlations between regional SD and BC in a cerebellar region across 3 sparsity levels

SD	TP		10%	15%	20%	25%	30%	35%	40%
Vermis_7	BC_117 ^a	r	0.227				0.761	0.761	0.761
		p	0.479				0.007**	0.007**	0.007**

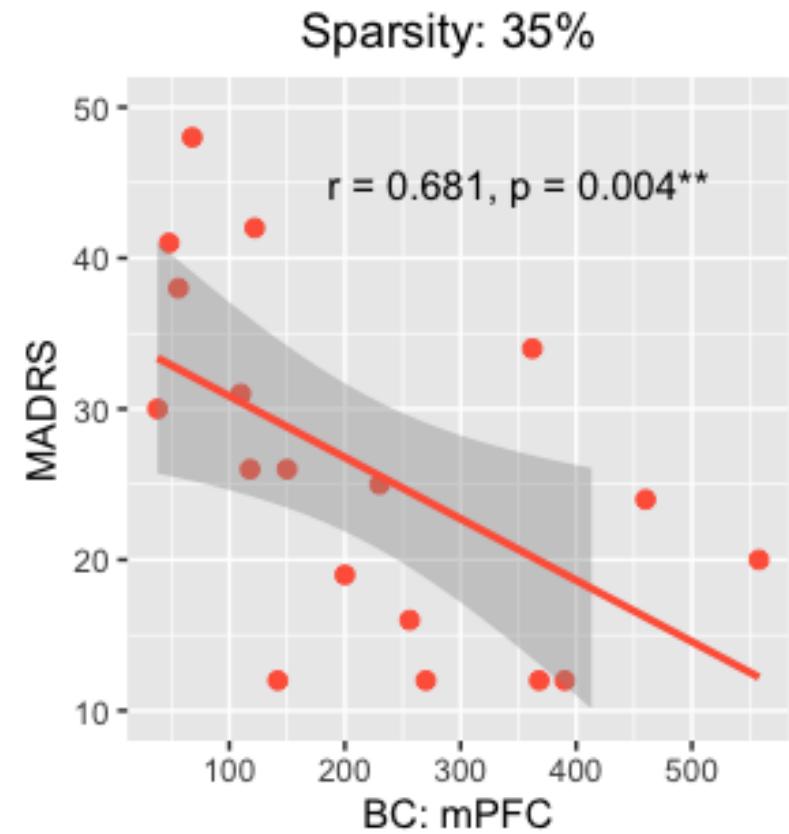
rs-fMRI

- Network changes in LLD patients

- Weighted Networks
- Include the cerebrum and cerebellum
- At the global and nodal levels



Depressive symptoms are reliably correlated with BC_{mPFC}, but not regional SD



Index	Direction	Label	Score	sig.	10%	15%	20%	25%	30%	35%	40%
BC	Worse	mPFC	MADRS	r	-0.644	-0.572	-0.707	-0.704	-0.681	-0.681	-0.681

p **0.007**** **0.02*** **0.002**** **0.002**** **0.004**** **0.004**** **0.004****

Main findings in LLD patients

1. Significant Hub changes in LLD patients

2. Regional SD is correlated to hub changes

3. Robust correlations between BC_{mPFC} and Depressive Symptoms

Hub alterations

rs-fMRI

- Network changes in LLD patients

BC_{vermis}

BC_{mPFC}

No Group Difference

¹¹C-UCB-J

- Regional Synaptic Density (SD)

PSY

- Depressive symptoms (MADRS)

Conclusion

1. Significant Hub changes in LLD patients

2. Regional SD is correlated to hub changes

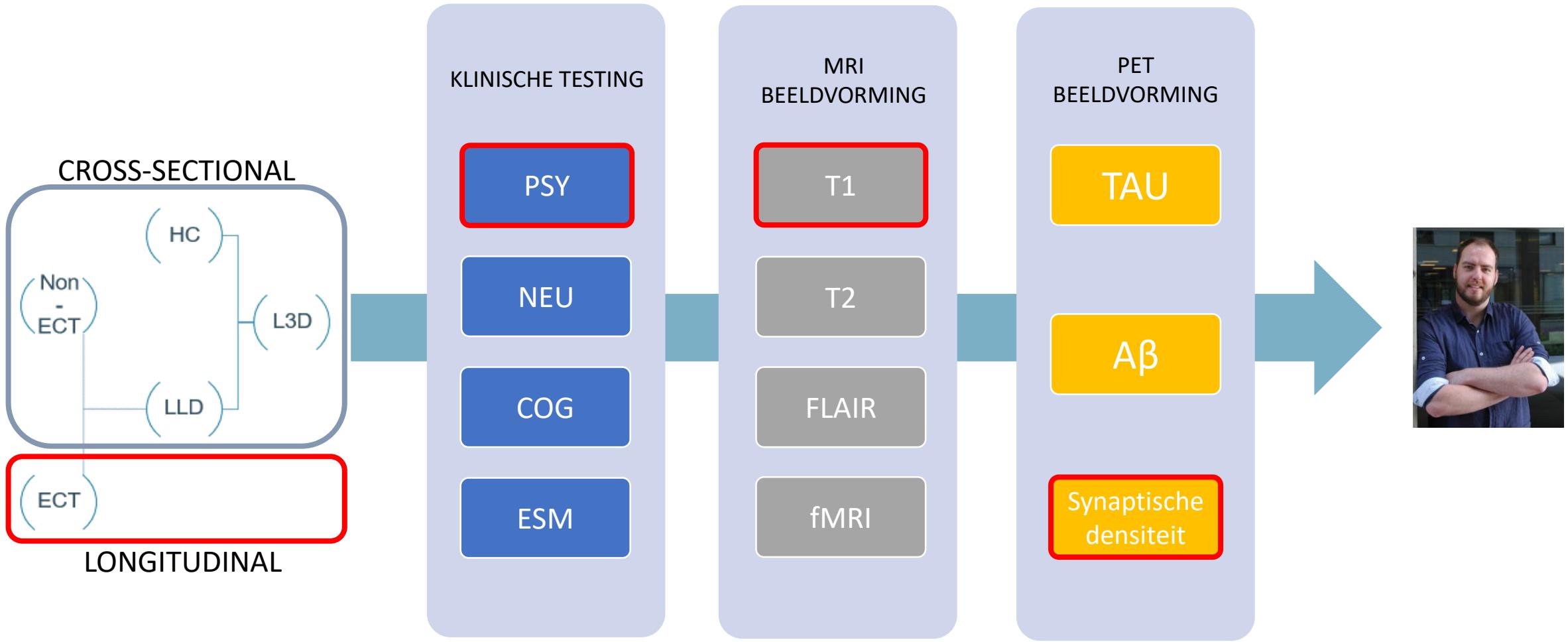
3. Robust correlations
between BC_{mPFC} and
Depressive Symptoms

The Pivotal Role of the mPFC in LLD

The Potential Involvement of
the Cerebellum

The Potential Sensitivity of SD
for Hub Changes

Synaptische plasticiteit: Een zoektocht naar het mechanisme achter ECT



Geschiedenis & Evolutie van ECT



- 1934: Ladislas Meduna (camphor)
- 1938: Ugo Cerletti & Lucio Bini
- 1944: Brief pulse
- 1952: modified ECT (anesthesie)
- 1976: FDA goedkeuring voor MDD

ECT & Depressie

Level A: Definite Evidence*

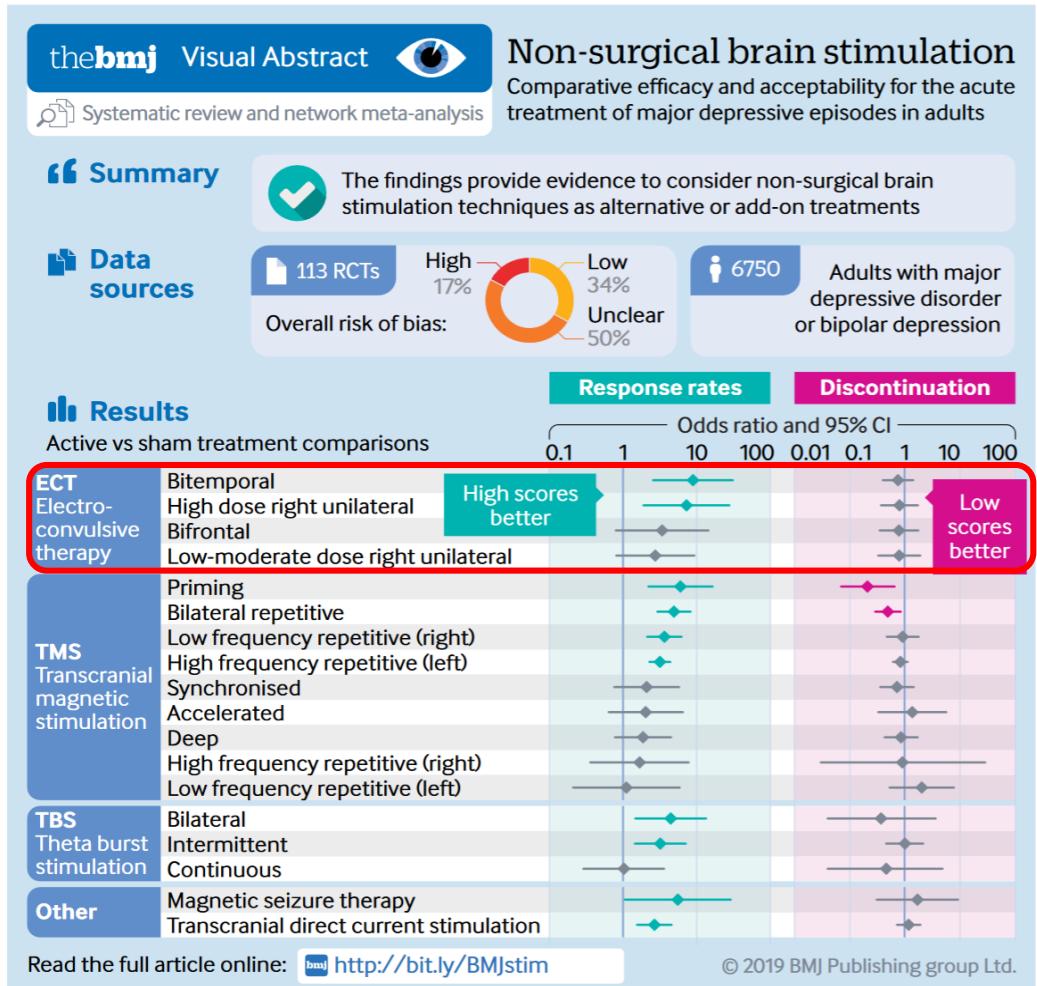
- Acute suicidaliteit
- MDD met psychotische kenmerken
- Therapie resistente depressie

Predictors of Response**

- Ernst van de depressie
- Leeftijd
- Psychotische kenmerken

Predictors of Remission**

- Leeftijd
- Psychotische kenmerken



Mutz et al., 2019

*Kennedy et al. 2009 J Affect Disord (CANMAT)

**Van Diermen et al. Br J Psychiatry

Neurobiologie van ECT

Gene Expression
Protein Synthesis

...

Moleculair

Neurogenesis
Synaptogenesis

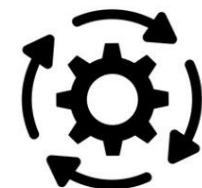
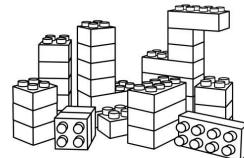
...

Structureel

Long term potentiation
Functional connectivity

...

Functioneel



Neurobiologie van ECT

Gene expression
Protein Synthesis
...

Moleculair



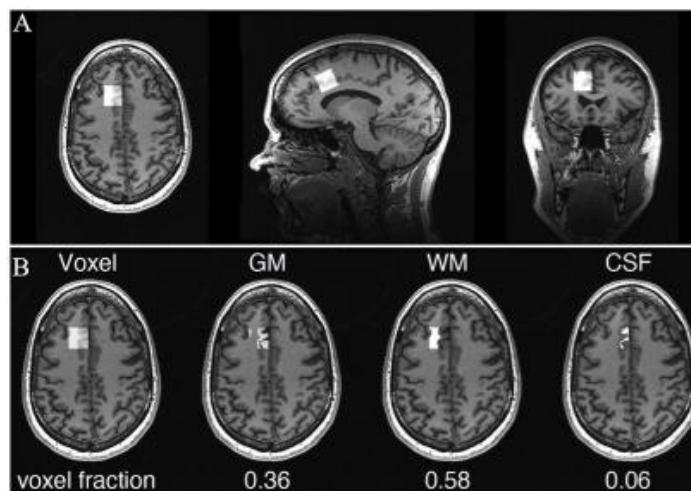
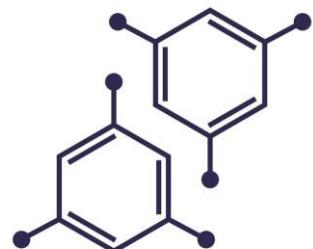
- Neurotrophic Factors
- Cytokines
- Hormones
- Metabolites
- Neurotransmitters
- Enzymes
- Others

Neurobiologie van ECT

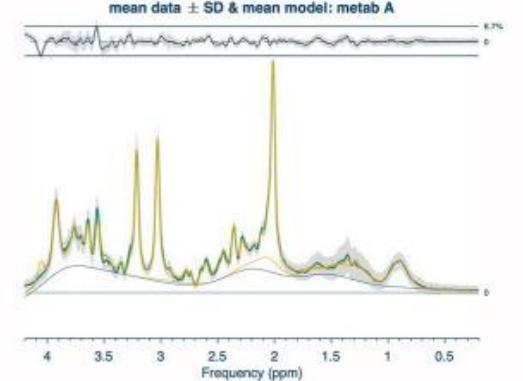
Gene expression
Protein Synthesis

...

Moleculair



N-acetylaspartate

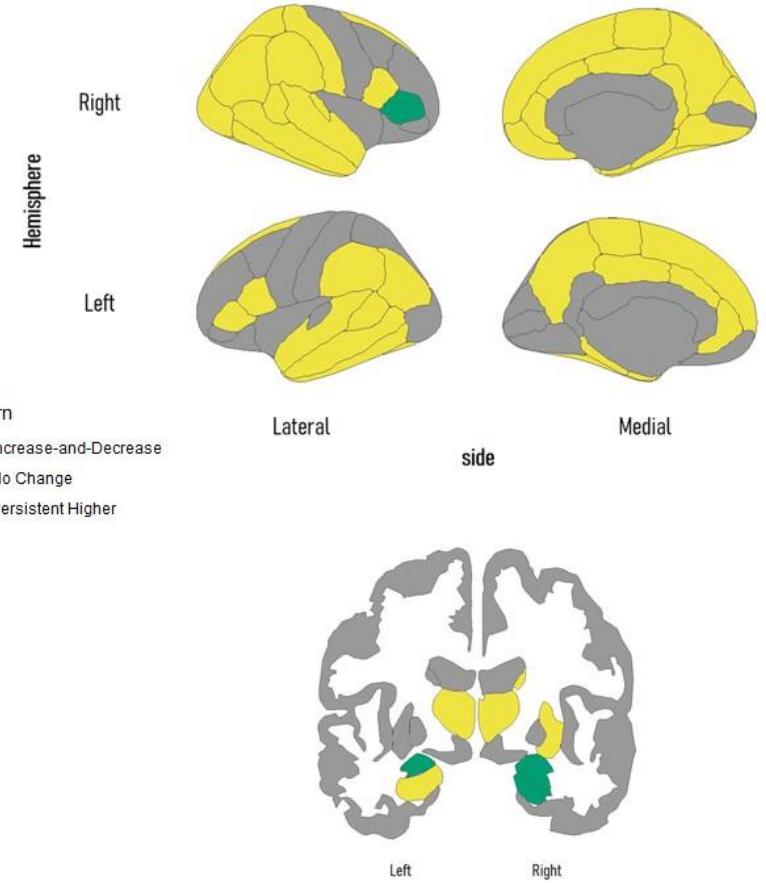
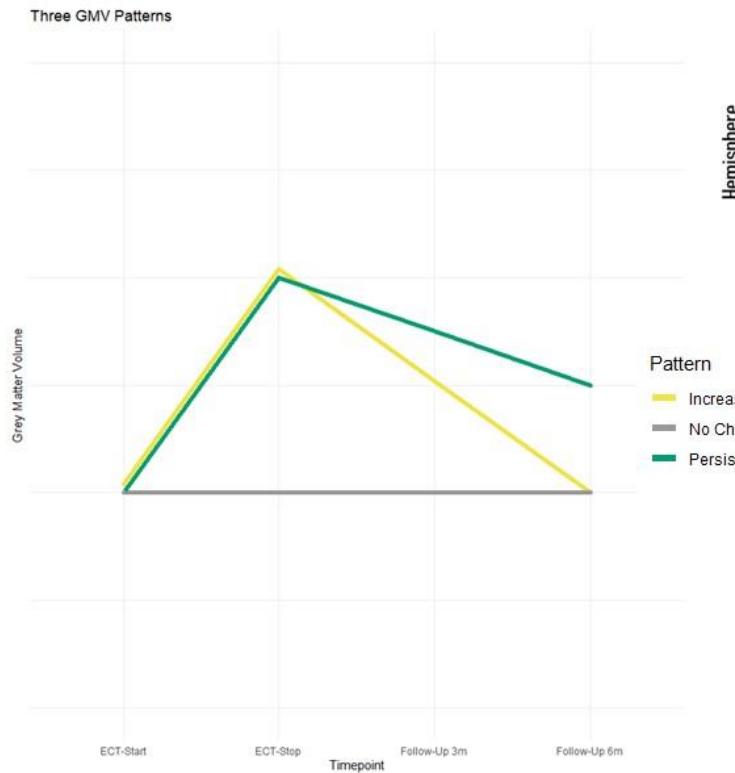
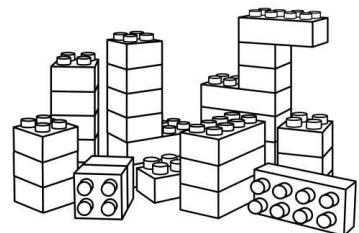


Neurobiologie van ECT



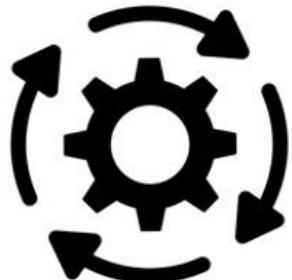
- Grey Matter Volume
- Cortical Thickness
- Morphology, shape & gyration
- White Matter
- Perfusion Effects
- Edema
- Other

Neurobiologie van ECT



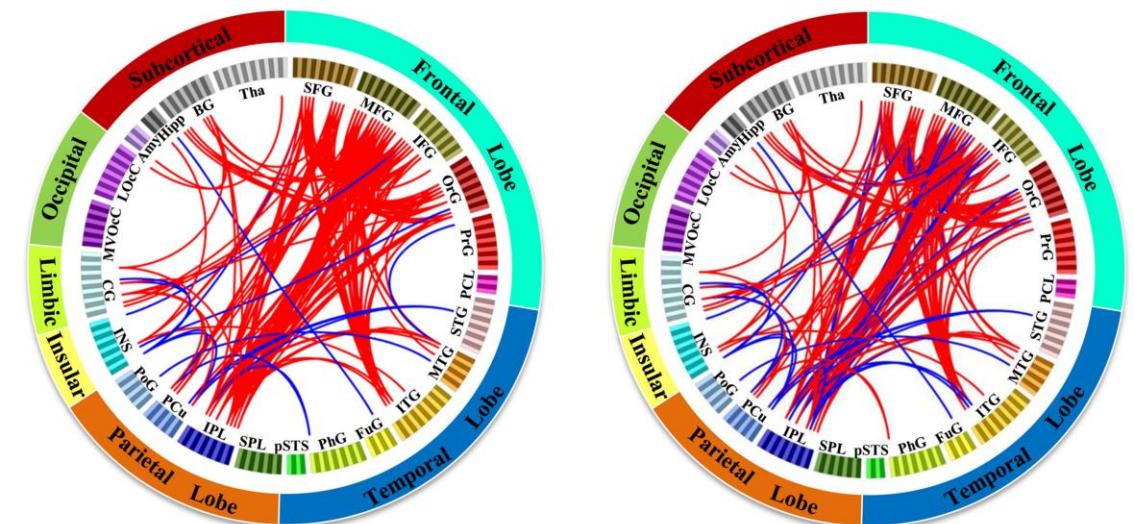
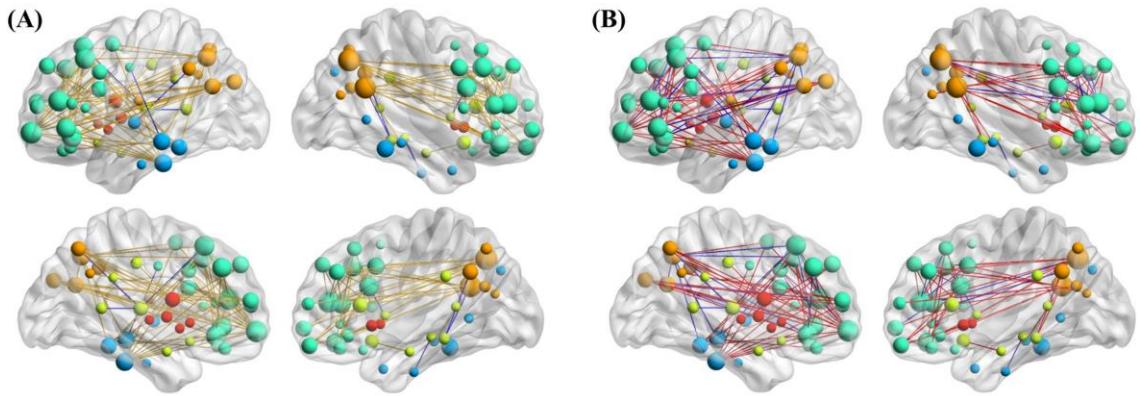
Laroy et al. (in prep)

Neurobiologie van ECT



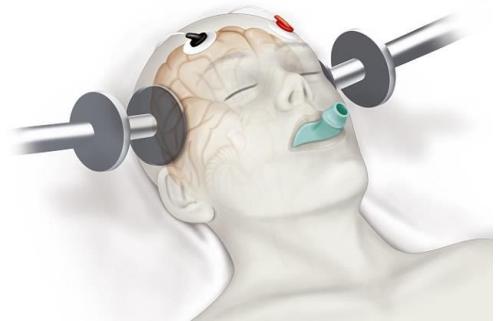
- Functional Connectivity
- (f)ALFF
- Task-based fMRI
- Graph Theory
- Cortical excitability
- Graph Theory

Neurobiologie van ECT

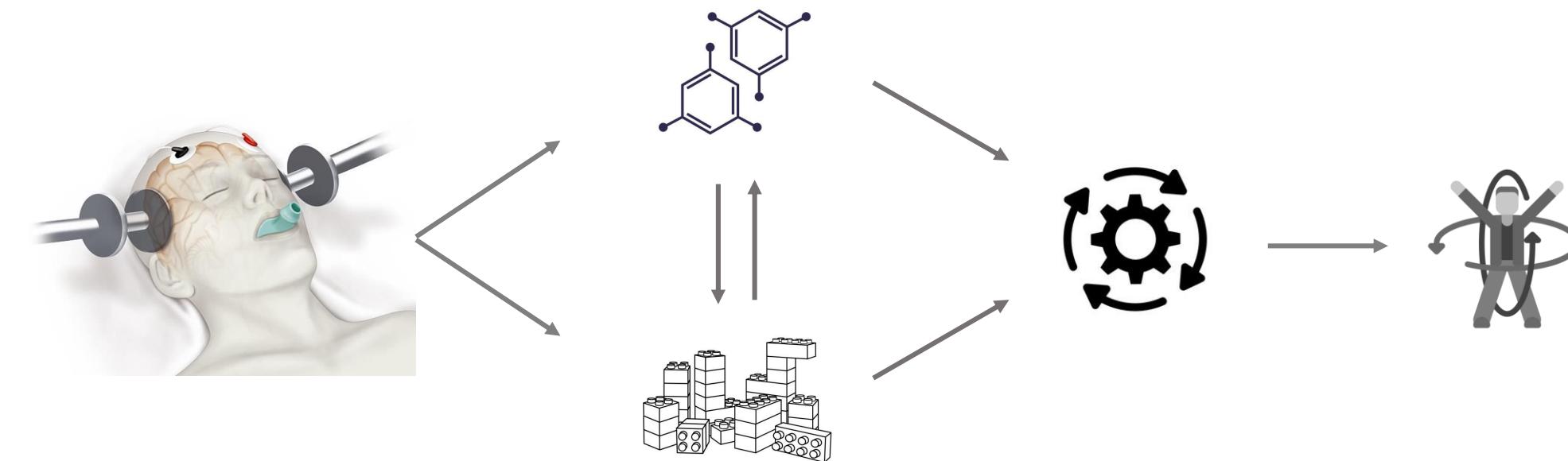


Li et al. 2022

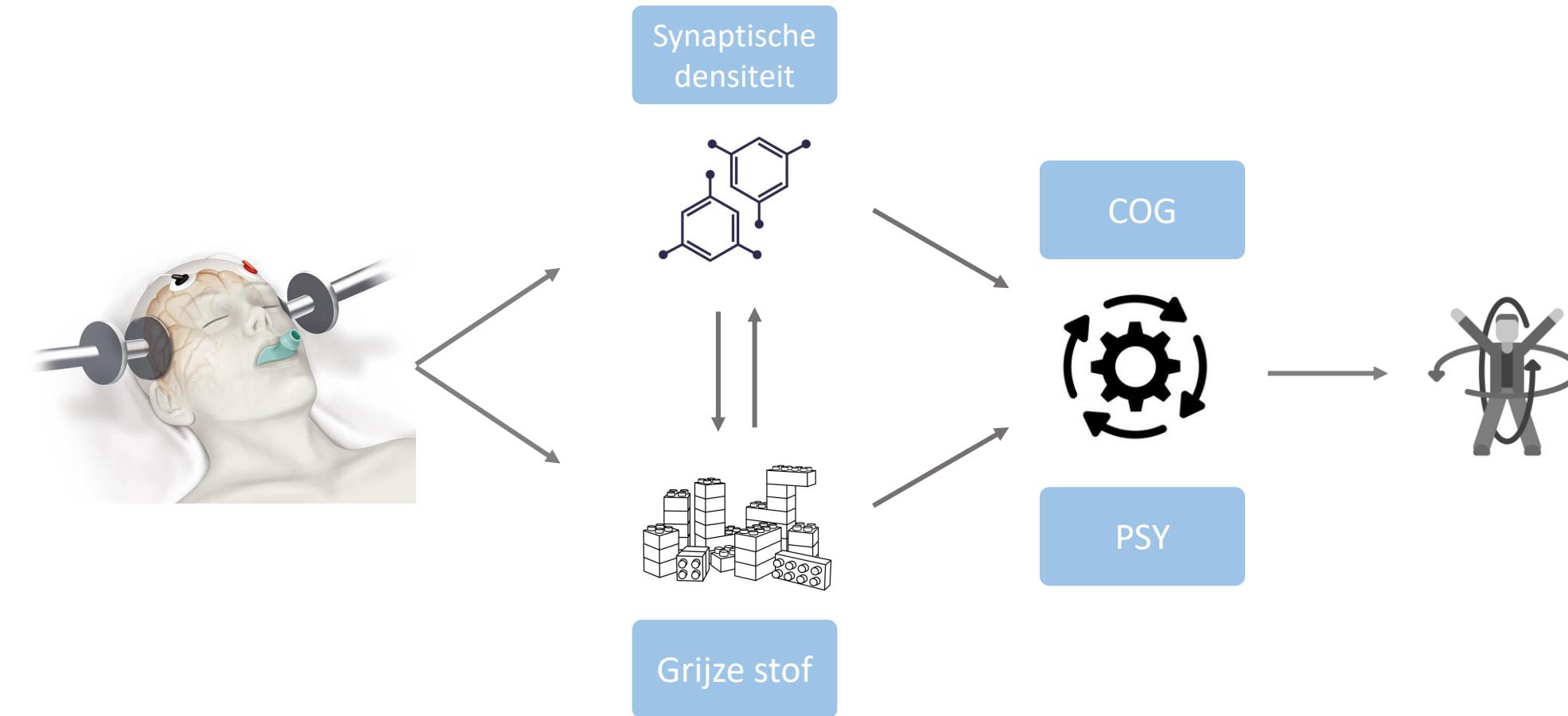
Wat is het werkingsmechanisme?



Wat is het werkingsmechanisme?



Neurobiologie van ECT

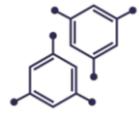


L3D: Synaptische plasticiteit bij ECT

Neuroplasticiteit



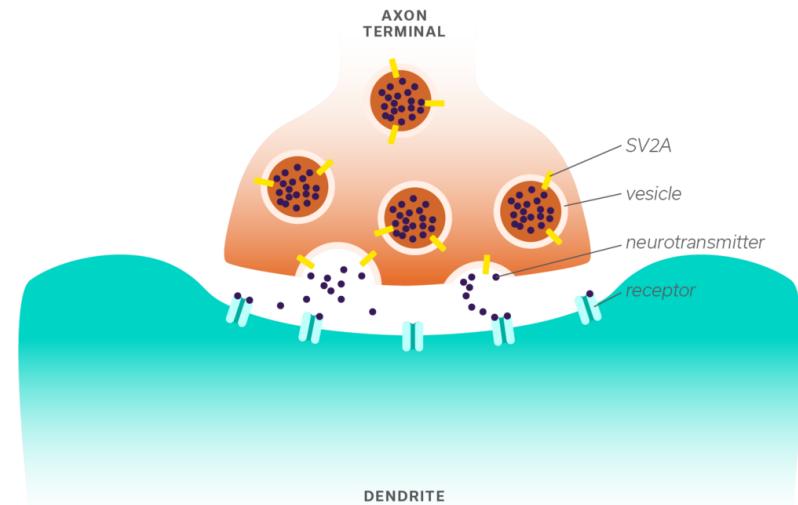
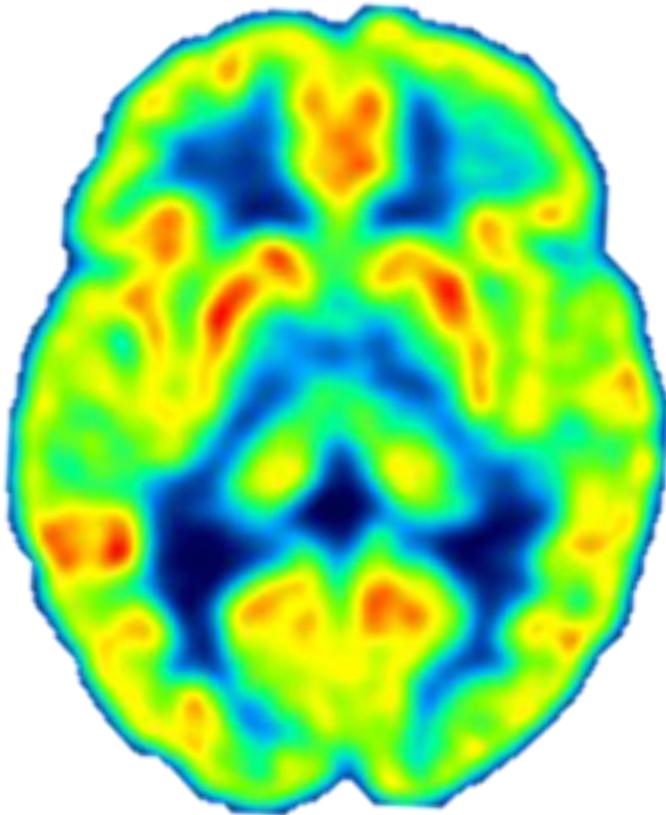
Moleculaire Beeldvorming - PET



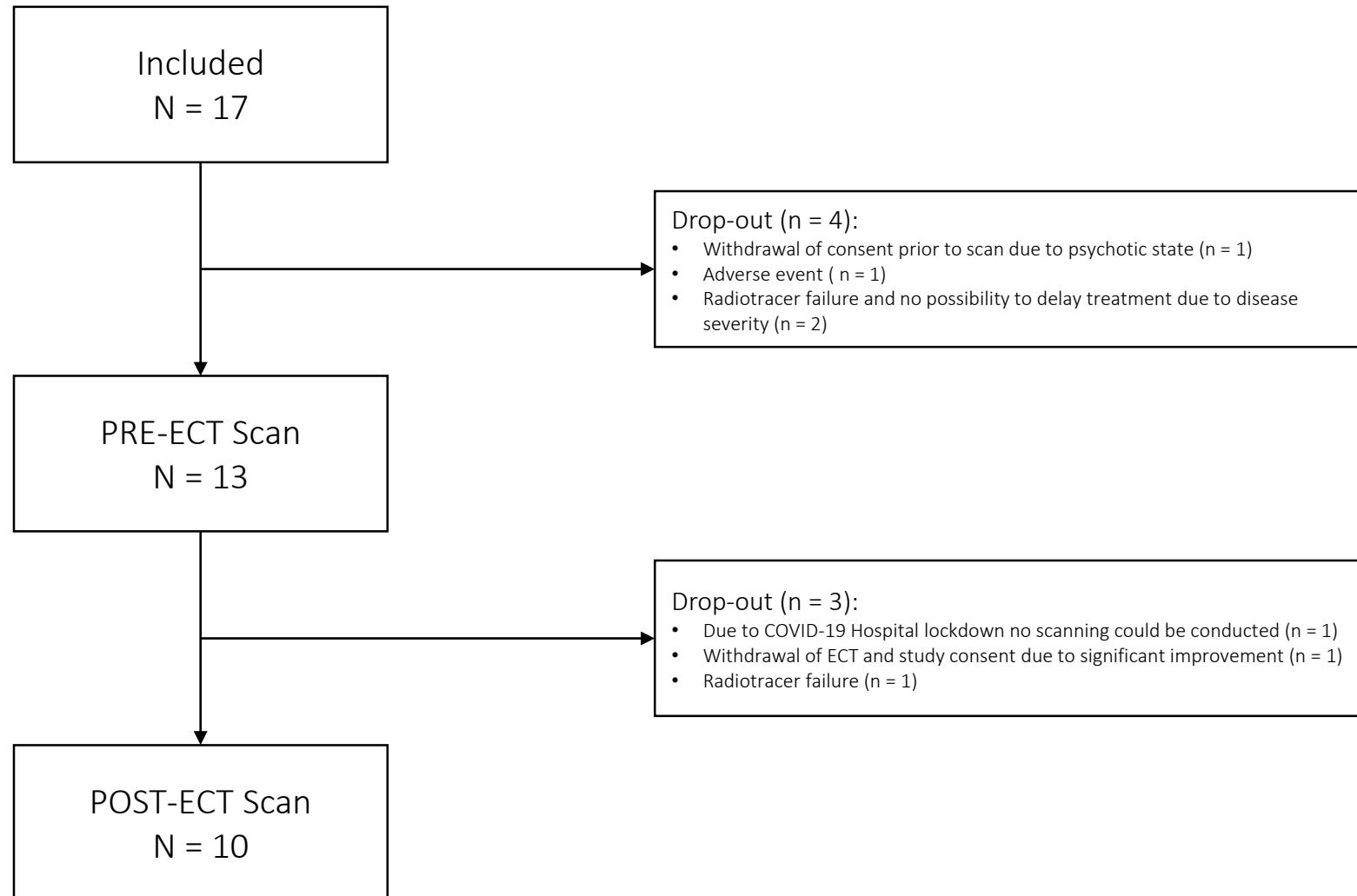
Structurele Beeldvorming - MRI



Longitudinaal design



L3D: Synaptische plasticiteit bij ECT



ECT Cohorte

- Leeftijd: 73j
- Sex: 9♀ - 1♂
- Psychotische kenmerken: 40%
- Late Onset Depression: 50%
- Age of onset: 50j
- Duur huidige episode: 27w

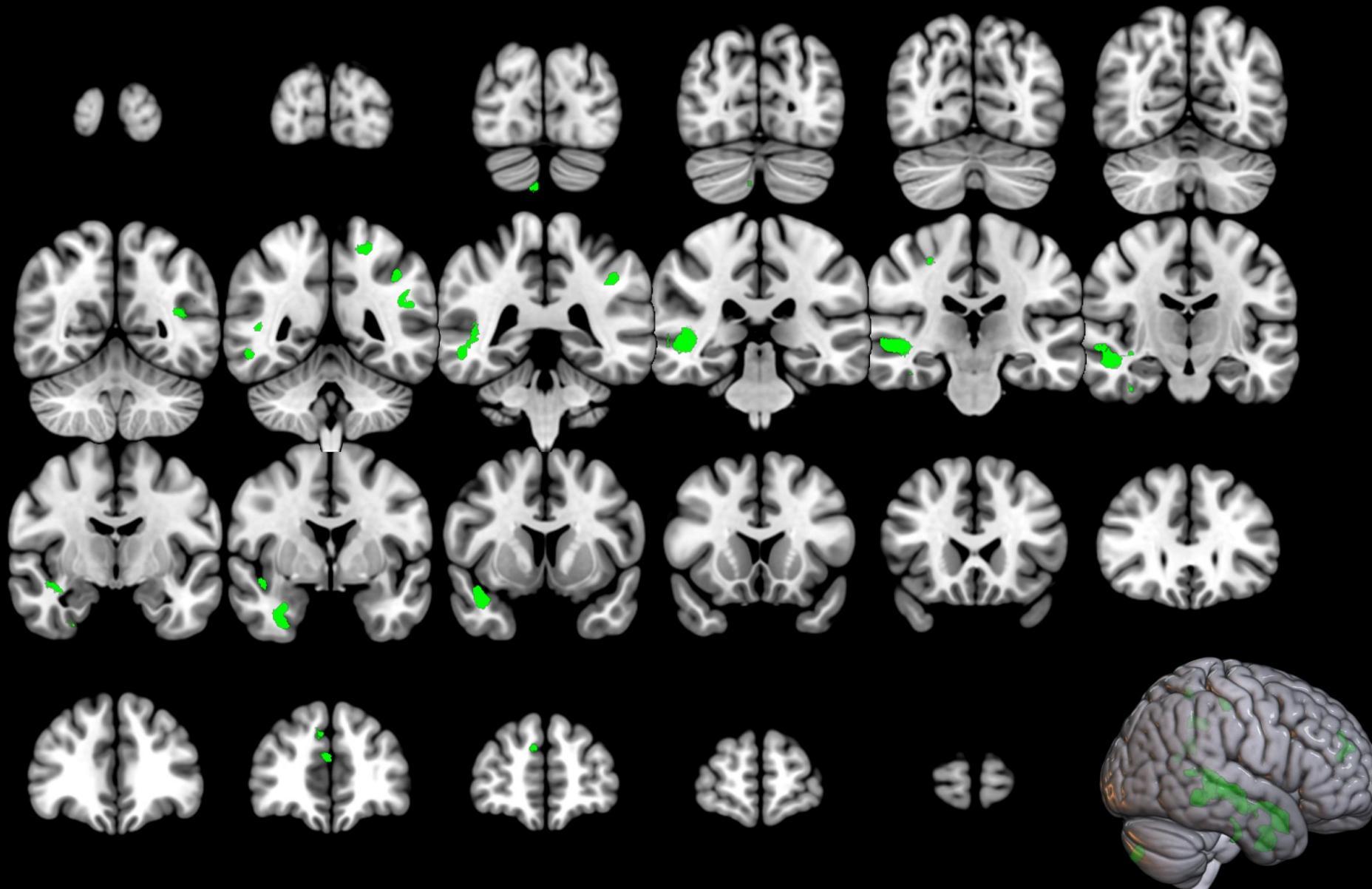
- Aantal ECTs: 10
- Scan Interval post-ECT: 2d17h

- Respons op ECT: 70%
- Remissie na ECT: 60%



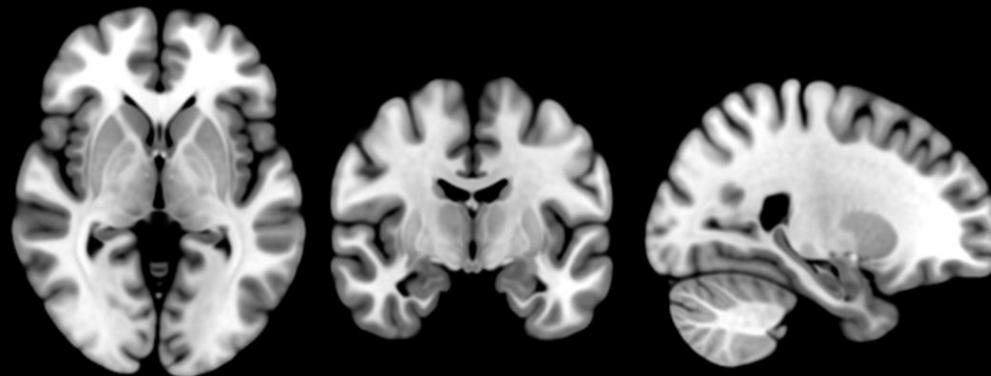
MADRS pre-ECT: 30.1
MADRS post-ECT: 11.8

Structurele veranderingen na ECT

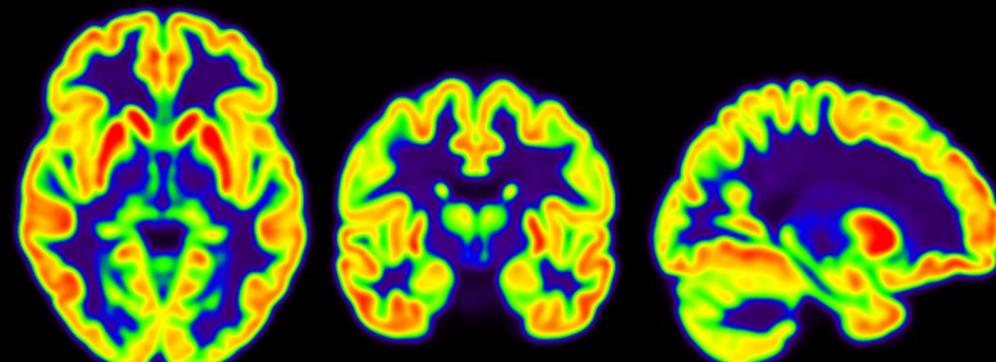


Synaptische veranderingen na ECT

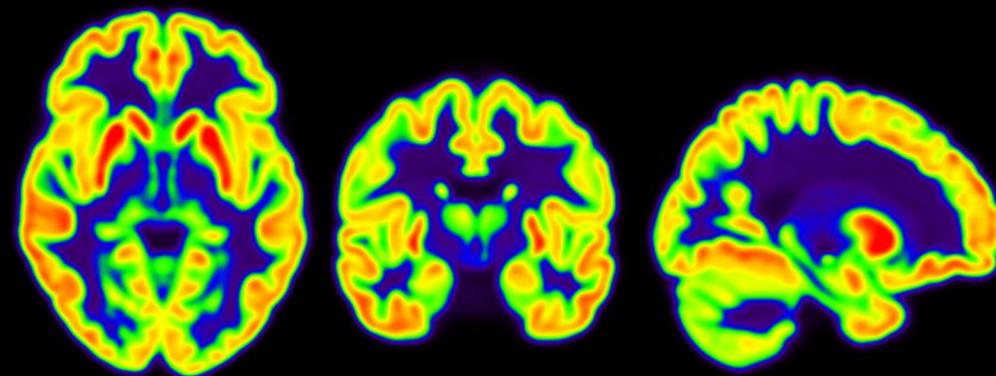
MNI



Pre-ECT



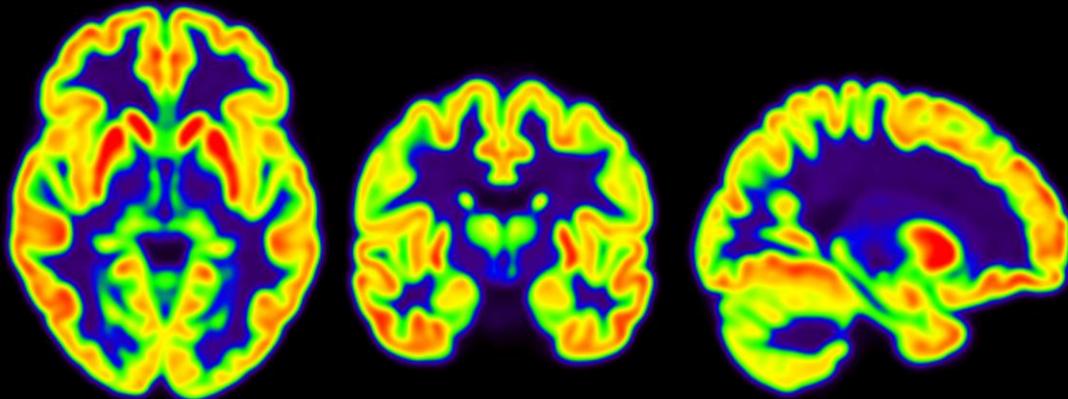
Post-ECT



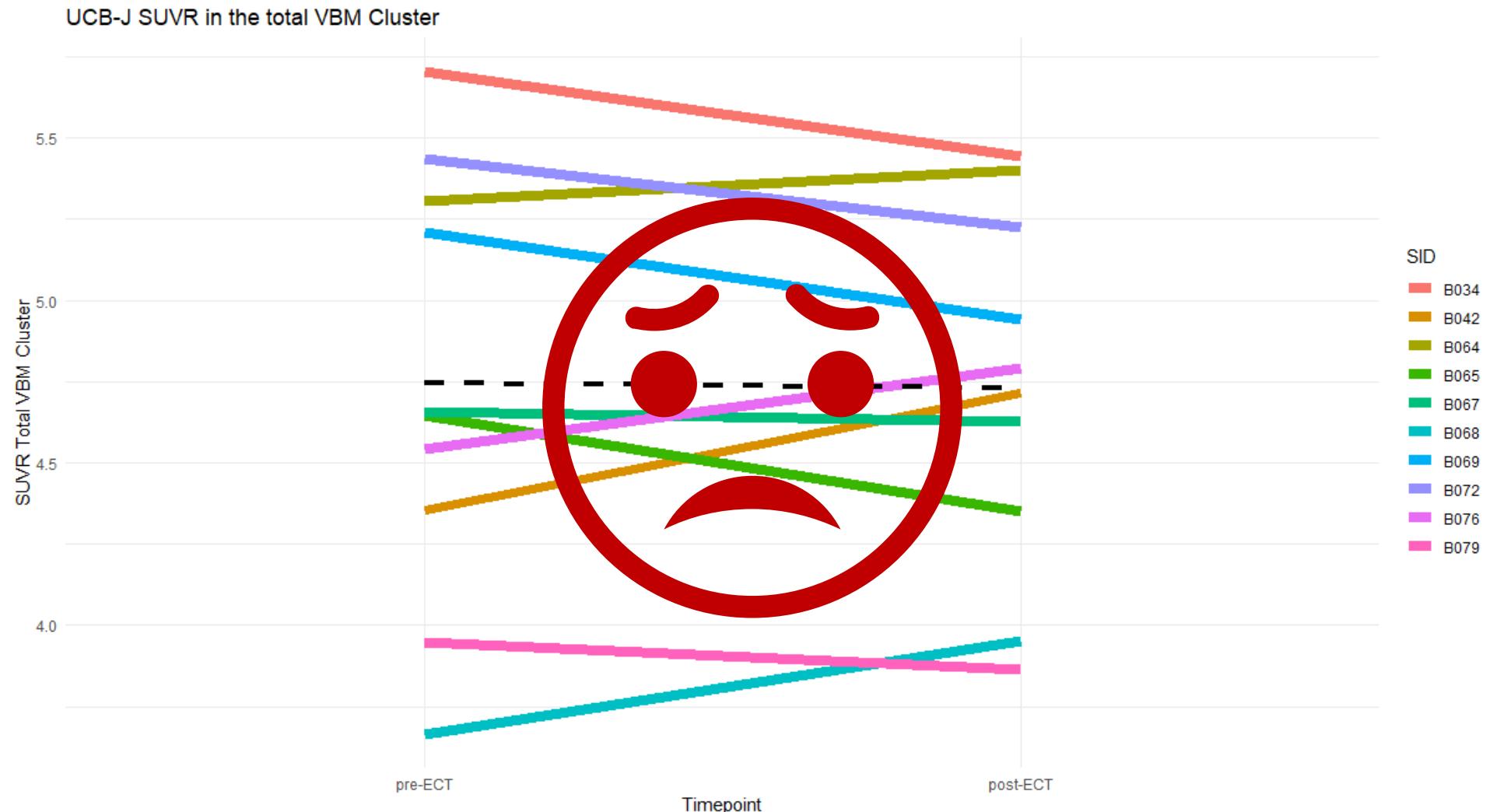
Synaptische veranderingen na ECT



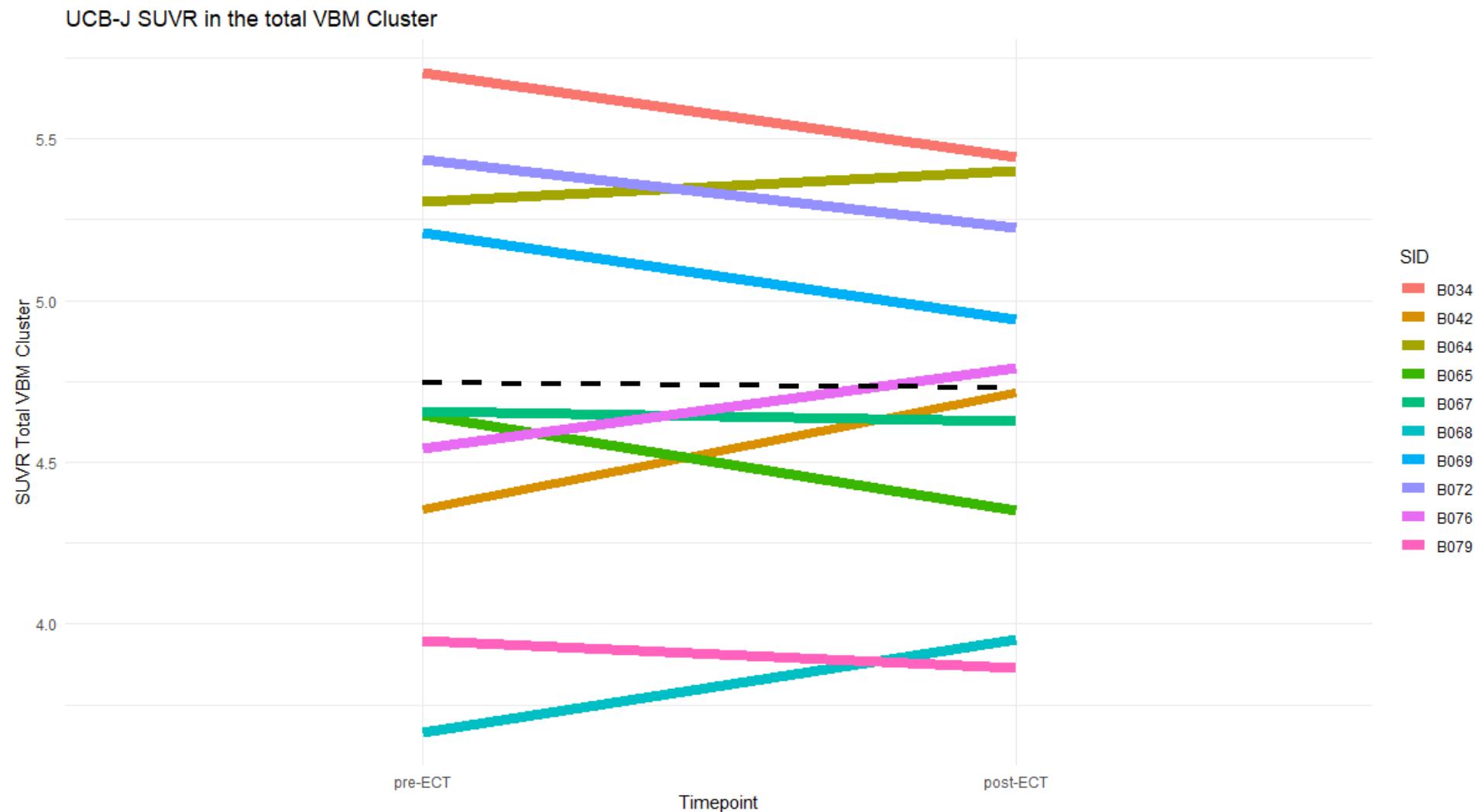
Zijn de structurele veranderingen
geassocieerd met synaptische
veranderingen?



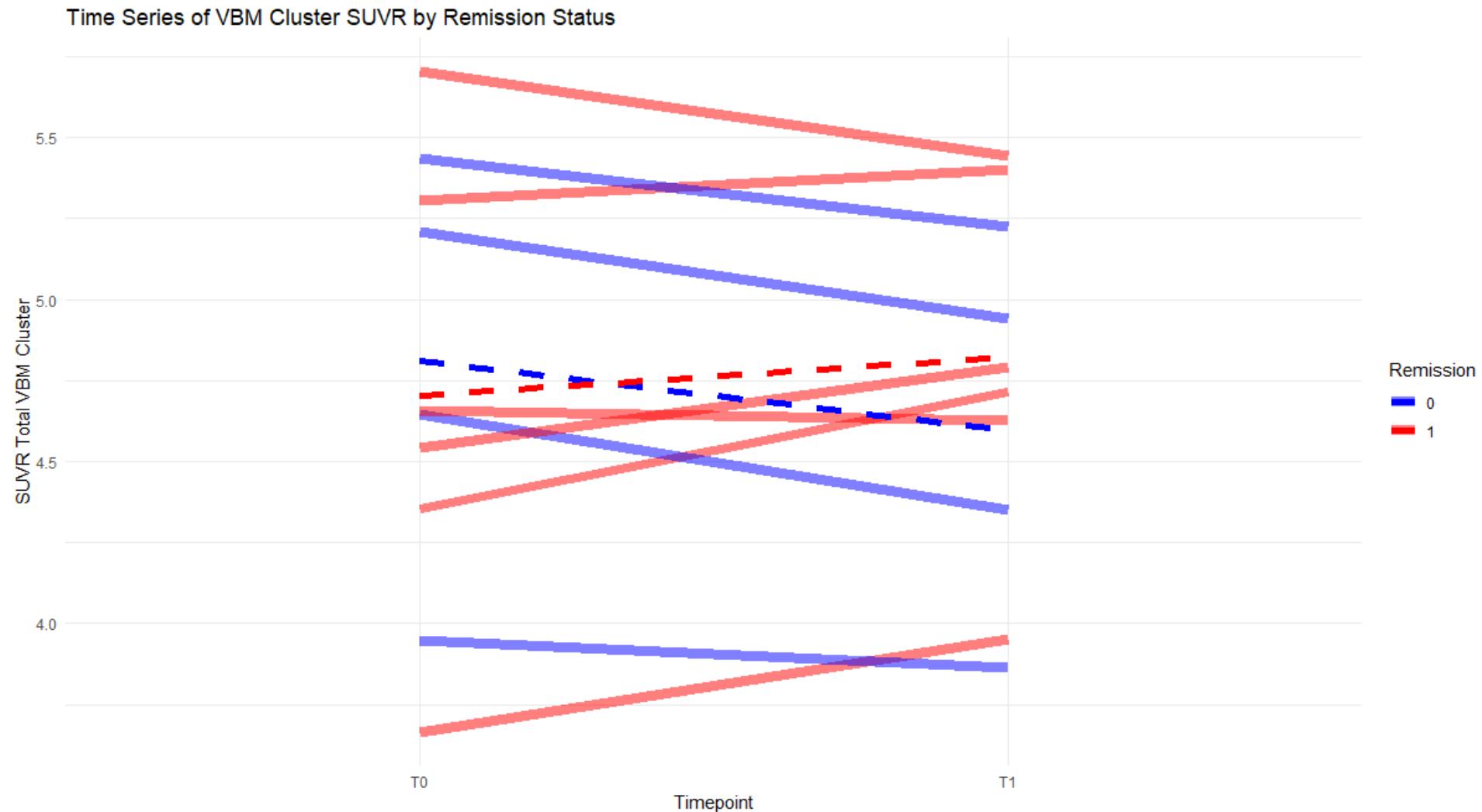
Synaptische veranderingen na ECT



Wat met klinische associaties?

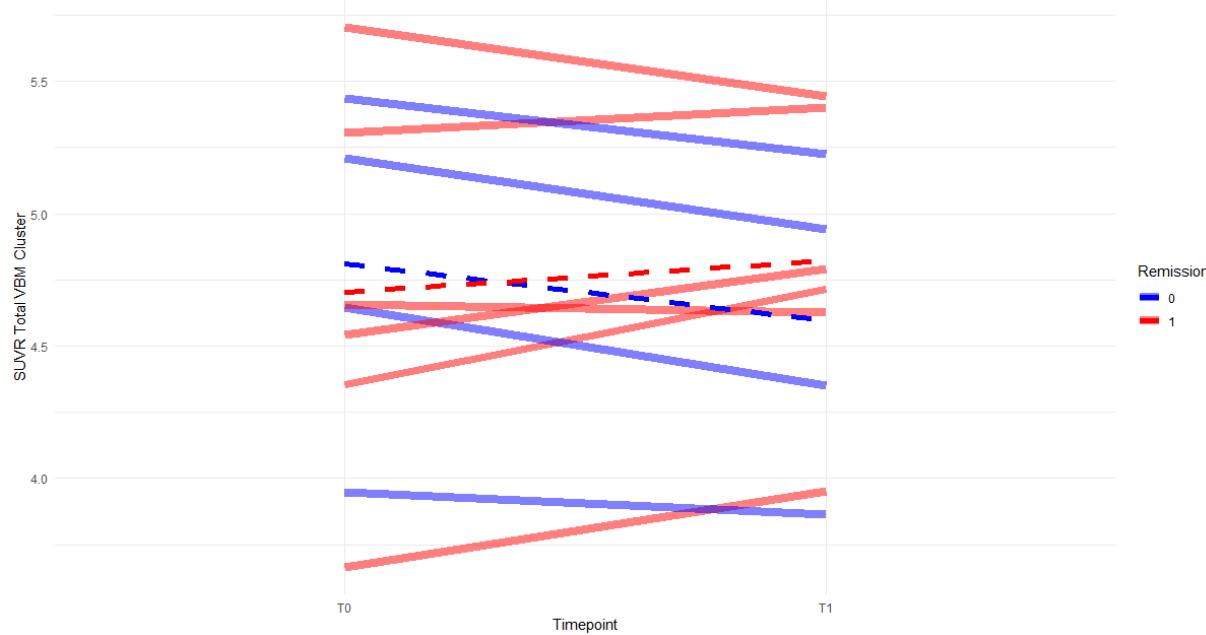


Wat met klinische associaties?

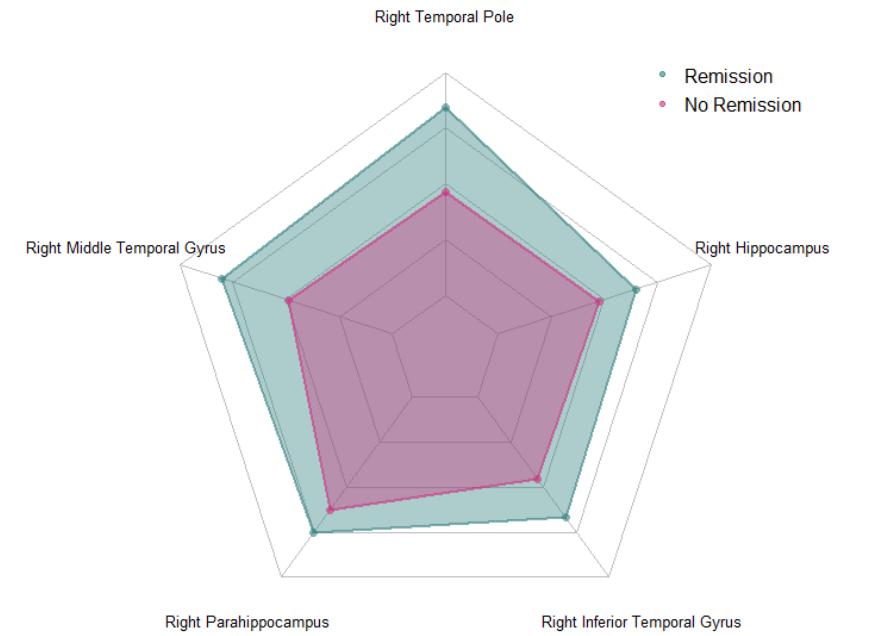


Wat met klinische associaties?

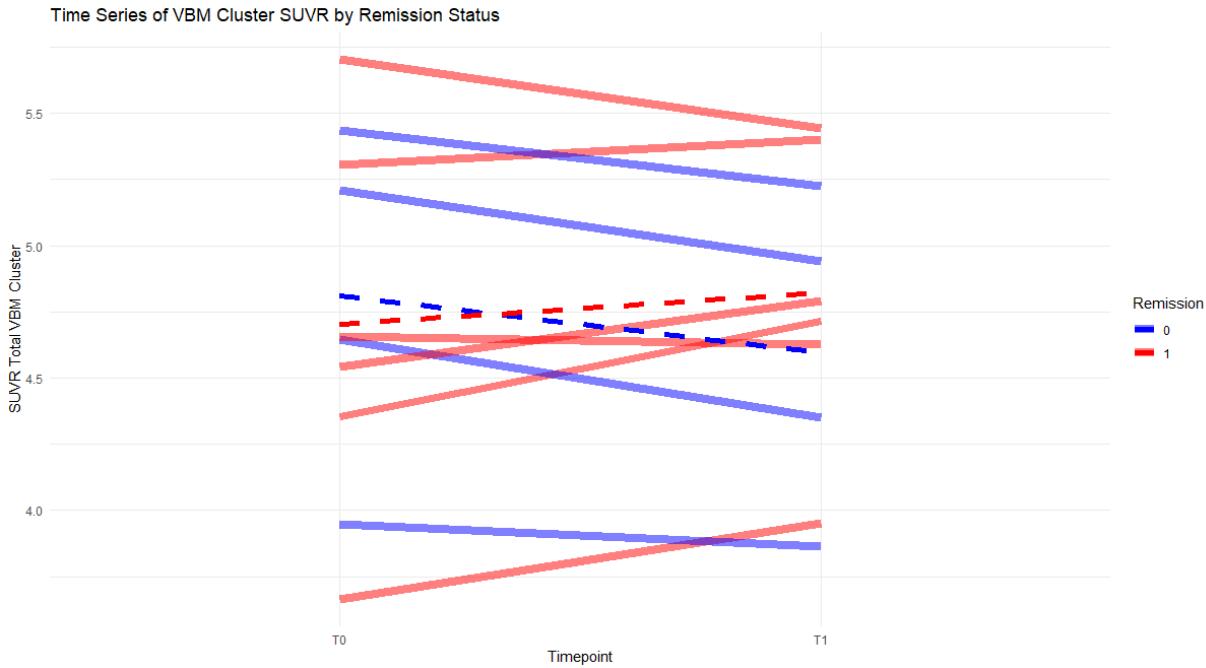
Time Series of VBM Cluster SUVR by Remission Status



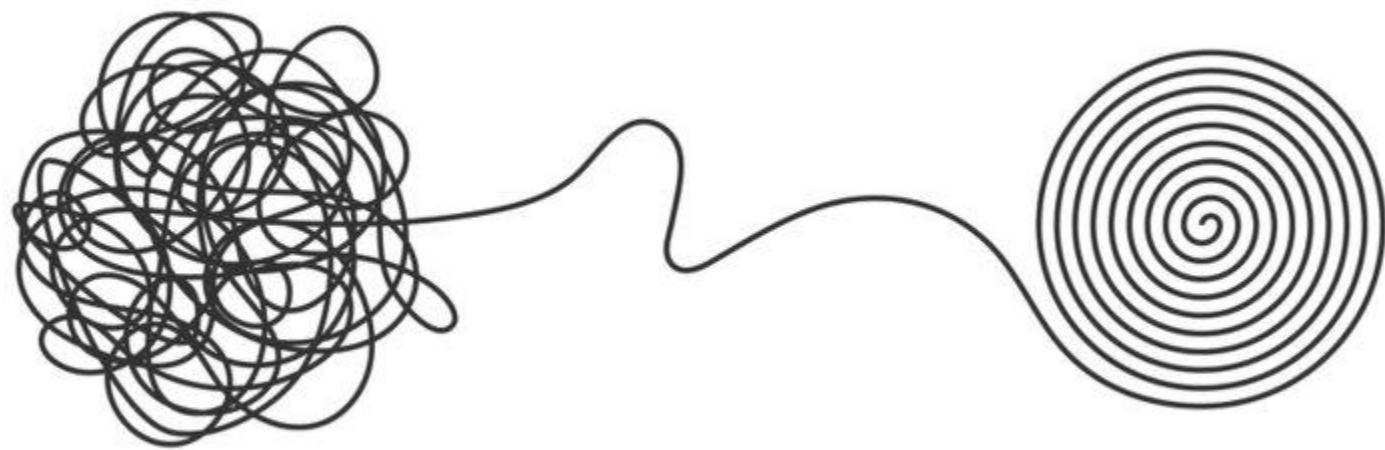
Mean Percentage of change in [11]C-UCB-J SUVR compared between Remitters and Non-remitters

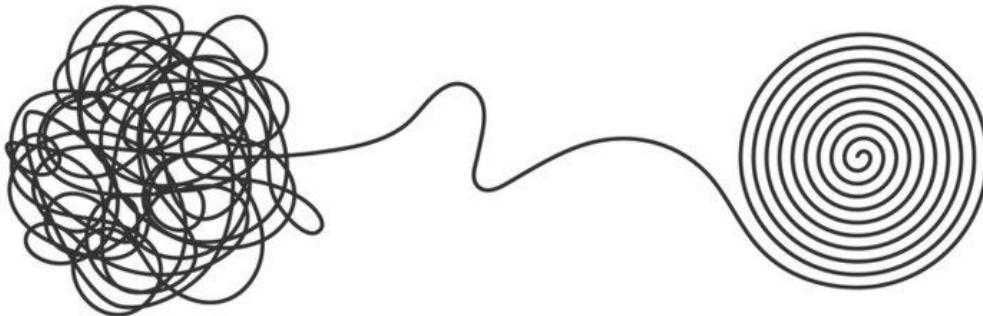


Wat met klinische associaties?



- *Bij Remissie patiënten: Grijze stof toename na ECT gaat gepaard met toename in synaptische densiteit*
- *Bij non-Remissie patiënten: Grijze stof toename na ECT gaat gepaard met afname in synaptische densiteit*





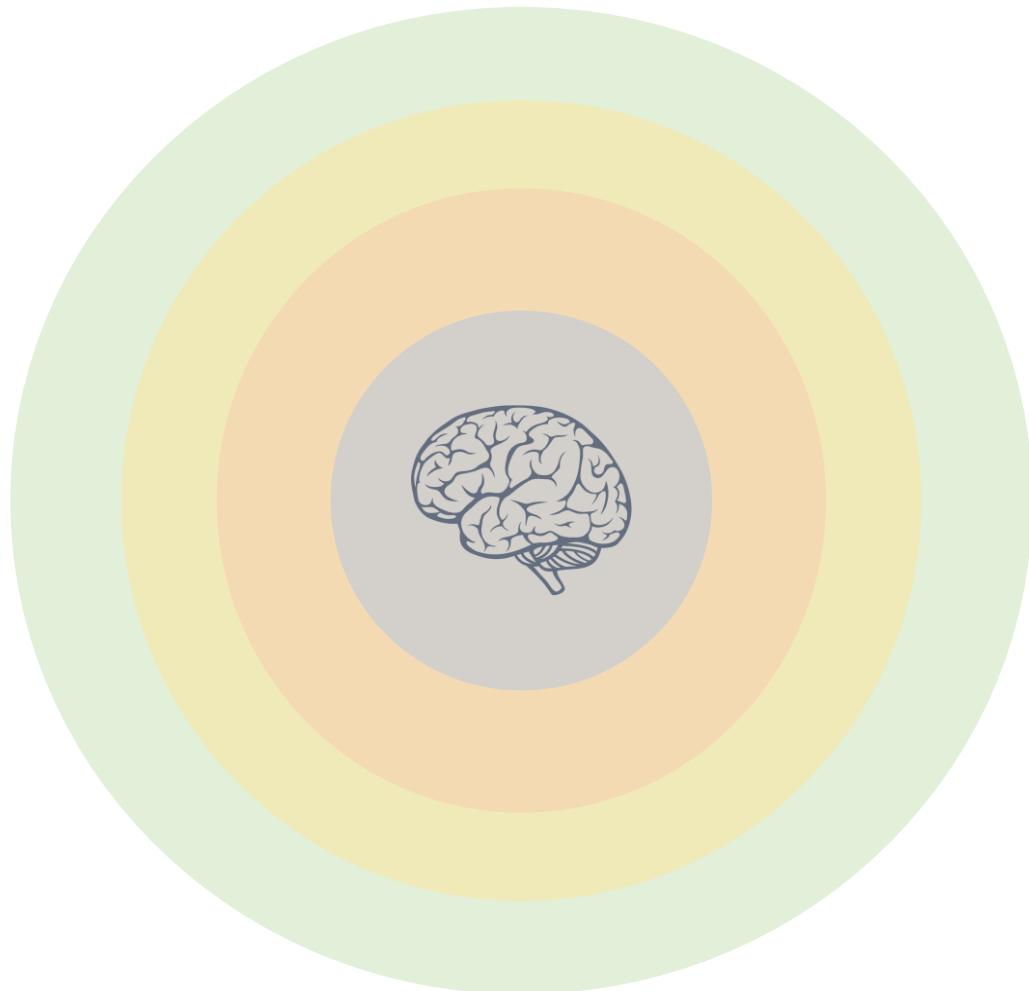
- | | |
|---|------------|
| Verschillen in toename grijze stof tussen Remissie vs. non remissie? | Ja |
| Verschillen in grijze stof op baseline tussen Remissie vs. non remissie? | Nee |
| Verschillen in synaptische densiteit op baseline Remissie vs. non remissie? | Nee |
| Verschillen in grijze stof tussen ECT vs. non-ECT? | Nee |
| Verschillen in synaptische densiteit tussen ECT vs. non-ECT? | Nee |

Physiology

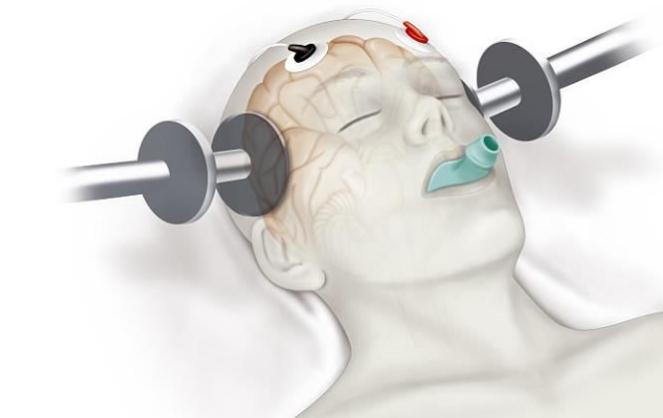
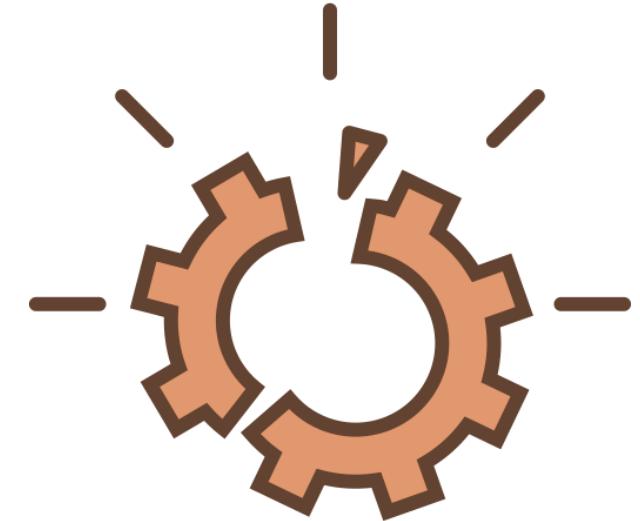
Behaviour

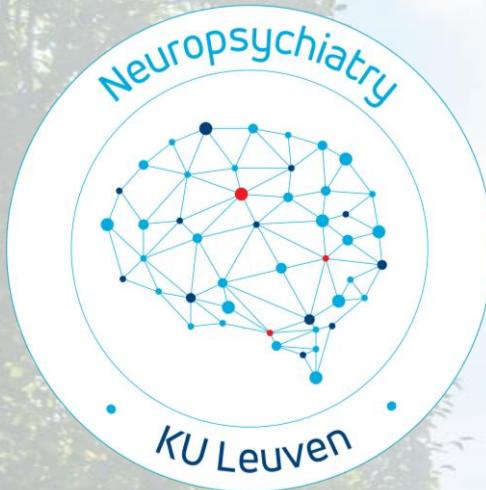
Social network

Society



DISRUPTION





The Lab

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Jiaze Sun
Laura Van den Bulcke
Laura Van Hove

UPC
Z.ORG KU LEUVEN

fwo Research Foundation Flanders
Opening new horizons



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Collaborations

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Nuclear Medicine: *Koen Van Laere & Michel Koole*
Laboratory for Cognitive Neurology: *Rik Vandenberghe & Patrick Dupont*
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GEMRIC (The Global ECT-MRI Research Collaboration)
NIC-FTD (Neuropsychiatric International Consortium FTD)
The Human Affectome Project



Sequoia Fund

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